

# COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL HEALTH & FAMILY WELFARE DEPARTMENT GOVT. OF KERALA

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### Kerala Epidemic Diseases, COVID-19 Regulations, 2020

In exercise of the powers conferred by sections 2, 3 & 4 of the Epidemic Diseases Act, 1897 (Central Act 3 of 1897), the Government of Kerala has issued regulations as Kerala Epidemic Diseases, COVID-19 Regulations, 2020. for the strict compliance, for the containment management and control of COVID-19 21-3-2020 as part of endeavor to eliminate COVID from the State.

### Advisories

Any person with travel history to COVID19 affected countries or person with contact with such a traveler, whether they are having symptoms or not, must remain in home isolation. Do frequent hand washing with soap and water. Avoid social greetings by touching, like hugs or handshake. Don't touch your face, nose and eyes. Use handkerchief while coughing/ sneezing. Use masks, only if you are taking a care of a person with suspected COVID-19 infection, or if you have symptoms. Those who are wearing masks should know how to use and dispose it properly. N95 masks should not be worn by the public. It is advisable for all to use masks during the COVID 19 pandemic season.

• Training and IEC videos prepared by the department are available on "Kerala Health Online Training" YouTube channelof the Directorate of Health Services (https://www.youtube.com/c/keralahealthonlinetraining).

#### Guidelines

The following guidelines were issued and published in the website of DHS: Advisory for Ensuring TB services in Kerala in the context of COVID-19, COVID-19 Antibody testing(IgG and IgM) in the private sector in Kerala COVID-19 Guideline for human resource management in COVID hospitals, Addendum to revised guidelines for Testing, Quarantine, Hospital admission and discharge for COVID-19 based on current risk assessment grid published on 12.03.20, Reference guide for converting hospitals in to dedicated COVID hospitals, Advisory for patient admission to COVID care center, Advisory for patient admission to COVID first line treatment centre,Advisory for infection control precautions to be adopted in dental care settings, Guidelines for distribution of laboratories, Guidelines on rational use of PPE, Advisory on using rapid diagnostic kits for COVID-19 diagnosis and surveillance, Advisory for Residents association, Interim treatment guidelines, Guidelines for routine vaccination, Advisory for pregnancy and labour management and the Quarantine of Health care workers who are asymptomatic secondary contacts.

# Date:25/04/2020

WHO has declared the COVID-19 epidemic affecting **213** countries, areas or territories as a Pandemic. Considering the increase in number of cases, COVID 19 has been re-notified as a state specific disaster on 20.03.2020. Kerala state has strengthened the surveillance and control measures against the disease in view of the same.

#### Home/Hospital Isolation

• 21044 persons are placed under surveillance, out of which 20580 are under home isolation and 464 are admitted in designated isolation facilities.

#### Sample Testing

• Till date 22360 samples of suspect cases have been sent for testing out of which 21457 came as negative.

#### Test Results

- Total confirmed cases under treatment till yesterday were 116.
- 7 persons have been declared positive today, of which 3 each are from Kottayam and Kollam and 1 from Kannur.
- Test results of **7** COVID patients under treatment have been declared negative out of which 2 each from Kozhikode, Kannur and Kasaragod(1 under treatment in Kannur) and 1 from Wayanad.
- As of now 116 Positive cases are under treatment.
- As per GO (Rt) No. 740/2020/H&FWD dated 19-04-2020 and GO (Rt) No. 740/2020/H&FWD dated 20-04-2020, Hotspots were notified in the state. Based on the daily report by SDMA the list will be modified and the revised list is attached as annexure.

#### **Complimentary Activities**

- COVID Care Centres have been established in all districts with a view to accommodate people who have been advised home isolation but have no residence in Kerala(e.g.: Tourists, people in transit etc). And to accommodate any person in home isolation but not following the home isolation guidelines. These centers will also accommodate the Keralite returning from various states in India.
- For providing psychosocial support, 1064 Personnel are working and have provided tele-counselling to 2,20,791 numbers of persons in quarantine/ isolation. In addition to this, psychosocial support calls are given to mentally ill patients, Children with special needs, Guest labourers& elderly people living alone. Tele-counselling is also given to alleviate stress of personnel working in Corona Outbreak control activities. A total of 5,85,032 Tele-counselling calls have been given to all such categories till date. Coordination of Community Deaddiction is also being done.

- Home isolation ensured with the help of squads at LSG level including health staff, police and volunteers.
- Adequate infrastructure facilities have been ensured at all designated isolation facilities.

District	No. of Persons under observation as on today	No. of persons under home isolation as on today	No. of symptomatic persons hospitalized as on today	No. of persons hospitalized today
Thiruvananthapuram	1920	1873	47	9
Kollam	1571	1536	35	25
Pathanamthitta	394	385	9	2
ldukki	1336	1327	9	0
Kottayam	536	531	5	2
Alappuzha	1303	1300	3	0
Ernakulam	389	370	19	4
Thrissur	802	787	15	5
Palakkad	3501	3432	69	19
Malappuram	1925	1894	31	16
Kozhikode	1193	1135	58	22
Wayanad	1088	1080	8	1
Kannur	2711	2591	120	24
Kasaragod	2375	2339	36	3
Total	21044	20580	464	132

#### Annexure -1: Details of persons under Surveillance

Date	No. of patients	District	Present Status	Remarks
	3	Thrissur Alappuzha Kasaragod	Negative	Discharged
9.03.2020	6	Pathanamthitta-5 Ernakulam-1 (Kannur native)	Negative	Discharged
10.03.2020	8	Kottayam-2 Pathanamthitta -4 Ernakulam -2 (Kannur native)	Negative	Discharged
12.03.2020	2	Thrissur -1 Kannur -1	Negative	Discharged
13.03.2020	3	Thiruvananthapuram –3	Negative	Discharged
15.03.2020	2	Thiruvananthapuram -1 Idukki-1	Negative	Discharged
16.03.2020	3	Malappuram -2 Kasaragod-1	Negative	Discharged
19.03.2020	1	Kasaragod-1	Negative	Discharged
		Ernakulam-1	Positive	Under treatment
20.03.2020	12	Ernakulam- 5 Kasaragod-6	Negative	Discharged
21.03.2020	12	Ernakulam-3 Kannur-3 Kasaragod-6	Negative	Discharged
22.03.2020	15	Ernakulam-1 Malappuram-2 Kozhikode-2 Kannur-4 Kasaragod-5	Negative	Discharged
		Ernakulam-1	Positive	Expired
23.03.2020	28	Pathanamthitta-1 Ernakulam-2 Thrissur-1 Kannur-5 Kasaragod-19	Negative	Discharged
24.03.2020	14	Thiruvananthapuram-1 Alappuzha-1 Kottayam-1 Ernakulam-1 Palakkad-1 Malappuram-1 Kozhikode-2 Kasaragod-6	Negative	Discharged
		Palakkad-1 Pathanamthitta-2	Positive	Under treatment
25.03.2020	9	ldukki-1 Ernakulam-3 Palakkad-1 Kozhikode-1	Negative	Discharged

# Annexure -2: Chronology of Positive cases

Date	No. of patients	District	Present Status	Remarks
26.03.2020	19	Kannur-9 Idukki-1 Kasaragod-3 Malappuram-3 Thrissur-2 Wayanad-1	Negative	Discharged
27.03.2020	39	Kollam-1 Thrissur-1 Kozhikode-1 Kannur-2 Kasaragod-34	Negative	Discharged
28.03.2020	6	Thiriruvanathapuram-2 Kollam-1 Palakkad-1 Malappuram-1 Kasaragod-1	Negative	Discharged
		Kannur-1	Positive	Under treatment
29.03.2020	20	Thiriruvanathapuram-1 Ernakulam-1 Thrissur-1 Palakkad-1 Malappuram-1 Kannur-7 Kasaragod-7	Positive Negative	Expired Discharged
		Kasaragod-1   Kannur-3	Positive	Under treatment
30.03.2020	32	ldukki-2 Kannur-8 Wayanad-2 Kasaragod-16	Negative	Discharged
		Kollam-1 Kannur-1	Positive	Under treatment
31.03.2020	7	Thiriruvanathapuram-2 Thrissur-1 Kasaragod-2	Negative	Discharged
01.04.2020	24	Kannur-1 Thiriruvanathapuram-2 Ernakulam-3 Palakkad-1 Thrissur-2 Malappuram-2 Kannur-1 Kasaragod-12	Positive Negative	Under treatment Discharged
02.04.2020	21	Kollam-1	Positive	Under treatment

Date	No. of patients	District	Present Status	Remarks
		Thiriruvanathapuram-1 Kollam-1 Pathanamthitta-1 Idukki-5 Thrissur-1 Malappuram-1 Kozhikode-1 Kannur-1	Negative	Discharged
		Kasaragod-8 Kasaragod-2	Positive	Under treatment
03.04.2020	9	Thrissur-1 Kannur-1 Kasaragod-5	Negative	Discharged
		Kollam-1 Ernakulam-1	Positive	Under treatment
04.04.2020	11	Alappuzha-1 Palakkad-1 Kannur-1 Kasaragod-6	Negative	Discharged
05.04.2020	8	Kozhikode-1 Kannur-1 Kasaragod-1	Positive	Under treatment
		Pathanamthitta-1 Kozhikode-4	Negative	Discharged
		Kasaragod – 1	Positive	Under treatment
06.04.2020	13	Kollam- 1 Pathanamthitta- 1 Malappuram - 2 Kasaragod -8	Negative	Discharged
07.04.2020	8	Kannur – 2 Kollam – 1	Positive	Under treatment
07.01.2020	0	Malappuram – 1 Kasaragod – 4	Negative	Discharged
		Kannur – 3 Pathanamthitta– 1	Positive	Under treatment
08.04.2020 9	Alappuzha - 2 Thrissur - 1 Kannur -1 Kasaragod - 1	Negative	Discharged	
09.04.2020	4.2020 12	Kannur – 3 Malappuram – 2 Thiruvananthapuram – 1	Positive	Under treatment
		Kollam -1 Kannur -1 Kasaragod - 4	Negative	Discharged
10.04.2020	7	Kasaragod - 3 Kannur - 2	Positive	Under treatment
		Malappuram – 2	Negative	Discharged
11.04.2020	10	Kannur – 1   Kozhikode – 1	Positive	Under treatment

Date	No. of patients	District	Present Status	Remarks
		Kannur-6 Kasaragod - 2	Negative	Discharged
12.04.2020	2	Kannur-1 Pathanamthitta-1	Negative	Discharged
13.04.2020	3	Kannur-2	Positive	Under treatment
13.04.2020	5	Palakkad-1	Negative	
14.04.2020	8	Kannur- 3 Kozhikkode-3 Kasaragod-1	Positive	Under treatment
		Kannur-1	Negative	
15.04.2020	1	Kannur-1	Positive	Under treatment
16.04.2020	7	Kannur-4 Kasaragod-1	Positive	Under treatment
		Kozhikode-2	Negative	
17.04.2020	1	Kozhikode-1	Positive	Under treatment
18.04.2020	4	Kannur-3 Kozhikode-1	Positive	Under treatment
19.04.2020	2	Kannur-1 Kasaragod-1	Positive	Under treatment
20.04.2020	6	Kannur-6	Positive	Under treatment
21.04.2020	19	Kannur-10 Palakkad-4 Kasaragod-3 Kollam-1 Malappuram-1	Positive	Under treatment
22.04.2020	11	Kannur-7 Kozhikode-2 Kottayam-1	Positive	Under treatment
		Malappuram-1	Positive	Expired
23.04.2020	10	ldukki-4 Kottayam-2 Kozhikode-2 Thiruvananthapuram - 1 Kollam-1	Positive	Under treatment
24.04.2020	3	Kasaragod-3	Positive	Under treatment
25.04.2020	7	Kottayam-3 Kollam-3 Kannur-1	Positive	Under treatment

• 116 persons are currently under treatment.

District	No. of positive cases admitted	Other Districts	
Thiruvananthapuram	2		
Kollam	9		
Pathanamthitta	3		
Kottayam	6		
ldukki	4		
Ernakulam	2	1 Malappuram	
Palakkad	6	1 Malappuram	
Malappuram	2	_	
Kozhikode	12	1 Kannur	
Kannur	55	1 Kasaragod	
Kasaragod	15		
Total	116		

## Annexure -3: District wise distribution based on hospital admission

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44	Kasargode	Muliyar Panchayat
45	Kasaragod	Kumbala
46	Kollam	Nilamel Panchayat
47	Kollam	Kulathupuzha
48	Kollam	Punaloor Municipality
49	Kollam	Thrikkaruva Panchayat
50	Kottayam	Kottayam (M)
51	Kottayam	Panchaikkadu
52	Kottayam	Vijayapuram
53	Kozhikode	Edacheri Panchayat
54	Kozhikode	Azhiyur Panchayat
55	Kozhikode	Kozhikode Corporation
56	Kozhikode	Vadakara Municipality
57	Kozhikode	Eramala Panchayat
58	Kozhikode	Kodencheri Panchayat
59	Kozhikode	Changaroth Panchayat
60		
61	Malappuram	Vengara Panchayat
61 62	Malappuram	Chungathara Panchayat
	Malappuram	Ozhur Panchayat
63	Malappuram	Thalakkad Panchayat
64	Malappuram	Kannamangalam Panchayat
65	Malappuram	A.R Nagar Panchayat
66	Malappuram	Manjeri (M)
67	Malappuram	Thennala Panchayat
68	Palakkad	Vilayur Panchayat
69	Palakkad	Puduppariyaram Panchayat
70	Palakkad	District Hospital
71	Palakkad	Kottoppadam Panchayat
72	Palakkad	Kuzhalmannam
73	Palakkad	Pudusserry
74	Palakkad	Thirumittacode Panchayat
75	Palakkad	Kanjirappuzha
76	Pathanamthitta	Aranmula Panchayat
77	Pathanamthitta	Ayroor Panchayat
78	Pathanamthitta	Chittar Panchayat
79	Pathanamthitta	Adoor Municipality
80	Pathanamthitta	Pathanamthitta Municipality
81	Pathanamthitta	Vadasserikkara Panchayat
82	Thiruvananthapuram	Thiruvananthapuram Corporation
83	Thiruvananthapuram	Varakala (M)
84	Wayanad	Muppainadu Panchayat

• Baseline data as on 16-04-2020, the first date of this exercise. Totals used for scaling of each parameter are as on 16-04-2020.

 Relevant provisions of GO (Ms) No. 80/2020/GAD dated 23-04-2020 will be applicable to all Hotspots

• In the Municipalities and City Corporations listed above as hotspots, the District Disaster Management Authority is empowered to decide and notify the wards/divisions wherein total lock down may prevail.

#### \*As per report from Secretary KSDMA 25-4-2020