



COVID-19 (nCorona) Virus Outbreak Control and Prevention State Cell

Health & Family Welfare Department

Government of Kerala

COVID 19 - Discharge Guidelines

N0-49/31/F2/H&FWD- 19th Jan 2022.

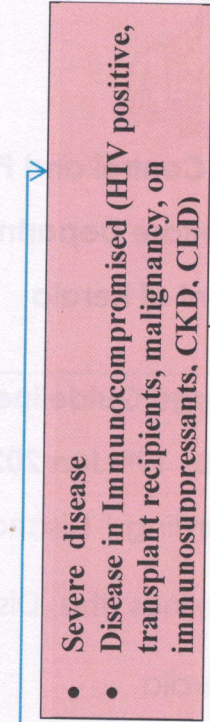
Superseding all previous guidelines regarding ' Discharge Guidelines', as per the Min of H&FW Govt of India guidelines the Discharge Guidelines are attached as Annexure for follow up in Kerala

Principal Secretary

Dr. RAJAN N KHOBRADE
Principal Secretary
Health & Family Welfare Department
Government of Kerala

Severity categories for treatment purposes	
Mild	Respiratory Rate < 24/min, SpO2 > 94 on room air
Moderate	Respiratory rate between 24-29, SpO2 between 91-94 on room air
Severe	Respiratory Rate ≥ 30, SpO2 < 90

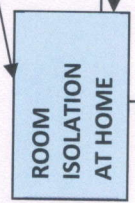
Confirmed case of COVID 19



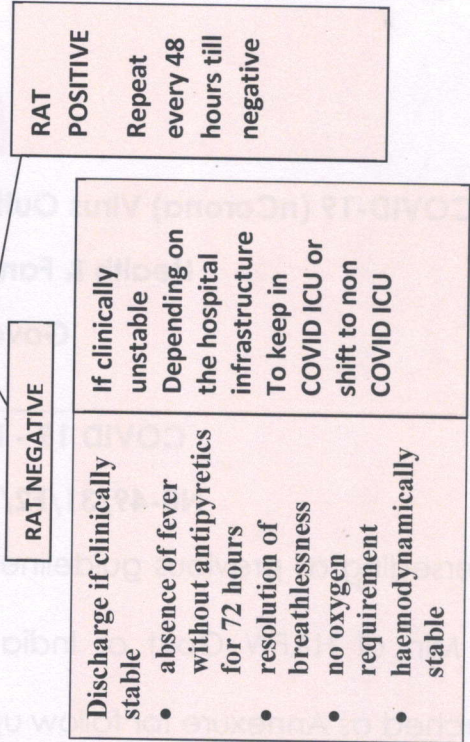
RAT NEGATIVITY NOT NECESSARY FOR DISCHARGE

- Home isolation for total of 7 days from symptom onset OR from day of diagnosis in case of asymptomatic patients. Patient should be fever free for 3 days.
- While in home isolation, monitor for red flag signs
- Perform 6 minute walk test daily
- Inform DISHA / Hospital - if any red flag signs or SpO2 < 94% on room air at rest or decrease in SpO2 >3% from baseline after 6 min walk test

- Discharge once clinically stable**
- absence of fever without antipyretics for 72 hours
 - resolution of breathlessness
 - no oxygen requirement
 - haemodynamically stable
 - No excessive fatigability



RAT on Day 14 from symptom onset



If mild cases get admitted, they should be discharged to home isolation if clinically stable and fever free for 48 hours with advice to monitor for red flag signs.

If clinical stability criteria is attained before 14 days, patient may be referred to CSLTC. RAT on Day 14 may be done from there. All categories of patient after discharge from isolation should continue to wear N95 mask and follow COVID appropriate behaviour for next 7 days. Samples of patients who persist to be RAT positive even after 20 days should be sent for genomic sequencing