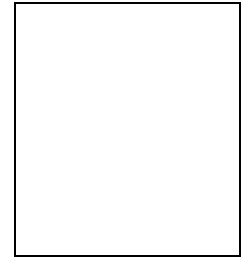


# PHYSICAL FITNESS CERTIFICATE

(Rule 13 Part 1KSR)  
[G.O. (P) No. 20/2011/P&ARD dated 30/06/2011]



I do hereby certify that I have examined Shri/Smt.....

.....  
.....

a candidate for employment in the .....

department and cannot discover that he/she has any disease, bodily or constitutional affection except.....

I do not consider this a disqualification for the post of.....

.....His/Her age is according to his/her own statement is.....years and by appearance .....years.

He/She has normal distant vision (.....)

and he/she is free from colour blindness.

He/She has been vaccinated/re-vaccinated or bears marks of successful vaccination.

Identification marks:

1.

2.



\*Physical Measurement:

Left hand thumb impression

Height :

Weight :

Chest- Normal :

Expanded :

Signature of Medical Officer

\*In the case of Posts such as Police Constable, Excise Guard, Forest Guard, Jail Warder etc.