

COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL HEALTH & FAMILY WELFARE DEPARTMENT GOVT. OF KERALA

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Kerala Epidemic Diseases, COVID-19 Regulations, 2020

In exercise of the powers conferred by sections 2, 3 & 4 of the Epidemic Diseases Act, 1897 (Central Act 3 of 1897), the Government of Kerala has issued regulations as Kerala Epidemic Diseases, COVID-19 Regulations, 2020.for the strict compliance, for the containment management and control of COVID-19 21-3-2020 as part of endeavor to eliminate COVID-19 from the State.

Advisories

Any person with travel history to COVID19 affected countries or person with contact with such a traveler, whether they are having symptoms or not, must remain in home isolation. Do frequent hand washing with soap and water. Avoid social greetings by touching, like hugs or handshake. Don't touch your face, nose and eyes. Use handkerchief while coughing/ sneezing. Use masks, only if you are taking a care of a person with suspected COVID-19 infection, or if you have symptoms. Healthy persons are not supposed to wear medical masks. Those who are wearing masks should know how to use and dispose it properly. N95 masks should not be worn by the public.

- The guidelines for beauty parlors and saloons and Guidelines for employees in shopping centres and malls dt 20/03/2020 have been published in the website of DHS
- Training and IEC videos prepared by the department is available on The "Kerala Health Online Training" You Tube channel of the Directorate of Health Services (https://www.youtube.com/c/keralahealthonlinetraining).

Guidelines

The following guidelines were issued: Interim treatment guidelines, Guidelines for routine vaccination, Advisory for pregnancy and labour management and the Quarantine of Health care workers who are asymptomatic secondary contacts

Date: 27/03/2020

WHO has declared the COVID-19 epidemic affecting 199 countries as a Pandemic. Considering the increase in number of cases, COVID 19 has been re-notified as a

state specific disaster on 20.03.2020. Kerala state has strengthened the surveillance and control measures against the disease in view of the same.

Home/Hospital Isolation

• 110299 persons are placed under surveillance, out of which 109683 are under home isolation and 616 are admitted in designated isolation facilities.

Sample Testing

• Till date 5679 samples of suspect cases have been sent for testing out of which 4448 came as negative.

Test Results

- Total confirmed cases under treatment till yesterday were 125.
- 39 new cases have been declared positive. Out of this 34 are from Kasaragod, 2 from Kannur, one person each from Kozhikode, Thrissur and Kollam
- Therefore, as of now there are 164 positives under treatment.

Complimentary Activities

- Covid Care Centres have been established in all districts with a view to accommodate people who have been advised home isolation but have no residence in Kerala(e.g.: Tourists, people in transit etc). And to accommodate any person in home isolation but not following the home isolation guidelines. These centers will also accommodate the Keralite returning from various states in India.
- For providing psychosocial support to the families of suspected persons 679
 persons have been deployed across the state. 56243 tele counselling services
 were provided till date.
- Home isolation ensured with the help of squads at LSG level including health staff, police and volunteers.
- Adequate infrastructure facilities have been ensured at all designated isolation facilities.
- Human resource management teams have been constituted at the state and district levels. Adequate HR has been ensured for isolation, transport, isolation services, contact tracing and call centre.
- The Department of Health and Family welfare calls out for participation of the health practitioners to join hands with the state in the fight against COVID-19. You may enroll using the link provided below for offering voluntary service at the Isolation facilities in hospitals/ homes, patient management in wards, screening at airports, seaports, railway stations and bus stations. Interested health practitioners may fill up the details in this form and submit. The Department of health and family welfare, Kerala shall contact you soon.

Join us at https://forms.gle/3FtcS7ovp1YGG9539

Annexure -1: Details of persons under Surveillance

District	No. of Persons under observation as on today	No. of persons under home isolation as on today	No. of symptomatic persons hospitalized as on today	No. of persons hospitalized today
Thiruvananthapuram	11024	10923	101	13
Kollam	17021	17008	13	7
Pathanamthitta	6975	6951	24	8
Idukki	1538	1533	5	2
Kottayam	3207	3200	7	0
Alappuzha	5620	5600	20	4
Ernakulam	3919	3884	35	10
Thrissur	13455	13408	47	6
Palakkad	5366	5324	42	16
Malappuram	11346	11256	90	24
Kozhikode	10474	10437	37	4
Wayanad	4269	4264	5	1
Kannur	10128	10041	87	14
Kasaragod	5957	5854	103	3
Total	110299	109683	616	112

Annexure -2: Chronology of Positive cases

Date	No. of patients	District	Present Status	Remarks
	3	Thrissur Alappuzha Kasargod	Negative	Discharged
9.03.2020	5	Pathanamthitta	4 Positive,	Under treatment
		Employee (Konstanting)	1 Negative	Discharged
9.03.2020	1	Ernakulam(Kannur native)	Negative	Discharged
10.00.000	0	Pathanamthitta – 4 Kottayam – 2	Positive Positive	Under treatment Under treatment
10.03.2020	8	Ernakulam -2(Kannur native)	Negative	Discharged
		Kannur –1	Negative	Discharged
12.03.2020	2	Thrissur -1	Negative	Discharged
		Thiruvananthapuram -1	Negative	Discharged
13.03.2020	3	Thiruvananthapuram -2	Positive	Under treatment
		Thiruvananthapuram -1	Positive	Under treatment
15.03.2020	2	ldukki-1	Positive	Under treatment
10.00.000		Malappuram -2,	Positive	Under treatment
16.03.2020	3	Kasaragod-1	Positive	Under treatment
19.03.2020	1	Kasaragod-1	Positive	Under treatment
	10	Ernakulam-6	Positive	Under treatment
20.03.2020	12	Kasaragod-6	Positive	Under treatment
		Ernakulam-3	Positive	Under treatment
	12	Kannur-3	Positive	Under treatment
21.03.2020	12	Kasaragod-6	Positive	Under treatment
22.03.2020	15	Ernakulam-2 Malappuram-2 Kozhikode-2 Kannur-4 Kasaragod-5	Positive	Under treatment
23.03.2020	28	Pathanamthitta-1 Thrissur-1 Ernakulam-2 Kannur-5 Kasaragod-19	Positive	Under treatment
24.03.2020	14	Thiruvananthapuram-1 Alappuzha-1 Kottayam-1 Ernakulam-1 Palakkad-1 Malappuram-1 Kozhikode-2 Kasaragod-6	Positive	Under treatment
25.03.2020	9	Kozhikode-1 Palakkad-2 Pathanamthitta-2 Ernakulam-3 Idukki-1	Positive	Under treatment

Date	No. of patients	District	Present Status	Remarks
26.03.2020	19	Kannur-9 Kasaragod-3 Malappuram-3 Thrissur-2 Idukki-1 Wayanad-1	Positive	Under treatment
27.03.2020	39	Kasaragod-34 Kannur-2 Kozhikode-1 Thrissur-1 Kollam-1	Positive	Under treatment

- 176 persons have been tested positive till date since the outbreak in Kerala
- 164 persons are currently under treatment

District wise distribution based on hospital admission

District	No. of positive cases admitted	Other Districts
Thiruvananthapuram	5	1 Malappuram
Pathanamthitta	9	-
Alappuzha	1	-
Kottayam	5	2 Pathanamthitta
		4 foreigners, 2 Kannur, 1
Ernakulam	15	Malappuram
Thrissur	4	-
Palakkad	3	-
Malappuram	7	-
Kozhikode	9	1 Kannur,2 Kasaragod
Kannur	26	3 Kasaragod
Kasaragod	76	-
Idukki	2	-
Wayanad	1	
Kollam	1	
Total	164	