

**24x7 PRIMARY HEALTH CENTRES**

<b>KOLLAM</b>					
<b>. No.</b>	<b>Phone Number</b>	<b>Sanctio ned bed</b>	<b>R/ U</b>	<b>email-id</b>	
1	Paripally	0474-2575112	24	R	phcparippally@gmail.com
		<b>Rural-24</b>	<b>Urban- Nil</b>		
<b>PATHANAMTHITTA</b>					
<b>. No.</b>	<b>Phone Number</b>	<b>Sanctio ned bed</b>	<b>R/ U</b>	<b>email-id</b>	
2	Kottanadu	0469-2775925	24	R	phckottanadu@gmail.com
		<b>Rural- 24</b>	<b>Urban- Nil</b>		
<b>KOTTAYAM</b>					
<b>. No.</b>	<b>Phone Number</b>	<b>Sanctio ned bed</b>	<b>R/ U</b>	<b>email-id</b>	
3	Mundankunnu	0481-2551201	20	R	phcmundankunnu@gmail.com
		<b>Rural- 20</b>	<b>Urban- Nil</b>		

IDUKKI					
. No.		Phone Number	Sanctio ned bed	R/ U	email-id
4	Kanthalloor	04865-246487	0	R	kanthalloorphc@gmail.com
5	Santhanpara	04868-247747	0	R	mophcsenapathy@gmail.com
6	Vannappuram	04862-247787	10	R	phcvpm@gmail.com
		<b>Rural- 10</b>	<b>Urban- Nil</b>		
ERNAKULAM					
. No.		Phone Number	Sanctio ned bed	R/ U	email-id
7	Kallookadu	0485-2289649	30	R	phckallookad@gmail.com
8	Pizhala	0484-2430894	24	R	phcpizhala@gmail.com
9	Elenji	0485-2259080	40	R	mophcelanji@gmail.com
		<b>Rural- 94</b>	<b>Urban- Nil</b>		
THRISSUR					
. No.		Phone Number	Sanctio ned bed	R/ U	email-id
10	Arimbur	0487-2313634	24	R	phcarimbur@gmail.com
11	Varavoor	04884-280708	24	R	phcvaravoor@gmail.com
		<b>Rural- 48</b>	<b>Urban- Nil</b>		

<b>MALAPPURAM</b>					
<b>. No.</b>	<b>Phone Number</b>	<b>Sanctio ned bed</b>	<b>R/ U</b>	<b>email-id</b>	
12	Aliparamba	04933-234350	10	R	alipparambaphc@gmail.com
13	Anakkayam	0483-2781393	24	R	mophcanakkayam@gmail.com
14	Valanchery	0494-2646374	16	U	mophcvalanchery@gmail.com
15	Pallikkal	0494-2401661	10	R	mopallikal@yahoo.com
		<b>Rural- 44</b>	<b>Urban- 16</b>		
<b>WAYANAD</b>					
<b>. No.</b>	<b>Phone Number</b>	<b>Sanctio ned bed</b>	<b>R/ U</b>	<b>email-id</b>	
16	Mullankolly	04936-234799	10	R	phc.mullankolly@gmail.com
		<b>Rural- 10</b>	<b>Urban- Nil</b>		

<b>KANNUR</b>					
<b>. No.</b>	<b>Phone Number</b>	<b>Sanctio ned bed</b>	<b>R/ U</b>	<b>email-id</b>	
17	Keezpally	0490-2454431	24	R	phckply@gmail.com
18	Naduvil	0460-2250901	10	R	phcnaduvil@gmail.com
		<b>Rural- 34</b>		<b>Urban- Nil</b>	
<b>KASARAGOD</b>					
<b>. No.</b>	<b>Phone Number</b>	<b>Sanctio ned bed</b>	<b>R/ U</b>	<b>email-id</b>	
19	Vellarikundu	0467-2242228	24	R	mophcv@gmail.com
		<b>Rural- 24</b>		<b>Urban- Nil</b>	

<b>PRIMARY HEALTH CENTRES</b>					
<b>THIRUVANATHAPURAM</b>					
<b>Sl. No.</b>		<b>Phone Number</b>	<b>Sancti oned bed</b>	<b>R/ U</b>	<b>email-id</b>
1	Palace Dispensary, Kowdiar	0471-2433758	0	U	
2	Karamana	0471-2344935	0	U	phckaramana@gmail.com
3	Ulloor	Nil	0	U	ulloorphc@gmail.com
4	Bharathannur	0472-2868629	0	R	phcbharathannoor@ymail.com
5	Kizhuvilam	0470-2794688	0	R	kizhuvillamphc@gmail.com
6	Perumpazhuthoor	0471-2222183	10	U	phcperumpazhuthoor@gmail.com
7	Kanjiramkulam	0471-2263505	0	R	kanjiramkulamphc10@gmail.com
8	Navaikulam	0470-2694300	0	R	phcnavaikulam@gmail.com
9	Kalliyoor	0471-2405401	20	R	phckalliyoor@gmail.com
10	Vellayani	0471-2382209	20	R	phcvellayani@gmail.com
11	Azhoor	0470-2144366	0	R	moicphcazhoor@gmail.com
12	Parasuvaikkal	0471-2200071	0	R	phcparasuvaikkal@gmail.com
13	Nagaroor	0470-2678656	0	R	phcnagaroor@gmail.com
14	Malayadi	0472-2891800	0	R	phcmalayadi1@gmail.com
		<b>Rural- 40</b>	<b>Urban- 10</b>		

<b>KOLLAM</b>					
<b>Sl. No.</b>		<b>Phone Number</b>	<b>Sancti oned bed</b>	<b>R/ U</b>	<b>email-id</b>
15	Thalavur	0475-2328424	0	R	thalavoorphcmo@yahoo.com
16	Pattazhy Vadakkekara	0475-2355441	0	R	phcpattazhivadakkekara@gmail.com
17	Pattazhy	0475-2397799	6	R	phcpattazhi@gmail.com
18	Adichnalloor	0474-2596800	0	R	phcadichanalloor@gmail.com
19	Achencovil	Nil	0	R	phcachenkovil@gmail.com
20	Yeroor	0475-2202166	0	R	yeroorphc@gmail.com
21	Poruvazhy	0476-2082486	0	R	phcporuvazhy@gmail.com
22	Mylam	0474-2663232	0	R	phcmylom@gmail.com
23	Kottanmkara	0474-2710545	0	R	kottamkaranew@gmail.com
24	Chirakkara	0474-2518686	0	R	phcchirakkara@gmail.com
25	Chavara	0476-2686882	0	R	phcchavara@gmail.com
26	Kumil	0474-2448880	0	R	phckummil@gmail.com
		<b>Rural- 6</b>		<b>Urban- Nil</b>	

PATHANAMTHITTA					
Sl. No.		Phone Number	Sancti oned bed	R/ U	email-id
27	Thottappuzhassery	0469-2671950	0	R	thottappuzhasseryphc@gmail.com
28	Vallicodu	0468-2356338	24	R	phcvallikode@gmail.com
29	Malayalapuzha	0468-2301100	0	R	phcmalayalapuzha@gmail.com
30	Pramadam	0468-2306524	0	R	phcpramadam@gmail.com
31	Pandalam Thekkekara	04734-223617	0	R	phcpandalamthecku@gmail.com
32	Mallapuzhassery	0468-2214598	0	R	phcmalla@gmail.com
33	Manjanikara	0468-2356375	0	R	manjanikaraphc@gmail.com
34	Kadapra	0479-2316400	0	R	phckadapra@gmail.com
35	Nedumpuram	0469-2642640	0	R	phcnedumpuram@yahoo.com
36	Kuttapuzha	0469-2633047	0	U	phckuttapuzha@gmail.com
37	Ranni Angadi	04735-200750	0	R	phcangady@yahoo.com
38	Angamoozhi	04735-279277	0	R	angamoozhyphc@gmail.com
39	Nilakkal	04735-205202	0	R	nilakkalphc@gmail.com

**Rural- 24**

**Urban- Nil**

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<b>ALAPPUZHA</b>					
Sl. No.		Phone Number	Sancti oned bed	R/ U	email-id
40	Mannancherry	0477-2292008	0	R	phcmannancherry@yahoo.com
41	Kodamthuruth	0478-2565944	0	R	mokodamthuruthphc@gmail.com
42	Cheppad	0479-2400911	0	R	arogyakendramcheppad@gmail.com
43	Muttar	0477-2707732	0	R	muttarphc@gmail.com
44	Budhanoor	0479-2323841	0	R	phcbudhanor@gmail.com
45	Kumarapuram	0479-2415215	0	R	kumaraphc@gmail.com
46	Haripad	0479-2404641	24	R	moharipadphc@gmail.com
47	Pallipad	0479-2409096	0	R	mophcpallipad@gmail.com

**Rural- 24**

**Urban- Nil**

<b>KOTTAYAM</b>					
Sl. No.		Phone Number	Sancti oned bed	R/ U	email-id
48	Karoor	04822-262893	0	R	phckaroor@gmail.com
49	Kozhuvanal	04822-269367	0	R	phckozhuvanal@gmail.com
50	TV Puram	04829-211789	0	R	mophctvpuram@gmail.com
51	Nedumkunnam	0481-2417534	0	R	phcndm@gmail.com
52	G .V. Raja Poonjar	04822-273638	0	R	gvrpoonjar@live.in
53	Thalanadu	04822-280598	0	R	phcthalanadu@gmail.com
54	Thidanadu	04828-236888	0	R	mophcthidanadu@gmail.com
55	Thalappalam	04822-239345	0	R	phcthalappalam@gmail.com
56	Teekoy	04822-281502	0	R	mophctteekoy@gmail.com
57	Kalaketty	04828-236616	0	R	phckalaketti@gmail.com
58	Karikkattoor	04828-246560	0	R	phckarikkattoor@gmail.com
59	Parathanam	04828-287020	0	R	mophcparathanam@gmail.com



60	Peruva	04829-253030	0	R	phcperuva@rediffmail.com
61	Kaduthuruthy	04829-288393	0	R	phckaduthuruthy@gmail.com
62	Vazhappally	0481-2726531	0	R	mophcvazhapally@yahoo.in
63	Manarcadu	0481-2371288	0	R	phcmanarcadu@gmail.com

**Rural- Nil Urban- Nil**

<b>IDUKKI</b>					
Sl. No.		Phone Number	Sancti oned bed	R/ U	email-id
64	Kallarvattayar	04864-278718	0	R	phckallar@gmail.com
65	Mankulam	04864-218906	0	R	mankulamphc@yahoo.in
66	KP Colony	04868-221504	26	R	phckallar@gmail.com
67	Manakkadu	04862-202009	0	R	phcmanakad@gmail.com
68	Chakkupallam	04868-284670	0	R	phcchakkupallam@gmail.com
69	Edavetty	04862-221076	0	R	phcedavetty@gmail.com
70	Poomala	04862-282500	0	R	phcpoomala@gmail.com
71	Poochapra	04862-283028	0	R	phcpoochapra@gmail.com

**Rural- 26 Urban- Nil**

<b>ERNAKULAM</b>					
Sl. No.		Phone Number	Sancti oned bed	R/ U	email-id
72	Palace Disp.Thrippunithura	0484-2784845	0	U	rvpdmekkara@gmail.com
73	Vallarpadam	0484-2751025	0	R	phcvallarpadam@gmail.com
74	Puthuvype	0484-2502838	0	R	phcputhuvyppu@gmail.com
75	Trikkakkara	0484-2421417	0	U	phcthrikkakara@gmail.com
76	Kalamassery	0484 2966695	0	U	kalamasseryphc@gmail.com
77	Chottanikkara	0484-2711389	0	R	phcchottanikkara@gmail.com
78	Thottoor	0484-2748190	0	R	phcthottoor@gmail.com
79	Valanthakkadu	9447871977	0	U	phcvalanthakad@gmail.com
80	Assamanoor	0484-2659451	0	R	phcasamanoor@gmail.com
81	Pallissery	0484-2439272	0	R	phcpalissery@gmail.com
82	Mookkanoor	0484-2614420	0	R	phcmookanur@gmail.com

83	Ayavana	0485-2282044	0	R	phcayavana@gmail.com
84	Marady	0485-2963805	0	R	phcmarady@gmail.com
85	Kunnukara	0484-2573087	0	R	phckunnukara@gmail.com
86	Nedumbassery	0484-2476678	0	R	phcnedumbassery@gmail.com
87	Pattimattom	0484-2716010	0	R	phcpattimattom@gmail.com
88	Poothrikka	0484-2766118	0	R	phcpoothrikka@gmail.com
89	Maneed	0485-2267230	24	R	phcmaneed@gmail.com
90	Kanjoor	0484-2466110	0	R	phckanjoor@gmail.com
91	Kadungalloor	0484-2605349	0	R	phckadungallur@gmail.com

**Rural- 24                      Urban- Nil**

**THRISSUR**

Sl. No.		Phone Number	Sancti oned bed	R/ U	email-id
92	R.V Puram	0487-2331030	0	U	gdramavarmapuram@gmail.com
93	Porathissery	0480-2823936	0	U	phcporathissery@gmail.com
94	Choondal	04885-242225	0	R	choondalphc@gmail.com
95	Kandanasserry	04885-230435	0	R	kandanasseryphc@gmail.com
96	Mathilakam	0480-2641250	0	R	phcmathilakam@gmail.com
97	Ollukkara	0487-2372010	0	U	phcollukkara@gmail.com
98	Avanoor	0487-2200310	0	R	phcavanoor@gmail.com
99	Koorkkanchery	0487-2448256	0	U	phckoorkanchery@yahoo.com,phckoorkanchery@gmail.com
100	Avinisserry	0487-2346898	0	R	phcavinisery@gmail.com
101	Mundathikodu	04885-267090	0	U	mundathikodephc@gmail.com
102	Pavaratty	0487-2642684	0	R	mopavaratty@gmail.com
103	Mupliyam	0480-2781846	0	R	phcmupliyam@gmail.com
104	Alagappanagar	0480-2755124	0	R	alagappanagarphc@gmail.com

**Rural- Nil                      Urban- Nil**

PALAKKAD					
Sl. No.		Phone Number	Sancti oned bed	R/ U	email-id
105	Melamuri	0491-2541880	0	U	phcmelamuri@gmail.com
106	Thachampara	04924-256400	0	R	phcthachampara@gmail.com
107	Thachanattukara	04924-262244	0	R	phckra@yahoo.in
108	Lakkidi	0466-2231189	20	R	phclakkidi@gmail.com
109	Ananganadi	0466-2242400	10	R	phcananganadi@yahoo.in
110	Nagalassery	04662-370687	0	R	phcnagalassery@gmail.com
111	Thirumittakode	0466-2259794	0	R	phcthirumittakode@gmail.com
112	Kottappuram	0466-2366121	8	R	phckottappuram@gmail.com
113	Kodumbu	0491-2570630	0	R	phckodumbu@gmail.com
114	Pudunagaram	04923-253930	0	R	pudunagaramphc@gmail.com
115	Parambikulam	04253-277266	0	R	phcparambikulam@gmail.com
116	Polpully	04923-221465	0	R	phcpolpully@gmail.com
117	Kulukallur	04662-216956	0	R	mophckulukallur@gmail.com
118	Thiruvegapura	0466-2219600	0	R	phcthiruvegappura@gmail.com
119	Vilayur	0466-2315062	0	R	vilayurphc@gmail.com
120	Pirayiri	0491-2509016	0	R	phcpirayiri@gmail.com
121	Melarcodde	04922-244077	0	R	melarcodde.phc@gmail.com
122	Nelliyampathy	04923-246456	0	R	nelliyampathyphc@gmail.com
		<b>Rural Bed- 38</b>	<b>Urban Bed- Nil</b>		

## MALAPPURAM

Sl. No.	Phone Number	Sancti oned bed	R/ U	email-id
123	Amarambalam	04931-261600	0 R	mophcamarambalam@gmail.com
124	Kurubalangode	04931-208408	0 R	mophckurumbalangode@gmail.com
125	Chathalloor	0483-2216655	0 R	phcchathallur@gmail.com
126	Kodur	0483-2800200	0 R	phckodur@gmail.com
127	Makkaraparamba	04933-287311	0 R	phcmakkaraparamba@gmail.com
128	Perumpadappu	0494-2653660	0 R	phcperumpadappu@gmail.com
129	Edappatta	04933-211300	0 R	phcedappatta@gmail.com
130	Keezhattur	04933-217100	10 R	keezhatturphc@gmail.com
131	Vettathur	04933-247320	0 R	mophcvettathur@gmail.com
132	Kadalundinagaram	0494-2470840	6 R	mokphc@gmail.com
133	Muthuvanoor Vilavil	0483-2114580	0 R	mophccheacode@gmail.com
134	Keezhuparamba	0483-2858866	0 R	mophckeezhuparamba@gmail.com
135	Pookottur	0483-2774860	24 R	mobphcpookkottur@gmail.com
136	Nediyiruppu	0483-2712161	0 U	mophcnediyiruppu@gmail.com
137	Oorakam	0494-2670420	0 R	mophcoorkam1@gmail.com
138	Athavanad	0494-2112594	0 R	mophcathavanad@gmail.com
139	Irimbiliyam	0494-2638800	0 R	mophcirimbiliyam@gmail.com
140	Ezhavanthuruthy	0494-2664701	0 U	mophcezhuvathiruthy@gmail.com
141	Cheriyamundam	0494-2589610	0 R	mophccheriyamundam@gmail.com
142	Kalpakanchery	0494-2612500	0 R	mphckalpakanchery@gmail.com
143	Othukkungal	0483-2838500	0 R	othukkungalphc@gmail.com
144	Thennala	0494-2101770	0 R	thennalaphcmo@yahoo.co.in
145	Mampad	04931-200288	10 R	phcmampad@gmail.com
146	Idarikode	0483-2118045	0 R	mophcedarikodenew@gmail.com
147	Kannamangalam	0494-2490179	0 R	kannamangalamphc@gmail.com
148	Kootayi	0494-2631888	0 R	mophckootayi@gmail.com

**Rural Bed- 50**

**Urban Bed- Nil**

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KOZHIKKODE					
Sl. No.		Phone Number	Sancti oned bed	R/ U	email-id
149	Mangad	0496-2647565	0	R	mangadphc@gmail.com
150	Kakayam	0496-2698191	12	R	phckakkayam@gmail.com
151	Vayalada	Nil	0	R	vayaladaphc@gmail.com
152	Koothali	0496-2663462	0	R	phckoothali@gmail.com
153	Cherupa	0495-2492045	16	R	mchcheruppa@gmail.com
154	Velom	0496-2770880	0	R	medphcvelom@gmail.com
155	Kunduthodu	0496-2566004	0	R	phckunduthode@gmail.com
156	Kuruvattoor	0495-2811900	0	R	phckuruvattoor@gmail.com
157	Choolur	0495-2801177	0	R	phcchoolur@gmail.com
158	Kakoor	0495-2552063	0	R	kakkurphc@gmail.com
159	Kizhakoath	0495-2201200	0	R	phckizhakoth@yahoo.in
160	Thurayur	0496-2470366	0	R	phcthurayur@gmail.com
161	Thuneri	0496-2557287	16	R	phctuneri@gmail.com
162	Cheryvannur Nellalam	0495-2422235	0	U	phcnallalam@gmail.com
163	Peruvayal	Nil	0	R	chcorkattery123@gmail.com
		<b>Rural Bed- 28</b>	<b>Urban Bed- Nil</b>		

WAYANAD					
Sl. No.		Phone Number	Sancti oned bed	R/ U	email-id
164	Chulliode	04936-266049	0	R	phc.chulliode@gmail.com
165	Varadoor	04936-289166	0	R	phc.varadoor@gmail.com
166	Kappukunnu	04936-273322	0	R	phc.kappukunnu@gmail.com
167	Mooppainad	04936-230285	0	R	phc.mooppainad@gmail.com
168	Valad	04935-266586	0	R	phc.valad@gmail.com

**Rural Bed- 0                      Urban Bed-0**

KANNUR					
Sl. No.		Phone Number	Sancti oned bed	R/ U	email-id
169	Chuzhali	0460-2261687	0	R	phcchuzhali@gmail.com
170	Muttom	0497-2875956	0	R	muttomphc@yahoo.com
171	Alakkad	0460-2281400	0	R	phcalakkad@gmail.com
172	Eruvesy	0460-2292239	0	R	moeruvessy@gmail.com
173	Kolachery	0460-2244500	24	R	phckolachery@gmail.com
174	Pampuruthy	0497-2244786	0	R	pampuruthyphc@gmail.com
175	Chandanakampara	0460-2214300	0	R	phcckpara@gmail.com
176	Chittariparamba	0490-2301388	0	R	phcchittariparamba@gmail.com
177	Karikkottakkari	0490-2456111	0	R	phckarikkottakari@gmail.com
178	Angadikadavu	0490-2427270	24	R	phcangadi@gmail.com
179	Urathur	04602-278312	0	R	phcurathur@gmail.com
180	Keezhallur	0490-2485930	0	R	phckeezhallur@gmail.com
181	Kudiyamala	04602-219190	4	R	phckudiyamala@gmail.com
182	Alacode (Manakkadavu)	0460-2287188	0	R	phcmanakkadavu@gmail.com
183	Ezhome	0497-2815163	0	R	phcezhome@gmail.com
184	Panniyanoor	0490-2312730	24	R	phcpanniyanur@gmail.com
185	Kannapuram	0497-2863468	0	R	phckannapuram@gmail.com

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186	Puzhathi	0497-2748950	0	U	medicalofficerphcpuzhathy@gmail.com
187	Pallikunnu	0497-2744020	0	U	phcpallikunnu@gmail.com
188	Kanichar	0490-2445422	24	R	mophckanichar@gmail.com
189	Chalil	0490-2343450	0	U	chalilphc@gmail.com

**Rural Bed- 100                      Urban Bed- Nil**

KASARAGOD					
Sl. No.		Phone Number	Sancti oned bed	R/ U	email-id
190	Karicheri	04994-284829	0	R	phckaricheri@gmail.com
191	Bandadka	04994-215585	0	R	phcbandadka@gmail.com
192	Kalanad	04994-237086	0	R	phckalanad@gmail.com
193	Chengala	04994-282824	0	R	phcchengala@gmail.com
194	Konnakkad	0467-2249105	0	R	phckonnakkad@gmail.com
195	Meenja	04998-252820	0	R	phcmeenja@gmail.com

196	Arikady	04998-232200	0	R	phcarikady@gmail.com
197	Madhur	04994-241177	0	R	phcmadhur@gmail.com
198	Angadimogaru	04998-250292	0	R	phcangadimogaru@gmail.com
199	Vaninagar	04998-266550	0	R	phcvaninagar@gmail.com
		<b>Rural Bed- Nil</b>			<b>Urban Bed- Nil</b>