

COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL HEALTH & FAMILY WELFARE DEPARTMENT GOVT. OF KERALA

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Kerala Epidemic Diseases, COVID-19 Regulations, 2020

In exercise of the powers conferred by sections 2, 3 & 4 of the Epidemic Diseases Act, 1897 (Central Act 3 of 1897), the Government of Kerala has issued regulations as Kerala Epidemic Diseases, COVID-19 Regulations, 2020for the strict compliance, for the containment management and control of COVID-19 21-3-2020 as part of endeavor to eliminate COVID from the State.

Advisories

- Do frequent hand washing with soap and water. Avoid social greetings by touching, hugging or handshaking.
- Do not touch your face, nose and eyes.
- Use handkerchief while coughing/ sneezing. It is advisable for all to use masks during the COVID 19 pandemic season.N95 masks should not be worn by the public.
- Training and IEC videos prepared by the department are available on "Kerala Health Online Training" YouTube channel of the Directorate of Health Services.

Guidelines

The following guidelines were issued and published in the website of DHS:

- 1. Railway Surveillance guidelines.
- 2. Advisory on COVID-19 sentinel surveillance activity using RT-PCR.
- 3. Advisory on RT-PCR pooled testing for COVID-19
- 4. Testing guideline with respect to sentinel surveillance, follow up testing for positive cases.G.O.(Rt)No.857/2020/H&FWD
- 5. Detailed advisory regarding home quarantine.G.O.(Rt)No.857/2020/H&FWD

Home quarantine Advisory

- (1) Everyone who comes from other states should be subjected to medical examination and those with symptoms of the disease are to be hospitalized for further examination and treatment. They are to be kept in observation until RT-PCR results become negative, after which they may be sent home for completing 14days of quarantine.
- (2) Those who do not show any symptoms during medical examination may be send for home quarantine for a period of 14 days. If they turn symptomatic while on home quarantine, they must be followed up and send for further examination and RT-PCR testing.
- (3) For those persons who cannot follow home quarantine guidelines as published inG.O.(Rt)No.857/2020/H&FWDshould be send for Government Institutional Quarantine or Selected Paid Quarantine Facilities.

Date:15/05/2020

WHO has declared the COVID-19 epidemic affecting **216** countries, areas or territories as a Pandemic. Considering the increase in number of cases, the state has strengthened the surveillance and control measures against the disease in view of the same.

Home/Hospital Isolation

• 48825 persons are placed under surveillance, out of which 48287 are under home isolation and 538 are admitted in designated isolation facilities.

Sample Testing

- Till date 42201 samples (including augmented samples) have been sent for testing out of which 40639 came as negative.
- Apart from above, 4630 samples were taken from priority groups like health care workers, persons with high social exposure, workers etc. as part of Sentinel surveillance of which 4424 samples tested negative.

Test Results

- Total confirmed cases under treatment till yesterday were 64.
 16 new COVID 19 positive cases have been declared today of which 5 are from Wayanad, 4 from Malappuram, 2 each from Kozhikode and Alappuzha, 1 each from Kollam, Palakkad and Kasaragod.
- At present, 80 Positive cases are under treatment.
- As per GO (Rt) No. 740/2020/H&FWD dated 19.04.2020 and GO (Rt) No. 740/2020/H&FWD dated 20.04.2020, Hotspots were notified in the state. Based on the daily report by SDMA the list will be modified, and the revised list is attached as annexure.

Complimentary Activities

- In view of recent trend of COVID-19 positivity in Kerala following the existing advisories under the current strategy, it is decided to augment the testing among the general population by taking 3000 more samples randomly on 26th April 2020 with the objective of detecting any undetected COVID-19 positivity among general population in Kerala.
- Xpert-SARS-CoV testing has been initiated in Govt. Medical Colleges Thiruvananthapuram, Ernakulam and Kozhikode for testing samples with emergency nature such as for emergency surgery, symptomatic health worker, sick patients or COVID suspected death.
- COVID Care Centres have been established in all districts with a view to accommodate people who have been advised home isolation but have no residence in Kerala (e.g.: Tourists, people in transit etc). And to accommodate any person in home isolation but not following the home isolation guidelines. These centres will also accommodate the Keralites returning from various states in India.
- For providing Psycho Social Support, 1107 personnel are working and have given psycho social support calls to 2,54,065 numbers of persons in quarantine/ isolation. In addition to this, Psycho Social Support calls are given to mentally ill patients, Children with Special Needs, Guest Labourers, and Elderly People living alone. Counselling service is also given to alleviate stress of personnel working in corona outbreak control activities. A total of 8,11,089 Psycho Social Support and Counselling Calls have been given to all such categories till date. Co-ordination of Community Based De-addiction is also being done.
- Home isolation is being ensured with the help of squads at LSG level including health staff, police and volunteers.
- Adequate infrastructure facilities have been ensured at all designated isolation facilities.

Kerala arogyam portal (*health.kerala.gov.in*) with comprehensive information on department of Health and Family Welfare was launched by Hon. Health Minister.

| District | No. of Persons under observation as on today | No. of persons under home isolation as on today | No. of symptomatic persons hospitalized as on today | No. of persons hospitalized today |
|--------------------|---|---|---|--|
| Thiruvananthapuram | 2929 | 2891 | 38 | 4 |
| Kollam | 2339 | 2333 | 6 | 5 |
| Pathanamthitta | 1873 | 1864 | 9 | 4 |
| ldukki | 2202 | 2198 | 4 | 1 |
| Kottayam | 2692 | 2687 | 5 | 2 |
| Alappuzha | 2138 | 2130 | 8 | 1 |
| Ernakulam | 4252 | 4214 | 38 | 11 |
| Thrissur | 4358 | 4333 | 25 | 5 |
| Palakkad | 6055 | 6022 | 33 | 7 |
| Malappuram | 7021 | 6966 | 55 | 36 |
| Kozhikode | 4532 | 4497 | 35 | 17 |
| Wayanad | 1352 | 1332 | 20 | 2 |
| Kannur | 4920 | 4869 | 51 | 11 |
| Kasaragod | 2162 | 1951 | 211 | 16 |
| Total | 48825 | 48287 | 538 | 122 |

| Date | No. of patients | District | Present Status | Remarks |
|------------|-----------------|--|-------------------|------------|
| 30.01.2020 | 1 | Thrissur-1 | Negative | Discharged |
| 02.02.2020 | 1 | Alappuzha-1 | Negative | Discharged |
| 03.02.2020 | 1 | Kasaragod-1 | Negative | Discharged |
| 9.03.2020 | 6 | Pathanamthitta-5 Ernakulam-1 (Kannur native) | Negative | Discharged |
| 10.03.2020 | 8 | Kottayam-2 Pathanamthitta -4 Ernakulam -2 (Kannur native) | Negative | Discharged |
| 12.03.2020 | 2 | Thrissur -1 Kannur -1 | Negative | Discharged |
| 13.03.2020 | 3 | Thiruvananthapuram –3 | Negative | Discharged |
| 15.03.2020 | 2 | Thiruvananthapuram -1 Idukki-1 | Negative | Discharged |
| 16.03.2020 | 3 | Malappuram -2 Kasaragod-1 | Negative | Discharged |
| 19.03.2020 | 1 | Kasaragod-1 | Negative | Discharged |
| 20.03.2020 | 12 | Ernakulam- 6 (1 Malappuramnative) Kasaragod-6 | Negative | Discharged |
| 21.03.2020 | 12 | Ernakulam-3 Kannur-3 Kasaragod-6 | Negative | Discharged |
| 22.03.2020 | 15 | Ernakulam-1 Malappuram-2 Kozhikode-2 Kannur-4 Kasaragod-5 | Negative | Discharged |
| | | Ernakulam-1 | Positive | Expired |
| 23.03.2020 | 28 | Pathanamthitta-1 Ernakulam-2 Thrissur-1 Kannur-5 Kasaragod-19 | Negative | Discharged |
| 24.03.2020 | 14 | Thiruvananthapuram-1 Alappuzha-1 Kottayam-1 Ernakulam-1 Palakkad-1 Malappuram-1 Kozhikode-2 Kasaragod-6 | Negative | Discharged |
| 25.03.2020 | 9 | Pathanamthitta-2 Idukki-1 Ernakulam-3 Palakkad-2 Kozhikode-1 | Negative | Discharged |

Annexure 2: Chronology of Positive cases

| Date | No. of patients | District | Present Status | Remarks |
|------------|-----------------|---|-------------------|-----------------------|
| 26.03.2020 | 19 | Kannur-9 Idukki-1 Kasaragod-3 Malappuram-3 Thrissur-2 Wayanad-1 | Negative | Discharged |
| 27.03.2020 | 39 | Kollam-1 Thrissur-1 Kozhikode-1 Kannur-2 Kasaragod-34 | Negative | Discharged |
| 28.03.2020 | 6 | Thiriruvanathapuram-2 Kollam-1 Palakkad-1 Malappuram-1 Kasaragod-1 | Negative | Discharged |
| 29.03.2020 | 20 | Ernakulam-1 Thrissur-1 Palakkad-1 Malappuram-1 Kannur-8 Kasaragod-7 Thiriruvanathapuram-1 | Negative | Discharged Expired |
| 30.03.2020 | 32 | ldukki-2 Kannur-11 Wayanad-2 Kasaragod-17 | Negative | Discharged |
| 31.03.2020 | 7 | Thiriruvanathapuram-2 Kollam-1 Thrissur-1 Kannur-1 Kasaragod-2 | Negative | Discharged |
| 01.04.2020 | 24 | Thiriruvanathapuram-2 Ernakulam-3 Palakkad-1 Thrissur-2 Malappuram-2 Kannur-2 Kasaragod-12 | Negative | Discharged |
| 02.04.2020 | 21 | Thiriruvanathapuram-1 Kollam-2 Pathanamthitta-1 Idukki-5 Thrissur-1 Malappuram-1 Kozhikode-1 Kannur-1 Kasaragod-8 | Negative | Discharged |

| Date | No. of patients | District | Present Status | Remarks |
|------------|-----------------|---|-------------------|-----------------|
| 03.04.2020 | 9 | Thrissur-1 Kannur-1 Kasaragod-7 | Negative | Discharged |
| 04.04.2020 | 11 | Kollam-1 Alappuzha-1 Ernakulam-1 Palakkad-1 Kannur-1 Kasaragod-6 | Negative | Discharged |
| | | Kannur-1 | Positive | Under treatment |
| 05.04.2020 | 8 | Pathanamthitta-1 Kozhikode-5 Kasaragod-1 | Negative | Discharged |
| 06.04.2020 | 13 | Kollam- 1 Pathanamthitta- 1 Malappuram - 2 Kasaragod -9 | Negative | Discharged |
| 07.04.2020 | 8 | Kollam - 1 Malappuram - 1 Kannur - 2 Kasaragod - 4 | Negative | Discharged |
| 08.04.2020 | 9 | Pathanamthitta- 1 Alappuzha - 2 Thrissur - 1 Kannur -4 Kasaragod - 1 | Negative | Discharged |
| 09.04.2020 | 12 | Thiruvananthapuram – 1 Kollam –1 Malappuram – 2 Kannur –4 Kasaragod – 4 | Negative | Discharged |
| 10.04.2020 | 7 | Malappuram – 2 Kannur – 2 Kasaragod – 3 | Negative | Discharged |
| | | Kannur – 1 | Positive | Under treatment |
| 11.04.2020 | 10 | Kozhikode – 1 Kannur–6 Kasaragod – 2 Kannur–1 | Negative | Discharged |
| 12.04.2020 | 2 | Kannur–1 Pathanamthitta–1 | Negative | Discharged |
| 13.04.2020 | 3 | Palakkad-1 Kannur-2 | Negative | Discharged |
| 14.04.2020 | 8 | Kozhikkode-3 Kannur-4 Kasaragod-1 | Negative | Discharged |
| 15.04.2020 | 1 | Kannur-1 | Negative | Discharged |
| 16.04.2020 | 7 | Kozhikode-2 Kannur-4 Kasaragod-1 | Negative | Discharged |
| 17.04.2020 | 1 | Kozhikode-1 | Negative | Discharged |

| Date | No. of patients | District | Present Status | Remarks |
|------------|-----------------|---|----------------------|-------------------------------|
| 18.04.2020 | 4 | Kannur-3 Kozhikode-1 | Negative | Discharged |
| 19.04.2020 | 2 | Kannur-1 Kasaragod-1 | Negative | Discharged |
| 20.04.2020 | 6 | Kannur-6 | Negative | Discharged |
| 21.04.2020 | 19 | Kollam-1 Palakkad-4 Malappuram-1 Kannur-10 Kasaragod-3 | Negative | Discharged |
| 22.04.2020 | 11 | Kottayam-1 Kozhikode-2 Kannur-7 | Negative | Discharged |
| | | Malappuram-1 | Positive | Expired |
| 23.04.2020 | 10 | Thiruvananthapuram – 1 Kollam-1 Kottayam-2 Idukki-4 Kozhikode-2 | Negative | Discharged |
| 24.04.2020 | 3 | Kasaragod-3 | Negative | Discharged |
| 25.04.2020 | 7 | Kollam-3 Kottayam-3 Kannur-1 | Negative | Discharged |
| 26.04.2020 | 11 | ldukki-6 Kottayam-5 | Negative | Discharged |
| 27.04.2020 | 13 | Kottayam-6 Idukki-4 Malappuram-1 Palakkad-1 Kannur-1 | Negative | Discharged |
| 28.04.2020 | 4 | Kannur-3 Kasaragod-1 | Negative | Discharged |
| 29.04.2020 | 10 | Thiruvananthapuram-2 Kollam-6 Kasaragod- 2 (Kannur native) | Negative | Discharged |
| 30.04.2020 | 2 | Malappuram-1 Kasaragod-1 | Negative | Discharged |
| 02.05.2020 | 2 | Wayanad-1 Kannur-1 | Positive Negative | Under treatment Discharged |
| 05.05.2020 | 3 | Wayanad-3 | Positive | Under treatment |
| 08.05.2020 | 1 | Ernakulam-1 | Positive | Under treatment |
| 09.05.2020 | 2 | Malappuram –2 | Positive | Under treatment |
| 10.05.2020 | 7 | Wayanad-3 Thrissur-2 Ernakulam-1 Malappuram-1 | Positive | Under treatment |

| Date | No. of patients | District | Present Status | Remarks |
|------------|-----------------|--|-------------------|-----------------|
| 11.05.2020 | 7 | Kasaragod-4 Palakkad-1 Malappuram-1 Wayanad-1 | Positive | Under treatment |
| 12.05.2020 | 5 | Malappuram-3 Pathanamthitta -1 Kottayam-1 | Positive | Under treatment |
| 13.05.2020 | 10 | Malappuram-3 Palakkad-2 Wayanad-2 Kottayam-1 Kannur- 1 Kozhikode-1 | Positive | Under treatment |
| 14.05.2020 | 26 | Kasaragod-10 Malappuram-5 Palakkad-3 Wayanad-3 Kannur-2 Pathanamthitta-1 Idukki-1 Kozhikode-1 | Positive | Under treatment |
| 15.05.2020 | 16 | Wayanad-5 Malappuram-4 Alappuzha-2 Kozhikode-2 Kollam-1 Palakkad-1 Kasaragod-1 | Positive | Under treatment |
| - | | been tested positive till date sind rently under treatment. | ce the outb | reak in Kerala. |

Annexure 3: District wise distribution based on hospital admission

| District | No. of positive cases admitted | Other Districts |
|----------------|--------------------------------|--------------------------------|
| Pathanamthitta | 2 | |
| Alappuzha | 2 | |
| Kottayam | 2 | |
| Idukki | 1 | |
| Ernakulam | 5 | 1 Kollam,1Palakkad,1Malappuram |
| Thrissur | 2 | |
| Palakkad | 7 | 1Malappuram |
| Malappuram | 15 | |
| Kozhikode | 6 | 1Malappuram, 1 Kasaragod |
| Wayanad | 19 | 1Malappuram |
| Kannur | 6 | 1 Kasaragod |
| Kasaragod | 13 | |
| Total | 80 | |

| Name of District | Airport | Seaport | Check post | Grand total |
|--------------------|---------|---------|------------|-------------|
| Thiruvananthapuram | 132 | 59 | 2733 | 2924 |
| Kollam | 169 | 44 | 2115 | 2328 |
| Pathanamthitta | 118 | 29 | 1726 | 1873 |
| Alappuzha | 151 | 50 | 1987 | 2188 |
| Kottayam | 179 | 46 | 2450 | 2675 |
| ldukki | 60 | 19 | 2059 | 2138 |
| Ernakulam | 282 | 352 | 3618 | 4252 |
| Thrissur | 348 | 38 | 3972 | 4358 |
| Palakkad | 182 | 39 | 5834 | 6055 |
| Malappuram | 405 | 14 | 6547 | 6966 |
| Kozhikode | 366 | 27 | 4134 | 4527 |
| Wayanad | 45 | 11 | 1293 | 1349 |
| Kannur | 309 | 52 | 4559 | 4920 |
| Kasargod | 113 | 13 | 2036 | 2162 |
| TOTAL | 2859 | 793 | 45063 | 48715 |

DISTRICT WISE LIST OF PASSENGERS(excluding other State Passengers updated upto 14.05.2020)

Details of children under 10 years, Old age, Pregnancy (updated upto 14.05.2020

| Particulars | Airport | Seaport | Checkpost |
|-----------------------------|---------|---------|---------------|
| Total no of passengers | 2863 | 1033 | 45063 |
| Children less than 10 years | 358 | 5 | Not available |
| Old age | 358 | 3 | 691 |
| Pregnant | 599 | 34 | 787 |

| SI. No. | District | LSGs needing special | Containment |
|---------|------------------|--|------------------------|
| | | attention | Zones |
| 1 | Kannur | Kadirur | 5 |
| 2 | Kannur | Pattiam | 8,9 |
| 3 | Kannur | Kelakom | 9 |
| 4 | Kannur | Mattannur | 28 |
| 5 | Kasargode | Kumbala | |
| 6 | Kasargode | Paivalike | |
| 7 | Kasargode | Mangalpady | |
| 8 | Kottayam | Uzhavoor | |
| 9 | Thrissur | Punnayurkulam | |
| 10 | Wayanad | Ambalavayal | Mangodu Colony |
| 11 | Wayanad | Edavaka | All Wards |
| 12 | Wayanad | Mananthavady (M) | All Wards |
| 13 | Wayanad | Meenangadi | 8, 9, 10, 17, 13 |
| 14 | Wayanad | Thirunelli | All Wards |
| 15 | Wayanad | Vellamunda | 9, 10, 11, 12 |
| 16 | Wayanad | Nenmeni | 9, 10, 11, 12 |
| • Gu | idelines No. 31/ | F2/2020/Health dated 31-3-2020 | |
| • Cc | ntainment zone | s will be the wards specified against th | e 'LSG Needing Special |

* As per Report from Secretary KSDMA on 15.05.2020

Annexure 4:Hotspots as on 15.05.2020

List of Local Self Governments for identification and notification of Containment Zones by

Call Centre:0471 2309250, 2309251, 2309252, 2309253, 2309254, 2309255 DISHA: 0471-2552056, 1056<mark>11</mark>