

## COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL HEALTH & FAMILY WELFARE DEPARTMENT GOVT. OF KERALA

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The daily COVID-19 bulletin of the Department of Health and Family Welfare, Government of Kerala summarizes the COVID-19 situation in Kerala. The bulletin also contains links to various important documents, guidelines, and websites for references.

#### **OUR HEALTH OUR RESPONSIBILITY**

- Even after vaccination , follow COVID appropriate behaviour.
- Maintain a distance of at least two metres with all people all the time.
- Always wear clean face mask appropriately everywhere all the time
- Perform hand hygiene after touching objects and surfaces all the time.
- *Perform hand hygiene before and after touching your face.*
- *Observe cough and sneeze hygiene*
- Avoid unnecessary travel, social interaction
- Protect the elderly and the vulnerable- Observe reverse quarantine
- PEOPLE WITH MULTIPLE COMORBIDITIES, IF DETECTED COVID POSTIVE SHOULD GET ADMITTED IN THE HOSPITAL IMMEDIATELY AND DO NOT REMAINED IN HOME ISOLATION
- Infection prevention by following Covid appropriate behaviour got strengthened with introduction of COVID vaccination.

#### **Covid 19 status- Analytical Note**

- 99% of population above 18 years vaccinated with a single dose of vaccine (2,63,70,455) and 81% with a double dose (2,15,58,246) till January 8.
- 27% of population among 15-17 age group vaccinated with single dose of vaccine (4,19,717)
- Kerala is the state with highest rate of Vaccination/Million- 1356172. The state has vaccinated more than 97% of people aged more than 45 years with a single dose and 85% with double dose\*. (\*Target recalculated)
- People have been cooperating we appeal to the 2<sup>nd</sup> dose eligible people to take their second dose of Covishield/ Covaxin without delay. Both the vaccines are effective.

- As per today's data, among the 5944 positives, 5250 persons were eligible for vaccination. 307 were vaccinated with single-dose and 3235 were fully vaccinated.
- 1618 persons had no history of vaccination. This sub cohort needs to be followed and among them people having morbidity are advised to access health care in a Hospital. All vaccinated people should follow covid appropriate behaviour.
- Non vaccinated people with co morbidity have higher chances of mortality based on the mortality analysis. Hence, especially people with comorbidities should be careful. All must follow Covid appropriate behaviors.
- COVID-19 vaccines protect people from getting infected and become severely ill, and significantly reduce the likelihood of hospitalization and death.
- During January 1-January 7, the average active cases were 21,913 out of them an average of around 2% only were admitted in oxygen beds and 2% were in ICU.

During this period there was an increase of around 9897 new cases.

The growth rate in newly declared cases increased by 61% during the same week compared to the previous week. The number of active patients, number of those admitted in hospitals, ICU and ventilators has increased by 3%, 8%, 21% and 2% respectively in this week compared to previous week. The number of people in field hospitals and those with oxygen supported beds showed a decrease of 0.2% and 10% respectively.

For any disease control program, active case finding is important. The state is doing appropriate testing. However, there is an apprehension regarding test positivity rate. It is hereby explained that test positivity rate indicates the infection. There are two specific issues all may understand i.e. **contracting infection** and because of contracting infection **the disease manifestation**. The World over post vaccination phase, contracting infection to disease manifestation is examined as CONVERSION RATE to decide the severity of pandemic. The data as on date suggests the conversion rate is stable because the People are following instructions, taking vaccines. However, it can be further improved with cooperation from all i.e. positive person having comorbidities should not delay their arrival in Hospital and take treatment as per the treatment protocols.

- Out of total 31,098 cases of infection only 7% of the active cases are admitted either in hospital/Field hospitals. This percentage is more or less constant and that indicates that the progression toward disease of the person who is infected is not very alarming and appropriate care and support is being given to patients. The patients who arrive late in the hospital even though having morbidity are the majority patients in the hospitals and Diabetes and Hypertension together being the most common cause of patient death. Therefore, we request people with co morbidities once detected with covid infection to get hospitalized in time.
- Based on the Covid positive data during June, July and August, 6% of the Covid positive patients had taken a single dose of Covid 19 vaccination and 3.6% had taken two doses of covid 19 vaccination. This indicates that vaccinated people may get infected, even though it is very less. It indicates that post vaccination immunity is effective in preventing infection. Vaccinated people are advised to consult Doctor only when symptomatic. Vaccinated people should follow covid appropriate behaviour.
- Symptomatic non-Vaccinated people may do RTPCR test. Antigen testing is only for emergency purpose. Non vaccinated people with co-morbidities to do testing by RTPCR and consult doctor.
- Repeat RTPCR is not needed among the people who are detected COVID positive in the previous 3 months. All young person detected positive and at home isolation should do blood sugar test.

# PART- 1 SUMMARY OF COVID CASES AND DEATH

Table 1. Summary of COVID-19 cases till 7/1/2022

Positive cases	Recovere d patients	New persons in Quarantine / Isolation	New Persons in Home, Institution quarantine	New persons in Hospital Isolation	Total no of Deaths reported	No of deaths declared as per appeal G.O.(Rt) No.2110/2 021/H&F WD (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&F WD Dated 14 October (C)
5273360	5195497	10291	10051	240	49305	14917	3779

Table 2. Summary of new COVID-19 cases (last 24 hours)

]	Positive cases	Recovere d patients	New persons in Quarantin e/ Isolation	New Persons in Home, Institution quarantine	New persons in Hospital Isolation	No of Deaths reported daily (A)	No of deaths declared as per appeal G.O.(Rt) No.2110/20 21/H&FWD (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H& FWD Dated 14 October (C)
	5944	2463	10630	10365	265	33	209	0

Table 3. Cumulative summary as on 08/01/2022

Total Positive cases	Active cases	Total Recover ed	Total persons in Quarantin e/ Isolation	Persons in Home/Ins titution quarantin e	Persons in Hospital Isolatio n	Total No of Deaths (D)	Total No of deaths declared as per appeal G.O.(Rt) No.2110/20 21/H&FWD (E)	Total No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&F WD Dated 14 October (F)
5279304	31098	5197960	111316	108843	2473	49547	15126	3779

Table 4. District wise summary of Cumulative cases, Active cases, and New positive cases

District	Positive Cases declared today	Declared Negative today	Positive cases admitted in the district	
Thiruvananthapuram	1219	517	4551	
Kollam	299	26	1431	
Pathanamthitta	316	184	726	
Alappuzha	235	133	736	
Kottayam	319	165	3062	
Idukki	147	62	1326	
Ernakulam	1214	502	6581	
Thrissur	561	153	3377	
Palakkad	248	80	808	
Malappuram	260	94	1818	
Kozhikode	580	268	3875	
Wayanad	116	86	932	
Kannur	280	152	1384	
Kasaragod	150	41	491	
Total	5944	2463	31098	

Table 5. District wise Death Cases through online and offline mode - post scrutiny status

District	No of Deaths reported daily (A)	No of deaths declared through appeal G.O.(Rt) No.2110/2021/H&F WD Dated 29 September (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&FWD Dated 14 October (C)	Death Cases approved today (A+B+C)
Thiruvananthapuram	15	1	0	16
Kollam	4	0	0	4
Pathanamthitta	0	42	0	0
Alappuzha	0	0	0	0
Kottayam	0	7	0	7
Idukki	0	31	0	31
Ernakulam	3	0	0	3
Thrissur	0	88	0	88
Palakkad	2	14	0	16
Malappuram	3	0	0	3
Kozhikode	0	0	0	0
Wayanad	2	19	0	21
Kannur	4	7	0	11
Kasaragod	0	0	0	0
Total	33	209	0	242

- The list of Track A is mentioned in the Bulletin
- The list of Track B and Track C will be very long as we are declaring cumulative cases. These lists are available with the DMO and can be verified on online portal.
- https://covid19.kerala.gov.in/deathinfo/covidDeathDeclarationList.jsp

Table 6. Summary of contact or travel history of COVID-19 cases since 4th May 2020

Total cases	5278805
Cases with history of International/Interstate travel	64062
Cases with history of contact	5214743

Table 7. Summary of contact/travel history of new COVID-19 cases reported in last 24 hours

Total cases	5944
Cases with history of International/Interstate travel	80
Cases with history of contact	5527
Cases with no history of travel or contact	337

Table 8. Details of COVID-19 positive deaths in the last 24 hours

SI no.	District	Name	Place	Age	Gender	Death Date
1	Thiruvananthapuram	Dr Mariam Thomas	Thiruvananthapuram	77	Female	07-01-2022
2	Thiruvananthapuram	Geetha H	Thiruvananthapuram	66	Female	14-11-2021
3	Thiruvananthapuram	Jalaja Kumari L R	Thiruvananthapuram	65	Female	10-11-2021
4	Thiruvananthapuram	K M Saifudeen	Thiruvananthapuram	72	Male	06-12-2021
5	Thiruvananthapuram	K Narayanan	Thiruvananthapuram	70	Male	19-11-2021
6	Thiruvananthapuram	Manoharan Nair	Thiruvananthapuram	95	Male	11-12-2021
7	Thiruvananthapuram	Padmanabhan	Thiruvananthapuram	64	Male	10-11-2021
8	Thiruvananthapuram	Remani Bai S V	Kilimanoor	70	Female	15-11-2021
9	Thiruvananthapuram	Sarith Lal B S	Athiyannoor	47	Male	06-01-2022
10	Thiruvananthapuram	Sebastian Fernandez	Thiruvananthapuram	85	Male	20-12-2021
11	Thiruvananthapuram	Seenath S	Thiruvananthapuram	51	Female	07-12-2021
12	Thiruvananthapuram	Shahaudeen Kunjul	Thiruvananthapuram	83	Male	23-12-2021
13	Thiruvananthapuram	Sindhu Ramachandran	Thiruvananthapuram	74	Female	07-01-2022
14	Thiruvananthapuram	Thajudeen	Vettoor	62	Male	04-01-2022
15	Thiruvananthapuram	Vilasini	Karavaram	78	Female	05-01-2022
16	Kollam	Aliyar Kunju	Kottamkara	97	Male	02-01-2022
17	Kollam	Chandrasekharan Pillai	Punalur	73	Male	19-12-2021
18	Kollam	Kunjumon	Anchal	59	Male	07-01-2022

19	Kollam	Sambu Namboothiri	Ummannoor	79	Male	05-01-2022
20	Ernakulam	Ambujakshi	Kochi	83	Female	02-12-2021
21	Ernakulam	Gireesh K K	Eloor	52	Male	07-01-2022
22	Ernakulam	Mohanan	Choornikkara	56	Male	08-12-2021
23	Palakkad	Chathan	Ananganadi	72	Male	04-01-2022
24	Palakkad	Gopalan	Melarcode	60	Male	08-01-2022
25	Malappuram	Abdul Azeez	Pulikkal	60	Male	04-01-2022
26	Malappuram	Kunhimoosa	Anakayam	82	Male	22-12-2021
27	Malappuram	Manisiriyak	Pothukal	50	Male	15-12-2021
28	Wayanad	Bhaskaran Nair	Poothady	85	Male	04-01-2022
29	Wayanad	John	Meenangadi	93	Male	05-01-2022
30	Kannur	Govindan	Pattuvam	87	Male	01-01-2022
31	Kannur	Nandhakumar G	Kuttiattoor	54	Male	05-01-2022
32	Kannur	Shaji	Madayi	49	Male	05-01-2022
33	Kannur	Umaira	Panoor	55	Female	05-01-2022

Detailed list is available with the respective District Medical office (Health)

Table 9. Summary of critical patients

Patients in ICUs	419
Patients on Ventilator support	140

<sup>\*</sup>The data shown contains ICU and Ventilator data from both government and private hospitals

### **PART-II COVID-19 TESTING**

Table 10. Cumulative number of samples tested

Cumulative Samples Sent	Cumulative routine + Sentinel samples	Airport surveillance	CB NAAT	True NAT	POCT PCR	RT LAMP	Antigen Assay
41974346	17947327	77321	131537	863923	124296	43663	22792593

Table 11. Details of new COVID-19 samples in the last 24 hours

Samples Sent	Routine + Sentinel Samples (PCR)	CB NAAT	True NAT	POCT PCR	RT LAMP	Antigen Assay
60075	42771	208	936	1363	241	14556

### **PART-III SURVEILLANCE**

Table 12. District wise distribution of persons under quarantine and isolation

District	Persons under observation as on today	Persons under home/institutional quarantine as on today	Total persons under hospital Isolation as on today	Persons hospitalized today
Thiruvananthapuram	23390	23018	372	50
Kollam	3818	3647	171	25
Pathanamthitta	5891	5758	133	7
Alappuzha	3675	3581	94	10
Kottayam	7555	7310	245	0
Idukki	2193	2132	61	4
Ernakulam	12222	11748	474	47
Thrissur	3119	2961	158	31
Palakkad	5200	5159	41	8
Malappuram	8726	8593	133	19
Kozhikode	15995	15768	227	30
Wayanad	7438	7404	34	6
Kannur	7580	7477	103	16
Kasaragod	4514	4287	227	12
Total	111316	108843	2473	265

Table 13. Summary of Travel surveillance 08/01/2022

Mode of Travel	Cumulative number of Passengers
International airport	2884748
Total	2884748

### PART-IV PSYCHOSOCIAL SUPPORT

'Ottakalla Oppamundu' is a program for providing Psychosocial support to the people in quarantine, isolation, school children and other categories of population as well as to the community in general. 828 Mental Health Personnel including Psychiatrists, Psychiatric Social Workers, Clinical Psychologists, and Counsellors are working and have given psychosocial support.

Table.14. Psychosocial support provided through the program "Ottakalla Oppamundu"

No. of Psychosocial workers	828
Total Psychosocial support calls made to persons in quarantine/ isolation.	73,90,541
Total psychosocial support follow-up calls made	32,12,102
Total Post COVID calls	11,33,087
Total calls made to persons under treatment for mental illnesses, migrant labourers, differently abled children, elderly persons staying alone	3,48,860
Total Psychosocial support calls to school children	9,89,128
Total psychosocial support calls to health care workers	64,194
Total Psychosocial support calls received in helpline numbers	91,751
Total calls to all categories of Persons	1,32,29,663

### **PART-V ANNEXURES**

Annexure-1: List of Hotspots as on 08/01/2022

Panchayaths and Urban Wards with WIPR >10			
Sl.No	District	LSG	Ward No
1	Ernakualm	Kalloorkkadu	8, 7
2	Ernakualm	Pothanicadu	3
3	Ernakualm	Aikaranad	4
4	Ernakualm	Keerambra	10
5	Wayanad	Vythiri	8
As per G.O(Rt) No.643/2021/DMD dated 18.09.2021			

### DISTRICT WISE ABSTRACT

Sl. No	Name of District	WIPR (	> 10)
		No. of LSGs	No. of Wards
1	Ernakulam	4	5
2	Wayanad	1	1
Total		5	6

References
1.Thiruvanathapuram: Nil
2.Kollam: Nil
3.Pathanamthitta: Nil
4.Kottayam: Nil
5.Alappuzha: Nil
6.Idukki: Nil
7.Ernakulam: 3804/2020/D2 dated 07.12.2021
8.Thirissur: Nil
9.Palakkad: Nil
10.Malappuram: Nil
11.Kozhikkode: Nil
12.Wayanad: DCWYD/2671/2021/DM5 dated 04.12.2021
13.Kannur: Nil
14.Kasaragod: Nil

Annexure-2: District Covid 19 Control Room Numbers Oxygen War Room Numbers

District	Covid 19 Control Room Numbers	Oxygen War Room Numbers
Thiruvananthapuram	9188610100, 1077, 0471 277 9000	7592939426, 7592949448
Kollam	0474 2797609, 2794006, 8589015556	75920 03857
Alappuzha	0477 2239999, 2238642, 2238651	7594041555
Pathanamthitta	0468 2222515, 0468 2228220	1077, 8547715558
Idukki	18004255640, 0486 2232220, 2233118	18004255640, 04862233118
Kottayam	9188610014, 9188610016, 0481 2304800, 0481 2583200, 0481 2566100, 0481 2566700, 0481 2561300	0481 256 7390
Ernakulam	0484 2368702, 0484 2368802, 0484 2368902 Guest Control Room 9072303275, 9072303276 WhatsApp Number 9400021077	75940 46167
Thrissur	9400066921, 9400066922, 9400066923	9400063430, 7034099935
Palakkad	0491 251 0580, 04912510583 0491 251 0575, 0491 251 0576, 251 0574	0491251 0577, 8848902376
Malappuram	0483 2737858, 0483 2737857,0483 2733251, 0483 2733252, 2733253	0483 2952950
Calicut	0495 2371471, 0495 2376063 Collectorate 0495 2371002	75940-01419, 7594001485
Kannur	0497 2700194, 2713437, 9400066062, 9400066616	8281899687
Wayanad	04936 202343, 04936 202375	9526831678
Kasaragod	9946000493, 9946000293	9645002811

Annexure-3: Table of links to documents, guidelines, and websites

Dashboard	https://dashboard.kerala.gov.in/	
Daily Bulletin	http://dhs.kerala.gov.in/ . & E2%80%8D/	
Guidelines and Advisories	http://dhs.kerala.gov.in/¶ \$ .	
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Awareness materials	https://www.dropbox.com/sh/l2h2n9hu737lea3/AAD43CHbe	
	dUZa 8PUY9v3m0Wa?dl=0	
Posters	http://dhs.kerala.gov.in/photo-gallery/	
COVID-19 Jagratha	https://covid19jagratha.kerala.nic.in/	
E Sanjeevani	https://esanjeevaniopd.in	
NHM Kerala	https://arogyakeralam.gov.in/	

Directorate of Health Services	https://dhs.kerala.gov.in/
Directorate of Medical Education	http://www.dme.kerala.gov.in/
Department of Health and Family Welfare	https://health.kerala.gov.in/
Training and IEC videos	https://www.youtube.com/c/keralahealthonlinetraining

Annexure-4: District Psychosocial support Helpline numbers

Annexure-4. District i sychosociai support neipinie numbers		
District	COVID help line numbers	
Thiruvananthapuram	9846854844	
Kollam	0474 2740166, 8281086130	
Pathanamthitta	8281113911	
Alappuzha	4792344474	
Kottayam	9539355724	
Idukki	04862226929, 9496886418	
Ernakulam	04842351185, 9846996516	
Thrissur	04872383155, 8281100729,	
THITISSUF	8086007999	
Palakkad	04912533323	
Malappuram	7593843617, 7593843625	
Kozhikode	9495002270	
Wayanad	9400348670	
Kannur	04972734343, 9495142091	
Kasaragod	9072574748, 9447447888	

- District Helpline Numbers will be available from 9am to 4 pm.
- State Helpline Numbers DISHA 0471-2552056 and 1056 (Toll Free Number) will be available 24x7