



HEALTH EDUCATION PROGRAMME

(Prepared by Sobha Ganesh, Communication Officer, PHTS, TvpM)

Venue: Sri Chitra Home, TvpM.

Date:28/05/2014

Organizers: Public Health Training School

PROGRAMME SHEET

Chair person: Dr.J.Padmalatha, Principal, PHTS

Inaugural function

Prayer: Students, Sri Chitra Home

Welcome: Smt.Sobha Ganesh, Communication Officer, PHTS

Address.: Dr.J.Padmalatha, Principal,PHTS

Inauguration: Shri.Sreekantan Nair,Administrative Officer, Sri Chitra Home

Felicitation Speech: Shri.D.Sasi,Dist. Education & Media Officer,Tvp.

Handing over of Note Books to Sri Chitra Home : Dr.J.Padmalatha,
Principal,PHTS

Receiving Note books: Shri.Sreekantan Nair,Administrative Officer, Sri Chitra
Home

Discussion Class:

Health Promotion:Dr.Renji.K.Rajan, Asst.Surgeon, PHTS

Cultural Programmes

1. Tableau : Nayana Mohanan & Party (Message on No Mosquito and Environmental Sanitation)
- 2.Dance: Kanishka.S & Party
- 3.Vanchippattu:Remya Das & Party(Message on TB)
- 4.Song: Arun E.T
- 5.A short film:Oru Kadha,Oru Padam: A Creation of DHIC students
- 6.An Advertisement: Samsara (No Smoking) :A Creation of DHIC students
- 7.Thullal Pattu: Achumol Ajith & Party(Message on Public Health)
8. Group Song: Niveditha.T.S& Party
- 9.Dance: Anila Mohanan & Kaniska.S
- 10.Socio drama : Aswin Saran Rajan & Party(Message-No Smoking).
- 11.Song:Arun & Sreelaju.I(Public Health)
12. A visual entertainment: Achumol Ajith & Party(No Smoking)
- 13.Poem: Niveditha.T.S (No Smoking)
14. Song : Sreelaju. I & Party (Public Health)

Vote of Thanks

Nayana Mohanan, Student, 2nd DHIC, PHTS





Sri Chitra Home, Tvpm.



Public Health Training School, Tvpm.

HEALTH EDUCATION PROGRAMME

At

SRI CHITRA HOME, Tvpm.-A Report

Diploma in Health Inspector Course students of Public Health Training School(PHTS), Tvpm . organized a health education programme at Sri Chitra Home, Tvpm. under the leadership of Principal and faculty members of PHTS, Tvpm. The 2012-'14 Batch of students could visit Sri Chitra Home along with Communication Officer on 26/03/2013 out of social interest. Principal, PHTS and Superintendent, Sri Chitra Home facilitated the same.

During the last visit, the students realized the need for an intensive health education programme for the inmates of the home and this was the motivating factor for organizing a programme on 28/05/2014. Students made all arrangements in the auditorium of the Home on the previous day for conducting educational programme. Stage arrangements were made, posters designed by students on health promotion was exhibited, note books for donation was purchased, registration sheet, programme sheet and evaluation questionnaire were prepared.



The health education programme started at 10 A.M.



Prayer: Inmates of the Home

Principal , Public Health Training School, Dr. J.Padmalatha chaired the function. Shri. Sreekantan Nair, Administrative Officer of the Home inaugurated the programme. Principal, PHTS handed over 165 notebooks for the administrative officer. There are 165 students in the Home. Communication Officer and District Education and Media Officer also spoke on the occasion.



Dr.J.Padmalatha,Principal,PHTS is delivering the presidential address. Shri.Sreekantan Nair, Administrative Officer,Sri Chitra Home, Ganesh,Communication Officer, PHTS and Shri.D.Sasi ,DEMO are seen in the photo.



Dr.J.Padmalatha,Principal,PHTS is handing over Note Books to Shri.Sreekantan. Nair, Administrative Officer,Sri Chitra Home.

Dr.Renji .K.Rajan, Asst.Surgeon, PHTS lead a discussion class on the topic 'Health Promotion'. Physiological, psychological and social aspect of health was dealt with in the discussion class.



Various cultural programmes with health message performed by the students include Tableau, Dance, Song, Vanchippattu, Sociodrama, Poem, Mime etc. A film created by students named 'A story, A Lesson'(Oru Kadha, Oru Padam) and an advertisement named 'Samsara' both with message on prevention of smoking were also shown in the programme. The inmates of Sri Chitra Home also sang

songs and made dance performances. Communication Officer congratulated Aswin Anirudh and Chippy.S. for coming out in third position in the quiz competition on 'No smoking' organized by DMOH, Tvpm and Regional Cancer Centre, Tvpm. Engineering College and Medical College, Tvpm came out in 1st and 2nd position. DHIC student Rajesh R.P. designed a new poster on 'No Smoking' which was also displayed in the exhibition.

Personal hygiene, Environmental Sanitation, Dry Day Observance, No Smoking, Nutrition etc. were the various topics selected for delivering health message through different communication methods.

An evaluation was also conducted in order to give a learning experience for students on assessing health programmes . A questionnaire was prepared. The same was administered before and after the programme. The evaluation was conducted with the co-operation of Management Instructor, PHTS. The programme ended with a group song with students of PHTS and the Home. The funds for the programme were mobilized as a united effort of the Principal, Faculty members and students. Ms. Nayana Mohanan delivered vote of thanks and programme came to a close at 1 P.M.

(More photos in the next file)
