

COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL HEALTH & FAMILY WELFARE DEPARTMENT GOVT. OF KERALA

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Kerala Epidemic Diseases, COVID-19 Regulations, 2020

In exercise of the powers conferred by sections 2, 3 & 4 of the Epidemic Diseases Act, 1897 (Central Act 3 of 1897), the Government of Kerala has issued regulations as Kerala Epidemic Diseases, COVID-19 Regulations, 2020for the strict compliance, for the containment management and control of COVID-19 21-3-2020 as part of endeavor to eliminate COVID from the State.

Advisories

- Do frequent hand washing with soap and water. Avoid social greetings by touching, hugging or handshaking.
- Do not touch your face, nose and eyes.
- Use handkerchief while coughing/ sneezing. It is advisable for all to use masks during the COVID 19 pandemic season. N95 masks should not be worn by the public.
- Training and IEC videos prepared by the department are available on "Kerala Health Online Training" YouTube channel of the Directorate of Health Services.

Guidelines

The following guidelines were issued and published in the website of DHS:

- 1. Railway Surveillance guidelines.
- 2. Advisory on COVID-19 sentinel surveillance activity using RT-PCR.
- 3. Advisory on RT-PCR pooled testing for COVID-19
- 4. Testing guideline with respect to sentinel surveillance, follow up testing for positive cases.G.O.(Rt)No.857/2020/H&FWD
- 5. Detailed advisory regarding home guarantine.G.O.(Rt)No.857/2020/H&FWD

Home quarantine Advisory

- (1) Everyone who comes from other states should be subjected to medical examination and those with symptoms of the disease are to be hospitalized for further examination and treatment. They are to be kept in observation until RT-PCR results become negative, after which they may be sent home for completing 14days of quarantine.
- (2) Those who do not show any symptoms during medical examination may be send for home quarantine for a period of 14 days. If they turn symptomatic while on home quarantine, they must be followed up and send for further examination and RT-PCR testing.
- (3) For those persons who cannot follow home quarantine guidelines as published inG.O.(Rt)No.857/2020/H&FWD should be sent for Government Institutional Quarantine or Selected Paid Quarantine Facilities.

Date: 25/05/2020

WHO has declared the COVID-19 epidemic affecting 216 countries, areas or territories as a Pandemic. Considering the increase in number of cases, the state has strengthened the surveillance and control measures against the disease in view of the same.

Home/Hospital Isolation

 99278 persons are placed under surveillance, out of which 98486 are under home/institutional quarantine and 792 are admitted in designated isolation facilities.

Sample Testing

- Till date 54899 samples (including augmented samples) have been sent for testing out of which 53704 came as negative.
- Apart from above, 8110 samples were taken from priority groups like health care workers, persons with high social exposure, workers etc. as part of Sentinel surveillance of which 7994 samples tested negative.

Test Results

- Total confirmed cases under treatment till yesterday were 322.
- 49 new COVID-19 positive cases have been declared today of which 14 are from Kasaragod, 10 from Kannur, 5 each from Thiruvananthapuram and Palakkad, 4 from Kozhikode, 3 each from Pathanamthitta and Alappuzha, 2 each from Kollam and Kottayam and 1 from Idukki.
- Test results of 12 COVID-19 patients under treatment in have been declared negative. Of which 6 are from Kasaragod, 2 from Kollam, 1 each from Ernakulam, Idukki, Malappuram and Wayanad.
- At present, 359 Positive cases are under treatment.
- As per GO (Rt) No. 740/2020/H&FWD dated 19.04.2020 and GO (Rt) No. 740/2020/H&FWD dated 20.04.2020, Hotspots were notified in the state. Based on the daily report by SDMA the list will be modified, and the revised list is attached as annexure.

Complimentary Activities

- In view of recent trend of COVID-19 positivity in Kerala following the existing advisories under the current strategy, it is decided to augment the testing among the general population by taking 3000 more samples randomly on 26th April 2020 with the objective of detecting any undetected COVID-19 positivity among general population in Kerala.
- Xpert-SARS-CoV testing has been initiated in Govt. Medical Colleges
 Thiruvananthapuram, Ernakulam and Kozhikode for testing samples with
 emergency nature such as for emergency surgery, symptomatic health worker,
 sick patients or COVID suspected death.
- COVID Care Centres have been established in all districts with a view to accommodate people who have been advised home isolation but have no residence in Kerala (e.g.: Tourists, people in transit etc). And to accommodate any person in home isolation but not following the home isolation guidelines. These centres will also accommodate the Keralites returning from various states in India.
- For providing Psycho Social Support,1107 personnel are working and have given psycho social support calls to 2,98,215 numbers of persons in quarantine/isolation. In addition to this, Psycho Social Support calls are given to mentally ill patients, Children with Special Needs, Guest Labourers, and Elderly People living alone. Counselling service is also given to alleviate stress of personnel working in corona outbreak control activities. A total of 8,85,191 Psycho Social Support and Counselling Calls have been given to all such categories till date. Co-ordination of Community Based De-addiction is also being done.
- Home isolation is being ensured with the help of squads at LSG level including health staff, police and volunteers.
- Adequate infrastructure facilities have been ensured at all designated isolation facilities.
- Kerala arogyam portal (*health.kerala.gov.in*) with comprehensive information on department of Health and Family Welfare was launched by Hon. Health Minister.

Annexure 1: Details of persons under Surveillance

District	No. of Persons under observation as on today	No. of persons under home/institutional quarantine as on today	No. of symptomatic persons hospitalized as on today	No. of persons hospitalized today
Thiruvananthapuram	6855	6754	101	30
Kollam	5669	5647	22	7
Pathanamthitta	4546	4520	26	8
Idukki	4420	4411	9	1
Kottayam	6087	6077	10	0
Alappuzha	4681	4648	33	7
Ernakulam	9001	8934	67	10
Thrissur	8937	8888	49	9
Palakkad	10759	10677	82	10
Malappuram	11329	11172	157	36
Kozhikode	8592	8540	52	11
Wayanad	3654	3636	18	0
Kannur	10093	9956	137	21
Kasaragod	4655	4626	29	2
Total	99278	98486	792	152

Annexure 2: Chronology of Positive cases

No. of Present Remarks				Dl
Date	patients	District	Status	Remarks
30.01.2020	1	Thrissur-1	Negative	Discharged
02.02.2020	1	Alappuzha-1	Negative	Discharged
03.02.2020	1	Kasaragod-1	Negative	Discharged
9.03.2020	6	Pathanamthitta-5	Mogative	Discharged
9.03.2020	6	Ernakulam-1 (Kannur native)	Negative	Discharged
		Kottayam-2		
10.03.2020	8	Pathanamthitta -4	Negative	Discharged
		Ernakulam -2 (Kannur native)		· ·
10.00.000	_	Thrissur -1	NI a a autio . a	Die ale man a d
12.03.2020	2	Kannur –1	Negative	Discharged
13.03.2020	3	Thiruvananthapuram -3	Negative	Discharged
	0	Thiruvananthapuram -1		
15.03.2020	2	ldukki-1	Negative	Discharged
10.00.0000	_	Malappuram –2	NI	Dia alamana d
16.03.2020	3	Kasaragod-1	Negative	Discharged
19.03.2020	1	Kasaragod-1	Negative	Discharged
		Ernakulam- 6 (1		
20.02.2020	12	Malappuramnative)	Negative	Discharged
20.03.2020		Kasaragod-6		9
		Ernakulam-3		
21 02 2020	12	Kannur-3	Negative	Discharged
21.03.2020		Kasaragod-6		· ·
		Ernakulam-1		
	1.5	Malappuram-2		
		Kozhikode-2	Negative	Discharged
22.03.2020	15	Kannur-4		· ·
22.03.2020		Kasaragod-5		
		Ernakulam-1	Positive	Expired
		Pathanamthitta-1		
		Ernakulam-2		
23.03.2020	28	Thrissur-1	Negative	Discharged
		Kannur-5		
		Kasaragod-19		
		Thiruvananthapuram-1		
		Alappuzha-1		
		Kottayam-1		
24.03.2020	14	Ernakulam-1	Negative	Discharged
		Palakkad-1		
		Malappuram-1		
		Kozhikode-2		
		Kasaragod-6		
		Pathanamthitta-2		
25.03.2020		Idukki-1	None	Diochanaca
25.03.2020	9	Ernakulam-3 Palakkad-2	Negative	Discharged
		Kozhikode-1		
		Kannur-9		
		Kannur-9 Idukki-1		
		Kasaragod-3		
26.03.2020	19	Malappuram-3	Negative	Discharged
		Thrissur-2		
		Wayanad-1		
		Trayanaa 1		

Date	No. of patients	District	Present Status	Remarks
27.03.2020	39	Kollam-1 Thrissur-1 Kozhikode-1 Kannur-2 Kasaragod-34	Negative	Discharged
28.03.2020	6	Thiriruvanathapuram-2 Kollam-1 Palakkad-1 Malappuram-1 Kasaragod-1	Negative	Discharged
29.03.2020	20	Ernakulam-1 Thrissur-1 Palakkad-1 Malappuram-1 Kannur-8 Kasaragod-7	Negative	Discharged
		Thiriruvanathapuram-1	Positive	Expired
30.03.2020	32	Idukki-2 Kannur-11 Wayanad-2 Kasaragod-17 Thiriruvanathapuram-2 Kollam-	Negative	Discharged
31.03.2020	7	1 Thrissur-1 Kannur-1 Kasaragod-2	Negative	Discharged
01.04.2020	24	Thiriruvanathapuram-2 Ernakulam-3 Palakkad-1 Thrissur-2 Malappuram-2 Kannur-2 Kasaragod-12	Negative	Discharged
02.04.2020	21	Thiriruvanathapuram-1 Kollam-2 Pathanamthitta-1 Idukki-5 Thrissur-1 Malappuram-1 Kozhikode-1 Kannur-1 Kasaragod-8	Negative	Discharged
03.04.2020	9	Thrissur-1 Kannur-1 Kasaragod-7	Negative	Discharged
04.04.2020	11	Kollam-1 Alappuzha-1 Ernakulam-1 Palakkad-1 Kannur-1 Kasaragod-6	Negative	Discharged
05.04.2020	8	Pathanamthitta-1 Kozhikode-5 Kannur-1 Kasaragod-1	Negative	Discharged

Date	No. of patients	District	Present Status	Remarks
06.04.2020	13	Kollam- 1 Pathanamthitta- 1 Malappuram - 2 Kasaragod -9	Negative	Discharged
07.04.2020	8	Kollam - 1 Malappuram - 1 Kannur - 2 Kasaragod - 4	Negative	Discharged
08.04.2020	9	Pathanamthitta- 1 Alappuzha - 2 Thrissur - 1 Kannur -4 Kasaragod - 1	Negative	Discharged
09.04.2020	12	Thiruvananthapuram - 1 Kollam -1 Malappuram - 2 Kannur -4 Kasaragod - 4	Negative	Discharged
10.04.2020	7	Malappuram – 2 Kannur – 2 Kasaragod – 3	Negative	Discharged
11.04.2020	10	Kozhikode – 1 Kannur-7 Kasaragod – 2	Negative	Discharged
12.04.2020	2	Kannur-1 Pathanamthitta-1	Negative	Discharged
13.04.2020	3	Palakkad-1 Kannur-2	Negative	Discharged
14.04.2020	8	Kozhikkode-3 Kannur-4 Kasaragod-1	Negative	Discharged
15.04.2020	1	Kannur-1	Negative	Discharged
16.04.2020	7	Kozhikode-2 Kannur-4 Kasaragod-1	Negative	Discharged
17.04.2020	1	Kozhikode-1	Negative	Discharged
18.04.2020	4	Kannur-3 Kozhikode-1	Negative	Discharged
19.04.2020	2	Kannur-1 Kasaragod-1	Negative	Discharged
20.04.2020	6	Kannur-6	Negative	Discharged
21.04.2020	19	Kollam-1 Palakkad-4 Malappuram-1 Kannur-10 Kasaragod-3	Negative	Discharged
22.04.2020	11	Kottayam-1 Kozhikode-2 Kannur-7	Negative	Discharged
		Malappuram-1	Positive	Expired

Date	No. of patients	District	Present Status	Remarks
	Patiente	Thiruvananthapuram – 1	Ctatac	
		Kollam-1		
23.04.2020	10	Kottayam-2	Negative	Discharged
-5:5:::-5-5		Idukki-4		2.00
		Kozhikode-2		
24.04.2020	3	Kasaragod-3	Negative	Discharged
		Kollam-3	Ū	Ŭ
25.04.2020	7	Kottayam-3	Negative	Discharged
		Kannur-1		
26.04.2020	11	Idukki-6	Nagativa	Discharged
26.04.2020	11	Kottayam-5	Negative	Discharged
		Kottayam-6		
		Idukki-4		
27.04.2020	13	Malappuram-1	Negative	Discharged
		Palakkad-1		
		Kannur-1		
28.04.2020	4	Kannur-3	Negative	Discharged
20.07.2020	-	Kasaragod-1	Negative	Discharged
29.04.2020	10	Thiruvananthapuram-2 Kollam-6	Nogativo	Discharged
29.04.2020	10	Kasaragod- 2 (Kannur native)	Negative	Discharged
20.04.2020	0	Malappuram-1	NI	D: I
30.04.2020	2	Kasaragod-1	Negative	Discharged
02.05.2020	2	Wayanad-1	Positive	Under treatment
02.00.2020		Kannur-1	Negative	Discharged
05.05.2020	3	Wayanad-1	Positive	Under treatment
		Wayanad-2	Negative	Discharged
08.05.2020	1	Ernakulam-1	Negative	
09.05.2020	2	Malappuram –2	Positive	Under treatment
		Wayanad-1		
		Ernakulam-1	Positive	Under treatment
10.05.2020	7	Malappuram-1		
		Thrissur-2	Negative	Discharged
		Wayanad-2		2.23.13.1923
		Kasaragod-2		
44.05.0000	_	Palakkad-1	Positive	Under treatment
11.05.2020	7	Malappuram-1		
		Wayanad-1	Negative	
		Kasaragod-2	Negative	
		Malappuram-2	Positive	Under treatment
12.05.2020	5	Pathanamthitta -1 Kottayam-1		
		Nottayam-1 Malappuram-1	Negative	
		Malappuram-2	_	
		Palakkad-2		
		Wayanad-1	Positive	Under treatment
		Kozhikode-1		
13.05.2020	10	Kottayam-1		
	1	Malappuram-1		
		Wayanad-1	Negative	Discharged
		Kannur- 1		
	L		1	

Date	No. of patients	District	Present Status	Remarks
14.05.2020 26		Kasaragod-2 Malappuram-5 Palakkad-3 Kannur-2 Pathanamthitta-1 Kozhikode-1	Positive	Under treatment
		ldukki-1 Wayanad-3 Kasaragod-8	Negative	Discharged
15.05.2020	16	Wayanad-1 Malappuram-3 Alappuzha-2 Kozhikode-2 Palakkad-1 Kasaragod-1	Positive	Under treatment
		Kollam-1 Malappuram-1 Wayanad-3	Negative	
16.05.2020	11	Thrissur- 4 Kozhikode-3 Palakkad-2 Malappuram-2	Positive	Under treatment
17.05.2020	14	Malappuram -4 Kozhikode -1 Kannur-2 Palakkad -2 Kollam-1 Ernakulam-1 Thrissur -1 Kasaragod -1	Positive	Under treatment
		Kozhikode –1	Negative	Discharged
18.05.2020	29	Kollam-4(Thiruvananthapuram-1) Thrissur-4 Thiruvananthapuram-3 Kannur-3 Pathanamthitta-2 Alappuzha-2 Kottayam-2 Kozhikode-2 Kasaragod-2 Ernakulam-1 Palakkad-1 Malappuram-1	Positive	Under treatment
		Kollam-2	Negative	
19.05.2020	12	Kannur-5 Malappuram-3 Pathanamthitta-1 Alappuzha-1 Thrissur-1 Palakkad-1	Positive	Under treatment

Date	No. of patients	District	Present Status	Remarks
20.05.2020	24	Palakkad-7 Malappuram-4 Kannur-3 Thiruvananthapuram-2 Pathanamthitta-2 Thrissur-2 Alappuzha-1 Ernakulam-1 Kozhikode-1 Kasaragod-1	Positive	Under treatment
21.05.2020	24	Malappuram-5 Kannur-4 Kottayam-3 Thrissur-3 Thiruvananthapuram-2 Kollam-2 Alappuzha-2 Idukki-1 Palakkad-1 Kasaragod-1	Positive	Under treatment
22.05.2020	42	Kannur-12 Kasaragod-7 Palakkad-5 Kozhikode-5 Thrissur-3 Malappuram-4 Kottayam-2 Kollam-1 Pathanamthitta-1	Positive	Under treatment
		Thrissur-1 Wayanad-1	Positive	Expired
23.05.2020	62	Palakkad-19 Kannur-16 Malappuram-8 Alappuzha-5 Kozhikode-4 Kasaragod-4 Kollam- 3(Thiruvananthapuram-1) Kottayam-2 Wayanad-1	Positive	Under treatment
24.05.2020	53	Thiruvananthapuram-12 Kannur-12 Malappuram-5 Kasaragod-5 Alappuzha-4 Ernakulam- 4 Palakkad-4 (Thrissur-1) Kollam-3 Pathanamthitta-2 Kozhikode-1 Tamilnadu-1	Positive	Under treatment

Date	No. of patients	District	Present Status	Remarks
25.05.2020	49	Kasaragod-14 Kannur-10 Thiruvananthapuram-5 Palakkad-5 Kozhikode-4 Pathanamthitta-3 Alappuzha-3 Kollam-2 Kottayam-2 Idukki-1	Positive	Under treatment

^{• 896} persons have been tested positive till date since the outbreak in Kerala.

Annexure 3: District wise distribution based on hospital admission

District	No. of positive cases admitted	Other Districts
Thiruvanathapuram	29	Kollam-2, Pathanamthitta-1, Tamilnadu-1
Kollam	11	
Pathanamthitta	12	
Alappuzha	19	
Kottayam	12	Thiruvanathapuram-1
ldukki	2	
Ernakulam		Kollam-1, Palakkad-2,
Litiakalaiti	12	Thrissur-1, Uttar Pradhesh -1
Thrissur	16	
Palakkad	53	Thrissur-2, Malappuram-1
Malappuram	48	Alappuzha-1, Palakkad-1
Kozhikode		Malappuram-3, Kannur-1,
ROZITIKOGE	26	Kasaragod-2
Wayanad	8	
Kannur	77	Kozhikode-5, Kasaragod-4
Kasaragod	34	
Total	359	

Annexure 4: Details of Passengers (excluding other State Passengers updated upto 25.05.2020)

Travel	Total passengers	Home quarantined	Institution quarantined	Passengers in isolation	Pregnant	Old age	Children less than 10
Air port	8390	4053	4186	151	1478	251	995
Sea port	1621	514	1101	6	34	3	24
Check post	82678	73598	9006	74	2100	1763	-
Railway	4558	4395	93	70	_	-	_
Total	97247	82560	14386	301	3612	2017	1019

^{• 359} persons are currently under treatment.

Annexure 5:Hotspots as on 25.05.2020

List of Local Self Governments for identification and notification of Containment Zones by District Disaster Management Authorities (vide Ltr. No. 40-3/2020-DM-I (A) dated 1-5-2020 of Ministry of Home Affairs. Government of India) as on 25-05-2020

SI. No.	District LSGs needing special attention		Containment Zones
1	Kannur	Chirakkal	2
2	Kannur	Maloor	9
3	Kannur	Kannur (C)	53
4	Kannur	Chokli	7, 8, 9
5	Kannur	Panoor (M)	1, 31, 32
6	Kannur	Payyannur (M)	13
7	Kannur	Kottayam Malabar	12
8	Kannur	Chembilode	1
9	Kannur	Ayyankunnu	7, 8, 9, 10, 11
10	Kannur	Kadirur	5
11	Kannur	Pattiam	9, 10, 12, 13
12	Kannur	Kelakom	9
13	Kannur	Mattanur (M)	17, 28
14	Kannur	Mayyil	1
15	Kannur	Dharmadam	13
16	Kannur	Koodali	15
17	Kannur	Kanichar	12
18	Kannur	Peralassery	5
19	Kannur	Panniyannur	6
20	Kannur	Pinarayi	8
21	Kasargode	Paivalike	3, 4
22	Kasargode	Kallar	4
23	Kasargode	Kasargod (M)	4
24	Kasargode	KodomBelur	14
25	Wayanad	Mananthavady (M)	All Wards
26	Wayanad	Thirunelli	All Wards
27	Wayanad	Edavaka	9, 10
28	Wayanad	Meenanghadi	7, 10, 11, 13, 14, 15, 16, 18
29	Wayand	Thavinjal	No containment zone
30	Wayanad	Nenmeni	7, 8, 9, 10, 11, 12, 13, 14
31	Wayanad	Panamaram	1, 2
32	Idukki	Vandanmed	8, 9, 11, 12, 14, 15
33	Idukki	Karunapuram	12, 13
34	Palakkad	Kadampazhipuram	2, 11, 18
35	Palakkad	Muthuthala	10
36	Palakkad	Karakurishi	6
37	Palakkad	Kottayi	4
38	Palakkad	Muthalamada	15, 16, 19, 20
39	Palakkad	Threkkaderi	4, 10
40	Palakkad	Nagalassery	15
41	Palakkad	Sreekrishnapuram	4, 5, 6
42	Palakkad	Ambalappara	15, 19, 20

43	Palakkad	Vellinezhi	4
44	Palakkad	Ottappalam (M)	4,6
45	Palakkad	Vallappuzha	11
46	Palakkad	Perumatty	14
47	Palakkad	Mundoor	16, 18
48	Palakkad	Kadampazhipuram	16
49	Palakkad	Puthusherry	18
50	Palakkad	Malampuzha	4
51	Palakkad	Chalissery	15
52	Kollam	Kalluvathukkal	All Wards
53	Kottayam	Koruthode	2
54	Kottayam	Vellavoor	1
55	Kottayam	Meenadom`	13
56	Kozhikode	Azhiyur	13
57	Kozhikode	Onchiyum	14
58	Alappuzha	Pandanad	1,5
59	Alappuzha	Chengannur (M)	3

Additions on 25-5-2020		
1	Kannur	Pinarayi
2	Palakkad	Puthusherry
3	Palakkad	Malampuzha
4	Palakkad	Chalissery

^{*}As per Report from Secretary KSDMA on 25.05.2020