

COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL HEALTH & FAMILY WELFARE DEPARTMENT GOVT. OF KERALA

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Kerala Epidemic Diseases, COVID-19 Regulations, 2020

In exercise of the powers conferred by sections 2, 3 & 4 of the Epidemic Diseases Act, 1897 (Central Act 3 of 1897), the Government of Kerala has issued regulations as Kerala Epidemic Diseases, COVID-19 Regulations, 2020.for the strict compliance, for the containment management and control of COVID-19 21-3-2020 as part of endeavor to eliminate COVID-19 from the State.

Advisories

Any person with travel history to COVID19 affected countries or person with contact with such a traveler, whether they are having symptoms or not, must remain in home isolation. Do frequent hand washing with soap and water. Avoid social greetings by touching, like hugs or handshake. Don't touch your face, nose and eyes. Use handkerchief while coughing/ sneezing. Use masks, only if you are taking a care of a person with suspected COVID-19 infection, or if you have symptoms. Healthy persons are not supposed to wear medical masks. Those who are wearing masks should know how to use and dispose it properly. N95 masks should not be worn by the public.

• Training and IEC videos prepared by the department is available on The "Kerala Health Online Training" You Tube channel of the Directorate of Health Services (https://www.youtube.com/c/keralahealthonlinetraining).

Guidelines

The following guidelines were issued and published in the website of DHS:

COVID-19 Guideline for human resource management in COVID hospitals, Addendum to revised guidelines for Testing, Quarantine, Hospital admission and discharge for COVID-19 based on current risk assessment grid published on 12.03.20, Reference guide for converting hospitals in to dedicated COVID hospitals, Advisory for patient admission to COVID care center, Advisory for patient admission to COVID first line treatment centre, Advisory for infection control precautions to be adopted in dental care settings, Guidelines for distribution of laboratories, Guidelines on rational use of PPE, Advisory on using rapid diagnostic kits for COVID-19 diagnosis and surveillance, Advisory for Residents association, Interim treatment guidelines, Guidelines for routine vaccination, Advisory for pregnancy and labour management and the Quarantine of Health care workers who are asymptomatic secondary contacts,

Date: 01/04/2020

WHO has declared the COVID-19 epidemic affecting 202 countries, areas or territories as a Pandemic. Considering the increase in number of cases, COVID 19 has been re-notified as a state specific disaster on 20.03.2020. Kerala state has strengthened the surveillance and control measures against the disease in view of the same.

Home/Hospital Isolation

• 164130 persons are placed under surveillance, out of which 163508 are under home isolation and 622 are admitted in designated isolation facilities.

Sample Testing

• Till date 7965 samples of suspect cases have been sent for testing out of which 7256 came as negative.

Test Results

- Total confirmed cases under treatment till yesterday were 215.
- 24 new cases have been declared positive. Out of this 12 from Kasaragod, 3 from Ernakulam, 2 each from Thiruvananthapuram Thrissur, Kannur and Malappuram and 1 from Palakkad.
- Test results of 1 person each from Thiruvananthapuram and Kozhikode have been declared negative.
- As of now 237 positive cases are under treatment.

Complimentary Activities

- Covid Care Centres have been established in all districts with a view to accommodate people who have been advised home isolation but have no residence in Kerala(e.g.: Tourists, people in transit etc). And to accommodate any person in home isolation but not following the home isolation guidelines. These centers will also accommodate the Keralite returning from various states in India.
- For providing psychosocial support to the families of suspected persons 947
 persons have been deployed across the state. 120515 tele counselling
 services were provided till date.
- Home isolation ensured with the help of squads at LSG level including health staff, police and volunteers.
- Adequate infrastructure facilities have been ensured at all designated isolation facilities.
- Human resource management teams have been constituted at the state and district levels. Adequate HR has been ensured for isolation, transport, isolation services, contact tracing and call centre.

- In order to give authentic information and general awareness regarding COVID-19 Health Department has released a whatsapp chat bot. the whatsapp number for the same is 9072220183. For more details please visit http://dhs.kerala.gov.in/
- The Department of Health and Family welfare calls out for participation of the health practitioners to join hands with the state in the fight against COVID-19. You may enroll using the link provided below for offering voluntary service at the Isolation facilities in hospitals/ homes, patient management in wards, screening at airports, seaports, railway stations and bus stations. Interested health practitioners may fill up the details in this form and submit. The Department of health and family welfare, Kerala shall contact you soon.

Join us at https://forms.gle/3FtcS7ovp1YGG9539

Annexure -1: Details of persons under Surveillance

District	No. of Persons under observation as on today	No. of persons under home isolation as on today	No. of symptomatic persons hospitalized as on today	No. of persons hospitalized today
Thiruvananthapuram	18058	17981	77	20
Kollam	16678	16661	17	2
Pathanamthitta	7575	7558	17	6
Idukki	2821	2815	6	1
Kottayam	3282	3278	4	1
Alappuzha	8049	8043	6	3
Ernakulam	4627	4590	37	7
Thrissur	18863	18825	38	9
Palakkad	20038	19986	52	10
Malappuram	12780	12721	59	20
Kozhikode	21485	21462	23	9
Wayanad	10031	10020	11	0
Kannur	10880	10782	98	18
Kasaragod	8963	8786	177	17
Total	164130	163508	622	123

Annexure -2: Chronology of Positive cases

Date	No. of patients	District	Present Status	Remarks
	3	Thrissur Alappuzha Kasargod	Negative	Discharged
9.03.2020	5	Pathanamthitta	Negative	Discharged
9.03.2020	1	Ernakulam (Kannur native)	Negative	Discharged
10.03.2020	8	Kottayam-2 Pathanamthitta -2	Negative	I la de la tracale de la tracale
	_	Pathanamthitta- 2 Ernakulam -2 (Kannur native)	Positive Negative	Under treatment Discharged
		Kannur –1	Negative	Discharged
12.03.2020	2	Thrissur -1	Negative	Discharged
13.03.2020	3	Thiruvananthapuram -3 (1 foreigner)	Negative	Discharged
	_	Thiruvananthapuram -1	Positive	Under treatment
15.03.2020	2	ldukki-1(foreigner)	Negative	
16.03.2020	3	Malappuram -2	Positive	Under treatment
	J J	Kasaragod-1	Positive	Under treatment
19.03.2020	1	Kasaragod-1	Positive	Under treatment
	4.0	Ernakulam-4	Positive	Under treatment
20.03.2020	12	Ernakulam-2 (foreigners) Kasaragod-6	Negative Positive	Discharged Under treatment
		Ernakulam-3	Tositive	Onder treatment
21.03.2020	21.03.2020	Kannur-1 Kasaragod-6	Positive	Under treatment
		Kannur-2	Negative	Discharged
22.03.2020	15	Ernakulam-1 Malappuram-2 Kozhikode-2 Kannur-4 Kasaragod-5	Positive	Under treatment
22.03.2020		Ernakulam-1	Positive	Expired
		Kozhikode	Negative	Discharged
23.03.2020	28	Pathanamthitta-1 Thrissur-1 Ernakulam-2 Kannur-5 Kasaragod-19	Positive	Under treatment
24.03.2020	14	Thiruvananthapuram-1 Alappuzha-1 Kottayam-1 Ernakulam-1 Palakkad-1 Malappuram-1 Kozhikode-2 Kasaragod-6	Positive	Under treatment
25.03.2020	9	Kozhikode-1 Palakkad-2 Pathanamthitta-2 Ernakulam-3 Idukki-1	Positive	Under treatment

Date	No. of patients	District	Present Status	Remarks
26.03.2020	19	Kannur-9 Kasaragod-3 Malappuram-3 Thrissur-2 Idukki-1 Wayanad-1	Positive	Under treatment
27.03.2020	39	Kasaragod-34 Kannur-2 Kozhikode-1 Thrissur-1 Kollam-1	Positive	Under treatment
28.03.2020	6	Thiriruvanathapuram-2 Palakkad-1 Kasaragod-1 Malappuram-1 Kollam-1	Positive	Under treatment
29.03.2020	20	Kannur-8 Kasaragod-7 Ernakulam-1 Thrissur-1 Palakkad-1 Malappuram-1	Positive	Under treatment
		Thiriruvanathapuram-1	Positive	Expired
30.03.2020	32	Kasaragod-17 Kannur-11 Wayanad-2 Idukki-2	Positive	Under treatment
31.03.2020	7	Thiriruvanathapuram-2 Kasaragod-2 Kollam-1 Thrissur-1 Kannur-1	Positive	Under treatment
01.04.2020	24	Kasaragod-12 Ernakulam-3 Thiriruvanathapuram-2 Thrissur-2 Malappuram-2 Kannur-2 Palakkad-1	Positive	Under treatment

^{• 265} persons have been tested positive till date since the outbreak in Kerala

^{• 237} persons are currently under treatment

District wise distribution based on hospital admission

District	No. of positive cases admitted	Other Districts
Thiruvananthapuram	10	1 Malappuram, 1 Kollam
Kollam	2	
Pathanamthitta	5	-
Alappuzha	1	-
Kottayam	1	
ldukki	4	-
Ernakulam	17	3 Foreigners,2 Kannur, 1 Malappuram
Thrissur	8	-
Palakkad	6	-
Malappuram	11	-
Kozhikode	8	1 Kannur, 2 Kasaragod
Wayanad	3	
Kannur	51	8 Kasaragod
Kasaragod	110	
Total	237	