

COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL HEALTH & FAMILY WELFARE DEPARTMENT GOVT. OF KERALA

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Kerala Epidemic Diseases, COVID-19 Regulations, 2020

In exercise of the powers conferred by sections 2, 3 & 4 of the Epidemic Diseases Act, 1897 (Central Act 3 of 1897), the Government of Kerala has issued regulations as Kerala Epidemic Diseases, COVID-19 Regulations, 2020.for the strict compliance, for the containment management and control of COVID-19 21-3-2020 as part of endeavor to eliminate COVID-19 from the State.

Advisories

Any person with travel history to COVID19 affected countries or person with contact with such a traveler, whether they are having symptoms or not, must remain in home isolation.

The person who travel from other states and come to the state of Kerala in the last 13days and other incoming persons from Kerala must remain in isolation provided by the Department in the respective districts. All may do frequent hand washing with soap and water. Avoid social greetings by touching, like hugs or handshake. Don't touch your face, nose and eyes. Use handkerchief while coughing/ sneezing. Use masks, only if you are taking a care of a person with suspected COVID-19 infection, or if you have symptoms. Healthy persons are not supposed to wear medical masks. Those who are wearing masks should know how to use and dispose it properly. N95 masks should not be worn by the public.

Guidelines

The following guidelines were issued: Interim treatment guidelines, Guidelines for routine vaccination, Advisory for pregnancy and labour management and the Quarantine of Health care workers who are asymptomatic secondary contacts

Date:25/03/2020

WHO has declared the COVID-19 epidemic affecting 195 countries as a Pandemic. Considering the increase in number of cases, COVID 19 has been re-notified as a state specific disaster on 20.03.2020. Kerala state has strengthened the surveillance and control measures against the disease in view of the same.

Home/Hospital Isolation

• 76542personsare placed under surveillance, out of which 76010 are under home isolation and 532 are admitted in designated isolation facilities.

Sample Testing

• Till date 4902 samples of suspect cases have been sent for testing out of which 3465 came as negative.

Test Results

- Total confirmed cases and under treatment till yesterday were 105.
- 9 new cases have been declared positive today. Out of this, two persons are from Palakkad, three from Ernakulam, two from Pathanamthitta, one from Idukki and One from Kozhikode.
- Two persons (one foreigner from Trivandrum and one from Thrissur) who were under treatment have been discharged as they are now tested negative.
- Therefore, as of now there are 112 positives under treatment.

• Complimentary Activities

- Covid Care Centres have been established in all districts with a view to accommodate people who have been advised home isolation but have no residence in Kerala(e.g.: Tourists, people in transit etc). And to accommodate any person in home isolation but not following the home isolation guidelines. These centers will also accommodate the Keralite returning from various states in India.
- For providing psychosocial support to the families of suspected persons 375
 persons have been deployed across the state. 35312 tele counselling services
 were provided till date.
- Home isolation ensured with the help of squads at LSG level including health staff, police and volunteers.
- Adequate infrastructure facilities have been ensured at all designated isolation facilities.
- Human resource management teams have been constituted at the state and district levels. Adequate HR has been ensured for isolation, airport surveillance, transport, isolation services, contact tracing and call centre
- The Department of Health and Family welfare calls out for participation of the health practitioners to join hands with the state in the fight against COVID-19. You may enroll using the link provided below for offering voluntary service at the Isolation facilities in hospitals/ homes, patient management in wards, screening at airports, seaports, railway stations and bus stations. Interested health practitioners may fill up the details in this form and submit. The Department of health and family welfare, Kerala shall contact you soon.

Join us at https://forms.gle/3FtcS7ovp1YGG9539 Annexure -1: Details of persons under Surveillance

| District | No. of Persons under observation as on today | No. of persons under home isolation as on today | No. of symptomatic persons hospitalized as on today | No. of persons hospitalized today |
|--------------------|--|---|---|---|
| Thiruvananthapuram | 6409 | 6315 | 94 | 16 |
| Kollam | 1192 | 1186 | 6 | 0 |
| Pathanamthitta | 4461 | 4440 | 21 | 1 |
| Idukki | 1224 | 1221 | 3 | 1 |
| Kottayam | 2688 | 2681 | 7 | 1 |
| Alappuzha | 5592 | 5574 | 18 | 4 |
| Ernakulam | 3308 | 3274 | 34 | 3 |
| Thrissur | 12081 | 12044 | 37 | 11 |
| Palakkad | 5420 | 5384 | 36 | 8 |
| Malappuram | 10515 | 10460 | 55 | 44 |
| Kozhikode | 9980 | 9937 | 43 | 10 |
| Wayanad | 1911 | 1908 | 3 | 0 |
| Kannur | 7967 | 7886 | 81 | 14 |
| Kasaragod | 3794 | 3700 | 94 | 9 |
| Total | 76542 | 76010 | 532 | 122 |

Annexure -2: Chronology of Positive cases

| Date | No. of patients | District | Present Status | Remarks |
|------------|-----------------|---|----------------|-----------------|
| | 3 | Thrissur Alappuzha Kasargod | Negative | Discharged |
| 9.03.2020 | 5 | Pathanamthitta | Positive | Under treatment |
| 9.03.2020 | 1 | Ernakulam | Positive | Under treatment |
| 10.03.2020 | 8 | Pathanamthitta – 4Kottayam – 2 Ernakulam –2 | Positive | Under treatment |
| 12.03.2020 | 2 | Kannur -1 Thrissur -1 | Negative | Discharged |
| | | Thiruvananthapuram -1 | Negative | Discharged |
| 10.00.2020 | | Thiruvananthapuram -2 | Positive | Under treatment |
| 15.03.2020 | 2 | Thiruvananthapuram -1 Idukki-1 | Positive | Under treatment |
| 16.03.2020 | 3 | Malappuram -2, Kasaragod-1 | Positive | Under treatment |
| 19.03.2020 | 1 | Kasaragod-1 | Positive | Under treatment |
| 20.03.2020 | 12 | Ernakulam-6 Kasaragod-6 | Positive | Under treatment |
| 21.03.2020 | 12 | Ernakulam-3 Kannur-3 Kasaragod-6 | Positive | Under treatment |
| 22.03.2020 | 15 | Ernakulam-2 Malappuram-2 Kozhikode-2 Kannur-4 Kasaragod-5 | Positive | Under treatment |
| 23.03.2020 | 28 | Pathanamthitta-1 Thrissur-1 Ernakulam-2 Kannur-5 Kasaragod-19 | Positive | Under treatment |
| 24.03.2020 | 14 | Thiruvananthapuram-1 Alappuzha-1 Kottayam-1 Ernakulam-1 Palakkad-1 Malappuram-1 Kozhikode-2 Kasaragod-6 | Positive | Under treatment |
| 25.03.2020 | 9 | Kozhikode-1 Palakkad-2 Pathanamthitta-2 Ernakulam-3 Idukki-1 | Positive | Under treatment |

^{• 118} persons have been tested positive till date since the outbreak in Kerala

^{• 6} persons turned out negative and discharged

^{• 112} persons are currently under treatment

District wise distribution based on hospital admission

| District | No. of positive cases admitted |
|--------------------|--------------------------------|
| Thiruvananthapuram | 4 |
| Pathanamthitta | 10 |
| Alappuzha | 1 |
| Kottayam | 5 |
| Ernakulam | 20 |
| Thrissur | 1 |
| Palakkad | 3 |
| Malappuram | 5 |
| Kozhikode | 6 |
| Kannur | 15 |
| Kasaragod | 41 |
| Idukki | 1 |
| Total | 112 |