

COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL HEALTH & FAMILY WELFARE DEPARTMENT GOVT. OF KERALA

Website:www.dhs.kerala.gov.in

Email:controlroomdhskerala@gmail.com

Kerala Epidemic Diseases, COVID-19 Regulations, 2020

In exercise of the powers conferred by sections 2, 3 & 4 of the Epidemic Diseases Act, 1897 (Central Act 3 of 1897), the Government of Kerala has issued regulations as Kerala Epidemic Diseases, COVID-19 Regulations, 2020for the strict compliance, for the containment management and control of COVID-19 21-3-2020 as part of endeavor to eliminate COVID from the State.

Advisories

- Do frequent hand washing with soap and water. Avoid social greetings by touching, hugging or handshaking.
- Do not touch your face, nose and eyes.
- Use handkerchief while coughing/ sneezing. It is advisable for all to use masks during the COVID 19 pandemic season. N95 masks should not be worn by the public.
- Training and IEC videos prepared by the department are available on "Kerala Health Online Training" YouTube channel of the Directorate of Health Services.

Guidelines

The following guidelines were issued and published in the website of DHS:

- 1. Railway Surveillance guidelines.
- 2. Advisory on COVID-19 sentinel surveillance activity using RT-PCR.
- 3. Advisory on RT-PCR pooled testing for COVID-19
- 4. Testing guideline with respect to sentinel surveillance, follow up testing for positive cases.G.O.(Rt)No.857/2020/H&FWD
- 5. Detailed advisory regarding home guarantine.G.O.(Rt)No.857/2020/H&FWD

Home quarantine Advisory

- (1) Everyone who comes from other states should be subjected to medical examination and those with symptoms of the disease are to be hospitalized for further examination and treatment. They are to be kept in observation until RT-PCR results become negative, after which they may be sent home for completing 14days of quarantine.
- (2) Those who do not show any symptoms during medical examination may be send for home quarantine for a period of 14 days. If they turn symptomatic while on home quarantine, they must be followed up and send for further examination and RT-PCR testing.
- (3) For those persons who cannot follow home quarantine guidelines as published inG.O.(Rt)No.857/2020/H&FWDshould be send for Government Institutional Quarantine or Selected Paid Quarantine Facilities.

Date:16/05/2020

WHO has declared the COVID-19 epidemic affecting 216 countries, areas or territories as a Pandemic. Considering the increase in number of cases, the state has strengthened the surveillance and control measures against the disease in view of the same.

Home/Hospital Isolation

• 56981 persons are placed under surveillance, out of which 56362 are under home isolation and 619 are admitted in designated isolation facilities.

Sample Testing

- Till date 43669 samples (including augmented samples) have been sent for testing out of which 41814 came as negative.
- Apart from above, 4764 samples were taken from priority groups like health care workers, persons with high social exposure, workers etc. as part of Sentinel surveillance of which 4644 samples tested negative.

Test Results

- Total confirmed cases under treatment till yesterday were 80.
- 11 new COVID 19 positive cases have been declared today of which, 4 are from Trissur, 3 Kozhikode and 2 each from Palakkad and Malappuram.
- Test results of 4 COVID patients under treatment have been declared negative, of each 2 each from Wayanad and Kannur have been declared negative.
- At present, 87 Positive cases are under treatment.
- As per GO (Rt) No. 740/2020/H&FWD dated 19.04.2020 and GO (Rt) No. 740/2020/H&FWD dated 20.04.2020, Hotspots were notified in the state. Based on the daily report by SDMA the list will be modified, and the revised list is attached as annexure.

Complimentary Activities

- In view of recent trend of COVID-19 positivity in Kerala following the existing advisories under the current strategy, it is decided to augment the testing among the general population by taking 3000 more samples randomly on 26th April 2020 with the objective of detecting any undetected COVID-19 positivity among general population in Kerala.
- Xpert-SARS-CoV testing has been initiated in Govt. Medical Colleges Thiruvananthapuram, Ernakulam and Kozhikode for testing samples with emergency nature such as for emergency surgery, symptomatic health worker, sick patients or COVID suspected death.
- COVID Care Centres have been established in all districts with a view to accommodate people who have been advised home isolation but have no residence in Kerala (e.g.: Tourists, people in transit etc). And to accommodate any person in home isolation but not following the home isolation guidelines. These centres will also accommodate the Keralites returning from various states in India.
- For providing Psycho Social Support, 1107 personnel are working and have given psycho social support calls to 2,59,078 numbers of persons in quarantine/isolation. In addition to this, Psycho Social Support calls are given to mentally ill patients, Children with Special Needs, Guest Labourers, and Elderly People living alone. Counselling service is also given to alleviate stress of personnel working in corona outbreak control activities. A total of 8,19,342 Psycho Social Support and Counselling Calls have been given to all such categories till date. Co-ordination of Community Based De-addiction is also being done.
- Home isolation is being ensured with the help of squads at LSG level including health staff, police and volunteers.
- Adequate infrastructure facilities have been ensured at all designated isolation facilities.
 - Kerala arogyam portal (*health.kerala.gov.in*) with comprehensive information on department of Health and Family Welfare was launched by Hon. Health Minister.

Annexure 1: Details of persons under Surveillance

District	No. of Persons under observation as on today	No. of persons under home isolation as on today	No. of symptomatic persons hospitalized as on today	No. of persons hospitalized today
Thiruvananthapuram	3336	3289	47	11
Kollam	2670	2668	2	3
Pathanamthitta	2246	2234	12	4
Idukki	2573	2568	5	1
Kottayam	3104	3096	8	3
Alappuzha	2472	2458	14	6
Ernakulam	4927	4899	28	9
Thrissur	5014	4989	25	2
Palakkad	6860	6822	38	10
Malappuram	7977	7899	78	46
Kozhikode	5163	5130	33	10
Wayanad	2284	2259	25	6
Kannur	5695	5653	42	10
Kasaragod	2660	2398	262	61
Total	56981	56362	619	182

Annexure 2: Chronology of Positive cases

Date	No. of patients	District	Present Status	Remarks
30.01.2020	1	Thrissur-1	Negative	Discharged
02.02.2020	1	Alappuzha-1	Negative	Discharged
03.02.2020	1	Kasaragod-1	Negative	Discharged
9.03.2020	6	Pathanamthitta-5 Ernakulam-1 (Kannur native)	Negative	Discharged
10.03.2020	8	Kottayam-2 Pathanamthitta -4 Ernakulam -2 (Kannur native)	Negative	Discharged
12.03.2020	2	Thrissur -1 Kannur -1	Negative	Discharged
13.03.2020	3	Thiruvananthapuram -3	Negative	Discharged
15.03.2020	2	Thiruvananthapuram -1 Idukki-1	Negative	Discharged
16.03.2020	3	Malappuram -2 Kasaragod-1	Negative	Discharged
19.03.2020	1	Kasaragod-1	Negative	Discharged
20.03.2020	12	Ernakulam- 6 (1 Malappuramnative) Kasaragod-6	Negative	Discharged
21.03.2020	12	Ernakulam-3 Kannur-3 Kasaragod-6	Negative	Discharged
22.03.2020	15	Ernakulam-1 Malappuram-2 Kozhikode-2 Kannur-4 Kasaragod-5	Negative	Discharged
		Ernakulam-1	Positive	Expired
23.03.2020	28	Pathanamthitta-1 Ernakulam-2 Thrissur-1 Kannur-5 Kasaragod-19	Negative	Discharged
24.03.2020	14	Thiruvananthapuram-1 Alappuzha-1 Kottayam-1 Ernakulam-1 Palakkad-1 Malappuram-1 Kozhikode-2 Kasaragod-6	Negative	Discharged
25.03.2020	9	Pathanamthitta-2 Idukki-1 Ernakulam-3 Palakkad-2 Kozhikode-1	Negative	Discharged

Date	No. of patients	District	Present Status	Remarks
26.03.2020	19	Kannur-9 dukki-1 Kasaragod-3 Malappuram-3 Thrissur-2 Wayanad-1	Negative	Discharged
27.03.2020	39	Kollam-1 Thrissur-1 Kozhikode-1 Kannur-2 Kasaragod-34	Negative	Discharged
28.03.2020	6	Thiriruvanathapuram-2 Kollam-1 Palakkad-1 Malappuram-1 Kasaragod-1	Negative	Discharged
29.03.2020	20	Ernakulam-1 Thrissur-1 Palakkad-1 Malappuram-1 Kannur-8 Kasaragod-7	Negative Positive	Discharged
30.03.2020	32	Thiriruvanathapuram-1 Idukki-2 Kannur-11 Wayanad-2 Kasaragod-17	Negative	Expired Discharged
31.03.2020	7	Thiriruvanathapuram-2 Kollam-1 Thrissur-1 Kannur-1 Kasaragod-2	Negative	Discharged
01.04.2020	24	Thiriruvanathapuram-2 Ernakulam-3 Palakkad-1 Thrissur-2 Malappuram-2 Kannur-2 Kasaragod-12	Negative	Discharged
02.04.2020	21	Thiriruvanathapuram-1 Kollam-2 Pathanamthitta-1 Idukki-5 Thrissur-1 Malappuram-1 Kozhikode-1 Kannur-1 Kasaragod-8	Negative	Discharged

Date	No. of patients	District	Present Status	Remarks
03.04.2020	9	Thrissur-1 Kannur-1 Kasaragod-7 Kollam-1	Negative	Discharged
04.04.2020	11	Alappuzha-1 Ernakulam-1 Palakkad-1 Kannur-1 Kasaragod-6	Negative	Discharged
05.04.2020	8	Pathanamthitta-1 Kozhikode-5 Kannur-1 Kasaragod-1	Negative	Discharged
06.04.2020	13	Kollam- 1 Pathanamthitta- 1 Malappuram - 2 Kasaragod -9	Negative	Discharged
07.04.2020	8	Kollam - 1 Malappuram - 1 Kannur - 2 Kasaragod - 4	Negative	Discharged
08.04.2020	9	Pathanamthitta- 1 Alappuzha - 2 Thrissur - 1 Kannur -4 Kasaragod - 1	Negative	Discharged
09.04.2020	12	Thiruvananthapuram - 1 Kollam -1 Malappuram - 2 Kannur -4 Kasaragod - 4	Negative	Discharged
10.04.2020	7	Malappuram - 2 Kannur - 2 Kasaragod - 3	Negative	Discharged
11.04.2020	10	Kozhikode – 1 Kannur-7 Kasaragod – 2	Negative	Discharged
12.04.2020	2	Kannur-1 Pathanamthitta-1	Negative	Discharged
13.04.2020	3	Palakkad-1 Kannur-2	Negative	Discharged
14.04.2020	8	Kozhikkode-3 Kannur-4 Kasaragod-1	Negative	Discharged
15.04.2020	1	Kannur-1	Negative	Discharged
16.04.2020	7	Kozhikode-2 Kannur-4 Kasaragod-1	Negative	Discharged
17.04.2020	1	Kozhikode-1	Negative	Discharged
18.04.2020	4	Kannur-3 Kozhikode-1	Negative	Discharged

Date	No. of patients	District	Present Status	Remarks
19.04.2020	2	Kannur-1 Kasaragod-1	Negative	Discharged
20.04.2020	6	Kannur-6	Negative	Discharged
21.04.2020	19	Kollam-1 Palakkad-4 Malappuram-1 Kannur-10 Kasaragod-3	Negative	Discharged
22.04.2020	11	Kottayam-1 Kozhikode-2 Kannur-7	Negative Positive	Discharged
		Malappuram-1	Positive	Expired
23.04.2020	10	Thiruvananthapuram - 1 Kollam-1 Kottayam-2 Idukki-4 Kozhikode-2	Negative	Discharged
24.04.2020	3	Kasaragod-3	Negative	Discharged
25.04.2020	7	Kollam-3 Kottayam-3 Kannur-1	Negative	Discharged
26.04.2020	11	Idukki-6 Kottayam-5 Kottayam-6	Negative	Discharged
27.04.2020	13	Idukki-4 Malappuram-1 Palakkad-1 Kannur-1	Negative	Discharged
28.04.2020	4	Kannur-3 Kasaragod-1	Negative	Discharged
29.04.2020	10	Thiruvananthapuram-2 Kollam-6 Kasaragod- 2 (Kannur native)	Negative	Discharged
30.04.2020	2	Malappuram-1 Kasaragod-1	Negative	Discharged
02.05.2020	2	Wayanad-1	Positive	Under treatment
02.00.2020		Kannur-1	Negative	Discharged
05.05.2020	3	Wayanad-1	Positive	Under treatment
05.05.2020	3	Wayanad-2	Negative	
08.05.2020	1	Ernakulam-1	Positive	Under treatment
09.05.2020	2	Malappuram –2	Positive	Under treatment
10.05.2020	7	Wayanad-3 Thrissur-2 Ernakulam-1 Malappuram-1	Positive	Under treatment

Date	No. of patients	District	Present Status	Remarks
11.05.2020	7	Kasaragod-4 Palakkad-1 Malappuram-1 Wayanad-1	Positive	Under treatment
12.05.2020	5	Malappuram-3 Pathanamthitta -1 Kottayam-1	Positive	Under treatment
13.05.2020	10	Malappuram-3 Palakkad-2 Wayanad-2 Kottayam-1 Kannur- 1 Kozhikode-1	Positive	Under treatment
14.05.2020	26	Kasaragod-10 Malappuram-5 Palakkad-3 Wayanad-3 Kannur-2 Pathanamthitta-1 Idukki-1 Kozhikode-1	Positive	Under treatment
15.05.2020	16	Wayanad-5 Malappuram-4 Alappuzha-2 Kozhikode-2 Kollam-1 Palakkad-1 Kasaragod-1	Positive	Under treatment
16.05.2020	11	Thrissur- 4 Kozhikode-3 Palakkad-2 Malappuram-2	Positive	Under treatment

^{• 587} persons have been tested positive till date since the outbreak in Kerala.

^{• 87} persons are currently under treatment.

Annexure 3: District wise distribution based on hospital admission

District	No. of positive cases admitted	Other Districts
Pathanamthitta	2	
Alappuzha	2	
Kottayam	2	
Idukki	1	
Ernakulam	5	1 Kollam,1Palakkad,1Malappuram
Thrissur	6	
Palakkad	9	1Malappuram
Malappuram	17	
Kozhikode	9	1Malappuram, 1 Kasaragod
Wayanad	17	1Malappuram
Kannur	4	1 Kasaragod
Kasaragod	13	
Total	87	

DISTRICT WISE LIST OF PASSENGERS(excluding other State Passengers updated upto 14.05.2020)

Name of District	Airport	Seaport	Check post	Railway	Total
Thiruvananthapuram	141	59	2987	149	3336
Kollam	178	44	2351	94	2667
Pathanamthitta	141	29	1943	108	2221
Alappuzha	165	50	2185	68	2468
Kottayam	210	46	2739	79	3074
Idukki	53	19	2449	20	2541
Ernakulam	276	352	4137	107	4872
Thrissur	353	38	4519	92	5002
Palakkad	183	39	6375	55	6652
Malappuram	393	14	6956	58	7421
Kozhikode	369	27	4628	67	5091
Wayanad	35	11	1520	27	1593
Kannur	310	52	5223	73	5658
Kasargod	104	13	2308	24	2449
TOTAL	2911 (22 other states)	793	50320	1021 (5 other states)	55045

Details of children under 10 years, Old age, Pregnancy (updated upto 14.05.2020

Particulars	Airport	Seaport	Checkpost	Railways
Total no of passengers	2933	1033	50320	1026
Children less than 10 years	397	5	-	-
Old age	358	3	756	-
Pregnant	616	34	989	-

Annexure 4:Hotspots as on 16.05.2020

List of Local Self Governments for identification and notification of Containment Zones by District Disaster Management Authorities (vide Ltr. No. 40-3/2020-DM-I (A) dated 1-5-2020 of Ministry of Home Affairs, Government of India) as on 16-05-2020

SI. No.	District	LSGs needing special attention	Containment Zones
1	Kannur	Kadirur	5
2	Kannur	Pattiam	8, 9
3	Kannur	Kelakom	9
4	Kannur	Mattanur (M)	28
5	Kasargode	Paivalike	3, 4
6	Kasargode	Mangalpady	
7	Kasargode	Kallar	4
8	Kasargode	Nileshwar (M)	17
9	Kasargode	Kasargod (M)	4, 32
10	Kasargode	Kumbala	9
11	Thrissur	Punnayurkulam	
12	Kottayam	Uzhavoor	
13	Wayanad	Ambalavayal	Mangot Colony
14	Wayanad	Edavaka	All Wards
15	Wayanad	Mananthavady (M)	All Wards
16	Wayanad	Meenangadi	7, 8, 9, 10, 11, 13, 14, 15, 16, 17, 18, Thachambath Colony
17	Wayanad	Thirunelli	All Wards
18	Wayanad	Vellamunda	All Wards
19	Wayanad	Nenmeni	9, 10, 11, 12
20	Wayand	Thavinjal	6
21	ldukki	Vandanmed	8, 9, 11, 12, 14, 15
22	ldukki	Karunapuram	12, 13

- Guidelines No. 31/F2/2020/Health dated 31-3-2020
- Containment zones will be the wards specified against the 'LSG Needing Special Attention' as per the directions dated 4-5-2020
- Suggested deletions in Yellow. Deletions will be considered after weekly review on 21-5-2020

	Additions as on 16-5-2020				
1	Kasargode	Nileshwar (M)			
2	Kasargode	Kasargod (M)			
3	Kasargode	Kallar			
4	ldukki	Vandanmed			
5	ldukki	Karunapuram			
6	Wayand	Thavinjal			

^{*}As per Report from Secretary KSDMA on 16.05.2020