



COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL
HEALTH & FAMILY WELFARE DEPARTMENT
GOVT. OF KERALA

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Kerala Epidemic Diseases, COVID-19 Regulations, 2020

In exercise of the powers conferred by sections 2, 3 & 4 of the Epidemic Diseases Act, 1897 (Central Act 3 of 1897), the Government of Kerala has issued regulations as Kerala Epidemic Diseases, COVID-19 Regulations, 2020. for the strict compliance, for the containment management and control of COVID-19 21-3-2020 as part of endeavor to eliminate COVID-19 from the State.

Advisories

Any person with travel history to COVID19 affected countries or person with contact with such a traveler, whether they are having symptoms or not, must remain in home isolation. Do frequent hand washing with soap and water. Avoid social greetings by touching, like hugs or handshake. Don't touch your face, nose and eyes. Use handkerchief while coughing/ sneezing. Use masks, only if you are taking a care of a person with suspected COVID-19 infection, or if you have symptoms. Healthy persons are not supposed to wear medical masks. Those who are wearing masks should know how to use and dispose it properly. N95 masks should not be worn by the public.

- The guidelines for beauty parlors and saloons and Guidelines for employees in shopping centres and malls dt 20/03/2020 have been published in the website of DHS
- Training and IEC videos prepared by the department is available on The “Kerala Health Online Training” YouTube channel of the Directorate of Health Services (<https://www.youtube.com/c/keralahealthonlinetraining>).

Guidelines

The following guidelines were issued and published in the website of DHS:

Advisory for patient admission to COVID care center, Advisory for infection control precautions to be adopted in dental care settings, Guidelines for distribution of laboratories, Guidelines on rational use of PPE, Advisory on using rapid diagnostic kits for COVID-19 diagnosis and surveillance, Advisory for Residents association, Interim treatment guidelines, Guidelines for routine vaccination, Advisory for pregnancy and labour management and the Quarantine of Health care workers who are asymptomatic secondary contacts,

Date: 29/03/2020

WHO has declared the COVID-19 epidemic affecting 201 countries as a Pandemic. Considering the increase in number of cases, COVID 19 has been re-notified as a state specific disaster on 20.03.2020. Kerala state has strengthened the surveillance and control measures against the disease in view of the same.

Home/Hospital Isolation

- 141211 persons are placed under surveillance, out of which 140618 are under home isolation and 593 are admitted in designated isolation facilities.

Sample Testing

- Till date 6690 samples of suspect cases have been sent for testing out of which 5518 came as negative.

Test Results

- Total confirmed cases under treatment till yesterday were 165.
- 20 new cases have been declared positive. Out of this 8 cases are from Kannur, 7 from Kasaragod, 1 each from Thiruvananthapuram, Ernakulam, Thrissur, Palakkad and Malappuram.
- 4 patients from Pathanathitta district have been declared negative.
- Therefore, as of now there are 181 positives under treatment.

- Complimentary Activities

- Covid Care Centres have been established in all districts with a view to accommodate people who have been advised home isolation but have no residence in Kerala(e.g.: Tourists, people in transit etc). And to accommodate any person in home isolation but not following the home isolation guidelines. These centers will also accommodate the Keralite returning from various states in India.
- For providing psychosocial support to the families of suspected persons 849 persons have been deployed across the state. 70822 tele counselling services were provided till date.
- Home isolation ensured with the help of squads at LSG level including health staff, police and volunteers.
- Adequate infrastructure facilities have been ensured at all designated isolation facilities.
- Human resource management teams have been constituted at the state and district levels. Adequate HR has been ensured for isolation, transport, isolation services, contact tracing and call centre.
- The Department of Health and Family welfare calls out for participation of the health practitioners to join hands with the state in the fight against COVID-19.

You may enroll using the link provided below for offering voluntary service at the Isolation facilities in hospitals/ homes, patient management in wards, screening at airports, seaports, railway stations and bus stations. Interested health practitioners may fill up the details in this form and submit. The Department of health and family welfare, Kerala shall contact you soon.

Join us at <https://forms.gle/3FtcS7ovp1YGG9539>

Annexure -1: Details of persons under Surveillance

District	No. of Persons under observation as on today	No. of persons under home isolation as on today	No. of symptomatic persons hospitalized as on today	No. of persons hospitalized today
Thiruvananthapuram	18145	18052	93	18
Kollam	17040	17017	23	4
Pathanamthitta	7725	7704	21	4
Idukki	2265	2259	6	3
Kottayam	3354	3351	3	0
Alappuzha	6267	6246	21	7
Ernakulam	5730	5701	29	6
Thrissur	14935	14896	39	10
Palakkad	18837	18805	32	5
Malappuram	11625	11543	82	25
Kozhikode	10762	10741	21	2
Wayanad	6736	6728	8	5
Kannur	10748	10660	88	6
Kasaragod	7042	6915	127	10
Total	141211	140618	593	105

Annexure -2: Chronology of Positive cases

Date	No. of patients	District	Present Status	Remarks
	3	Thrissur Alappuzha Kasargod	Negative	Discharged
9.03.2020	5	Pathanamthitta	Negative	
9.03.2020	1	Ernakulam (Kannur native)	Negative	Discharged
10.03.2020	8	Kottayam - 2	Negative	
		Pathanamthitta - 4	Positive	Under treatment
		Ernakulam -2 (Kannur native)	Negative	Discharged
12.03.2020	2	Kannur -1	Negative	Discharged
		Thrissur -1	Negative	Discharged
13.03.2020	3	Thiruvananthapuram -2 (1 foreigner)	Negative	Discharged
		Thiruvananthapuram -1	Positive	Under treatment
15.03.2020	2	Thiruvananthapuram -1	Positive	Under treatment
		Idukki-1(foreigner)	Negative	
16.03.2020	3	Malappuram -2	Positive	Under treatment
		Kasaragod-1	Positive	Under treatment
19.03.2020	1	Kasaragod-1	Positive	Under treatment
20.03.2020	12	Ernakulam-4	Positive	Under treatment
		Ernakulam-2 (foreigners)	Negative	Discharged
		Kasaragod-6	Positive	Under treatment
21.03.2020	12	Ernakulam-3	Positive	Under treatment
		Kannur-3	Positive	Under treatment
		Kasaragod-6	Positive	Under treatment
22.03.2020	15	Ernakulam-1 Malappuram-2 Kozhikode-2 Kannur-4 Kasaragod-5	Positive	Under treatment
		Ernakulam-1	Positive	Expired
23.03.2020	28	Pathanamthitta-1 Thrissur-1 Ernakulam-2 Kannur-5 Kasaragod-19	Positive	Under treatment
24.03.2020	14	Thiruvananthapuram-1 Alappuzha-1 Kottayam-1 Ernakulam-1 Palakkad-1 Malappuram-1 Kozhikode-2 Kasaragod-6	Positive	Under treatment
25.03.2020	9	Kozhikode-1 Palakkad-2 Pathanamthitta-2 Ernakulam-3 Idukki-1	Positive	Under treatment

Date	No. of patients	District	Present Status	Remarks
26.03.2020	19	Kannur-9 Kasaragod-3 Malappuram-3 Thrissur-2 Idukki-1 Wayanad-1	Positive	Under treatment
27.03.2020	39	Kasaragod-34 Kannur-2 Kozhikode-1 Thrissur-1 Kollam-1	Positive	Under treatment
28.03.2020	6	Thiruvananthapuram-2 Palakkad-1 Kasaragod-1 Malappuram-1 Kollam-1	Positive	Under treatment
29.03.2020	20	Kannur-8 Kasaragod-7 Thiruvananthapuram-1 Ernakulam-1 Thrissur-1 Palakkad-1 Malappuram-1	Positive	Under treatment

- 202 persons have been tested positive till date since the outbreak in Kerala
- 181 persons are currently under treatment

District wise distribution based on hospital admission

District	No. of positive cases admitted	Other Districts
Thiruvananthapuram	8	1 Malappuram, 1 Kollam
Kollam	1	
Pathanamthitta	5	-
Alappuzha	1	-
Kottayam	3	2 Pathanamthitta
Idukki	2	-
Ernakulam	14	3 foreigners, 2 Kannur, 1 Malappuram
Thrissur	5	-
Palakkad	5	-
Malappuram	9	-
Kozhikode	9	1 Kannur, 2 Kasaragod
Wayanad	1	
Kannur	38	7 Kasaragod
Kasaragod	80	
Total	181	