



**nCorona Virus Outbreak Control and Prevention State Cell**  
**Health & Family Welfare Department**  
**Government of Kerala**

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**COVID-19 HEALTH ADVISORY FOR TRAVEL & TOURISM SECTOR**

**Date:13 March 2020**

**Ref:** i) No.1/Comm/Bol/2020 , New Delhi dt march 11,2020

1. Any foreign national who intends to travel to India for compelling reason may contact the nearest Indian Mission.
2. All international Passengers entering into India are required to furnish duly filled self-declaration form in duplicate (including personal particulars i.e. phone no. and address in India, available on Ministry of Health & Family Welfare, Govt. of India web site, [www.mohfw.gov.in](http://www.mohfw.gov.in)) to Health Officials and Immigration officials and Universal Health Screening at the designated health counters at all Points of Entry.
3. All incoming international passengers returning to India are also required to fill self declaration form in duplicate as stated above and should self- monitor their health and follow required do's and dont's as detailed by the Government.
4. **Incoming travellers, including Indian nationals**, are advised to avoid non-essential travel and are informed that they can be quarantined for a minimum of 14 days on their arrival in Kerala.(refer Table below)
5. **Indian nationals** are further strongly advised to refrain from travelling to China, Italy, Iran, Republic of Korea, France, Spain and Germany.
6. The following quarantine measures are applicable as per the table below.

Category	Quarantine	If Symptoms develop
<p>A. Traveller coming from a country with <b>local transmission</b> of COVID-19 in the last 14 days, as updated in the daily situation report published by WHO#</p> <p><a href="https://www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports/">https://www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports/</a></p>	<p>Should be quarantined in the place of stay itself;</p> <p><b>High Risk contact:</b> <b>28days</b></p> <p><b>Low Risk Contact:</b> <b>14days</b></p>	<p>Inform DISHA Helpline for further guidance and followup.</p> <p>DISHA(24x7) phone number: 1056</p>
<p>B. Traveller coming from a country which has <b>reported</b> COVID-19 in the last 14 days <b>but no Local transmission</b>, as updated in the daily situation report published by WHO</p>	<p>Should be quarantined in the place of stay itself:</p> <p><b>High Risk contact:</b> <b>28days</b></p> <p><b>Low Risk contact-</b> Avoid non - essential travel and social/community contact.</p>	<p>0471 2309250</p> <p>0471 2309251</p> <p>0471 2309252</p> <p>0471 2309253</p>
<p>C. Traveller coming from a country which has <b>not reported</b> COVID19 in the last 14 days, as updated in the daily situation report published by WHO</p>	<p>Should be quarantined in the place of stay itself:</p> <p><b>High Risk contact:</b> <b>28days</b></p> <p><b>LowRisk contact-</b> Avoid non - essential travel and social/community contact for 14 days.</p>	<p>0471 2309254</p> <p>0471 2309255</p>
<p>D. Local Contacts (Hotel staff/travel agents/drivers/waiters etc) of people coming</p>	<p>Avoid non- essential travel and community/social</p>	



<p>from countries with <b>reported local transmission:</b></p>	<p>contact for 14 days from last exposure. Follow DO's and DONT's</p>	
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**High Risk (HR) Contact:**

1. Contact with a confirmed case of COVID-19.
2. Travelers who visited a hospital where COVID-19 cases are being treated
3. Travel to a province where COVID-19 LOCAL TRANSMISSION is being reported as per WHO daily situation report.
4. Touched body fluids of patients (respiratory tract secretions, blood, vomitus, saliva, urine, faeces).
5. Had direct physical contact with the body of the patient including physical examination without PPE.
6. Touched or cleaned the linens, clothes or dishes of the patient
7. Close contact, within 3 feet (1 metre) of the confirmed case
8. Co-passengers in an aeroplane /vehicle seated in the same row, 3 rows in front and behind of a confirmed COVID19 case

**Low Risk (LR) Contact:**

1. Shared the same space (same classroom/same room for work or similar activity and not having high risk exposure to the confirmed/suspected case)
2. Travel in the same environment (bus/train) but not having high risk exposure as cited above.
3. Any traveler from abroad not satisfying high risk criteria

**A contact is a person that is involved in any of the following:**

- Providing direct care without proper personal protective equipment (PPE) for COVID-19 patients

- Staying in the same close environment of a COVID-19 patient (including workplace, classroom, household, gatherings)
- Travelling together in close proximity (within 1 m) with a symptomatic person who later tested positive for COVID-19.

**General directions:**

- i. Symptomatic and quarantined travelers isolated in the hotels/resorts/homestays/lodges etc should not use swimming pools, restaurants, gyms and business centres in the hotel/resorts etc. Food and refreshments shall be provided to their place of isolation. Secluded cottage type /room accommodation is preferred. If symptoms develop or worsens they should contact DISHA help line for further guidance and follow-up.
- ii. The cost of testing of a foreign national will have to be borne by the concerned traveller as per the actual cost.
- iii. If the test for COVID 19 is negative then the concerned traveller can be sent out of Kerala back to the country of origin or any other country as per existing advisory of that country.
- iv. The test result certificate will be handed over to the traveller with the following disclaimer: *“ This certificate is issued for the traveller to fly out of Kerala. The traveller is found to be negative for COVID 19 test on this day but this will no way guarantee that the traveller will not contract the infection on the way to country of origin or in the country of origin itself or from any other source”*.
- v. The foreign nationals who are already in Kerala shall contact DISHA HELPLINE 1056 if not done already .
- vi. Staff should maintain personal hygiene and interact with travellers with a minimum distance of 6 feet. Every hotel should have facility (rooms) to isolated/quarantined suspected guests and staff and adequate supply of medical masks and hand sanitisers.

- vii. Rooms used by the guests with symptoms should be disinfected with commercial lysol / ecoshield / silvox etc. Linen used by symptomatic travellers should be disinfected with 0.5% bleach solution. (3 tea spoon (15grams) bleaching powder in 1 litre water prepared adequately)
- viii. Travellers are advised to observe cough etiquette/ respiratory hygiene, avoid contact with symptomatic persons. Practice frequent hand washing with soap and water or hand sanitizer. They are also advised to avoid large community/social gatherings.
- ix. Drivers engaged in transportation of symptomatic guests should wear triple layer mask and avoid air conditioning. Vehicle should be sanitized with lysol / ecoshield / silvoxetc after transporting the symptomatic guests.
- x. Directions in the multi-language "does" and "dont's" leaflets with Helpline Numbers given to all travellers and hospitality staff should be strictly followed..
- xi. Daily updated list of corona affected countries are available on the World Health Organization Website: [www.WHO.int](http://www.WHO.int)
- xii. Pl visit [dhs.kerala.gov.in](http://dhs.kerala.gov.in) for list of designated hospitals in Kerala state

\* Close Contact: Reference: nCorona guidelines: Department of Health and Family Welfare, Govt. of Kerala, 26 January, 2020.( [dhs.kerala.gov.in](http://dhs.kerala.gov.in))

  
PRINCIPAL SECRETARY