



**COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL  
HEALTH & FAMILY WELFARE DEPARTMENT  
GOVT. OF KERALA**

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**Kerala Epidemic Diseases, COVID-19 Regulations, 2020**

In exercise of the powers conferred by sections 2, 3 & 4 of the Epidemic Diseases Act, 1897 (Central Act 3 of 1897), the Government of Kerala has issued regulations as Kerala Epidemic Diseases, COVID-19 Regulations, 2020 for the strict compliance, for the containment management and control of COVID-19 21-3-2020 as part of endeavor to eliminate COVID-19 from the State.

**Advisories**

Any person with travel history to COVID19 affected countries or person with contact with such a traveler, whether they are having symptoms or not, must remain in home isolation. Do frequent hand washing with soap and water. Avoid social greetings by touching, like hugs or handshake. Don't touch your face, nose and eyes. Use handkerchief while coughing/ sneezing. Use masks, only if you are taking a care of a person with suspected COVID-19 infection, or if you have symptoms. Healthy persons are not supposed to wear medical masks. Those who are wearing masks should know how to use and dispose it properly. N95 masks should not be worn by the public.

- The guidelines for beauty parlors and saloons and Guidelines for employees in shopping centres and malls dt 20/03/2020 have been published in the website of DHS
- Training and IEC videos prepared by the department is available on The “Kerala Health Online Training” YouTube channel of the Directorate of Health Services (<https://www.youtube.com/c/keralahealthonlinetraining>).

**Guidelines**

The following guidelines were issued and published in the website of DHS:

Advisory for patient admission to COVID care center, Advisory for patient admission to COVID first line treatment centre, Advisory for infection control precautions to be adopted in dental care settings, Guidelines for distribution of laboratories, Guidelines on rational use of PPE, Advisory on using rapid diagnostic kits for COVID-19 diagnosis and surveillance, Advisory for Residents association, Interim treatment guidelines, Guidelines for routine vaccination, Advisory for pregnancy and labour management and the Quarantine of Health care workers who are asymptomatic secondary contacts,

Date: 30/03/2020

WHO has declared the COVID-19 epidemic affecting **202** countries as a Pandemic. Considering the increase in number of cases, COVID 19 has been re-notified as a state specific disaster on 20.03.2020. Kerala state has strengthened the surveillance and control measures against the disease in view of the same.

### Home/Hospital Isolation

- **157283** persons are placed under surveillance, out of which **156660** are under home isolation and **623** are admitted in designated isolation facilities.

### Sample Testing

- Till date **6991** samples of suspect cases have been sent for testing out of which **6034** came as negative.

### Test Results

- Total confirmed cases under treatment till yesterday were **181**.
- **32 new cases** have been declared positive. Out of this 17 cases are from Kasaragod, 11 from Kannur and 2 each from Wayanad and Idukki.
- As of now **213 positive cases** are under treatment.

- Complimentary Activities

- **Covid Care Centres have been established in all districts with a view to accommodate people who have been advised home isolation but have no residence in Kerala(e.g.: Tourists, people in transit etc). And to accommodate any person in home isolation but not following the home isolation guidelines. These centers will also accommodate the Keralite returning from various states in India.**
- For providing psychosocial support to the families of suspected persons **849** persons have been deployed across the state. **77076** tele counselling services were provided till date.
- Home isolation ensured with the help of squads at LSG level including health staff, police and volunteers.
- Adequate infrastructure facilities have been ensured at all designated isolation facilities.
- Human resource management teams have been constituted at the state and district levels. Adequate HR has been ensured for isolation, transport, isolation services, contact tracing and call centre.
- The Department of Health and Family welfare calls out for participation of the health practitioners to join hands with the state in the fight against COVID-19. You may enroll using the link provided below for offering voluntary service at the Isolation facilities in hospitals/ homes, patient management in wards, screening at airports, seaports, railway stations and bus stations. Interested health

practitioners may fill up the details in this form and submit. The Department of health and family welfare, Kerala shall contact you soon.

Join us at <https://forms.gle/3FtcS7ovp1YGG9539>

**Annexure -1: Details of persons under Surveillance**

District	No. of Persons under observation as on today	No. of persons under home isolation as on today	No. of symptomatic persons hospitalized as on today	No. of persons hospitalized today
Thiruvananthapuram	18122	18036	86	16
Kollam	17049	17032	17	4
Pathanamthitta	7486	7467	19	3
Idukki	2661	2655	6	2
Kottayam	3360	3356	4	1
Alappuzha	6627	6612	15	1
Ernakulam	5527	5502	25	7
Thrissur	17827	17785	42	9
Palakkad	20143	20099	44	16
Malappuram	12099	11994	105	26
Kozhikode	20135	20113	22	3
Wayanad	7906	7894	12	4
Kannur	10904	10812	92	25
Kasaragod	7437	7303	134	9
<b>Total</b>	<b>157283</b>	<b>156660</b>	<b>623</b>	<b>126</b>

## Annexure -2: Chronology of Positive cases

Date	No. of patients	District	Present Status	Remarks
	3	Thrissur Alappuzha Kasargod	Negative	Discharged
9.03.2020	5	Pathanamthitta	Negative	
9.03.2020	1	Ernakulam (Kannur native)	Negative	Discharged
10.03.2020	8	Kottayam-2	Negative	
		Pathanamthitta - 4	Positive	Under treatment
		Ernakulam -2 (Kannur native)	Negative	Discharged
12.03.2020	2	Kannur -1	Negative	Discharged
		Thrissur -1	Negative	Discharged
13.03.2020	3	Thiruvananthapuram -2 (1 foreigner)	Negative	Discharged
		Thiruvananthapuram -1	Positive	Under treatment
15.03.2020	2	Thiruvananthapuram -1	Positive	Under treatment
		Idukki-1(foreigner)	Negative	
16.03.2020	3	Malappuram -2	Positive	Under treatment
		Kasaragod-1	Positive	Under treatment
19.03.2020	1	Kasaragod-1	Positive	Under treatment
20.03.2020	12	Ernakulam-4	Positive	Under treatment
		Ernakulam-2 (foreigners)	Negative	Discharged
		Kasaragod-6	Positive	Under treatment
21.03.2020	12	Ernakulam-3	Positive	Under treatment
		Kannur-3	Positive	Under treatment
		Kasaragod-6	Positive	Under treatment
22.03.2020	15	Ernakulam-1 Malappuram-2 Kozhikode-2 Kannur-4 Kasaragod-5	Positive	Under treatment
		Ernakulam-1	Positive	Expired
23.03.2020	28	Pathanamthitta-1 Thrissur-1 Ernakulam-2 Kannur-5 Kasaragod-19	Positive	Under treatment
24.03.2020	14	Thiruvananthapuram-1 Alappuzha-1 Kottayam-1 Ernakulam-1 Palakkad-1 Malappuram-1 Kozhikode-2 Kasaragod-6	Positive	Under treatment
25.03.2020	9	Kozhikode-1 Palakkad-2 Pathanamthitta-2 Ernakulam-3 Idukki-1	Positive	Under treatment

Date	No. of patients	District	Present Status	Remarks
26.03.2020	19	Kannur-9 Kasaragod-3 Malappuram-3 Thrissur-2 Idukki-1 Wayanad-1	Positive	Under treatment
27.03.2020	39	Kasaragod-34 Kannur-2 Kozhikode-1 Thrissur-1 Kollam-1	Positive	Under treatment
28.03.2020	6	Thiruvananthapuram-2 Palakkad-1 Kasaragod-1 Malappuram-1 Kollam-1	Positive	Under treatment
29.03.2020	20	Kannur-8 Kasaragod-7 Thiruvananthapuram-1 Ernakulam-1 Thrissur-1 Palakkad-1 Malappuram-1	Positive	Under treatment
30.03.2020	32	Kasaragod-17 Kannur-11 Wayanad-2 Idukki-2	Positive	Under treatment
<ul style="list-style-type: none"> <li>• 234 persons have been tested positive till date since the outbreak in Kerala</li> <li>• 213 persons are currently under treatment</li> </ul>				

**District wise distribution based on hospital admission**

District	No. of positive cases admitted	Other Districts
Thiruvananthapuram	8	1 Malappuram, 1 Kollam
Kollam	1	
Pathanamthitta	5	-
Alappuzha	1	-
Kottayam	3	2 Pathanamthitta
Idukki	4	-
Ernakulam	14	3 Foreigners, 2 Kannur, 1 Malappuram
Thrissur	5	-
Palakkad	5	-
Malappuram	9	-
Kozhikode	9	1 Kannur, 2 Kasaragod
Wayanad	3	
Kannur	49	7 Kasaragod
Kasaragod	97	
<b>Total</b>	<b>213</b>	