



COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL
HEALTH & FAMILY WELFARE DEPARTMENT
GOVT. OF KERALA

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Kerala Epidemic Diseases, COVID-19 Regulations, 2020

In exercise of the powers conferred by sections 2, 3 & 4 of the Epidemic Diseases Act, 1897 (Central Act 3 of 1897), the Government of Kerala has issued regulations as Kerala Epidemic Diseases, COVID-19 Regulations, 2020 for the strict compliance, for the containment management and control of COVID-19 21-3-2020 as part of endeavor to eliminate COVID from the State.

Advisories

- Do frequent hand washing with soap and water. Avoid social greetings by touching, hugging or handshaking.
- Do not touch your face, nose and eyes.
- Use handkerchief while coughing/ sneezing. It is advisable for all to use masks during the COVID 19 pandemic season. N95 masks should not be worn by the public.
- Training and IEC videos prepared by the department are available on "[Kerala Health Online Training](#)" YouTube channel of the Directorate of Health Services.

Guidelines

The following guidelines were issued and published in the website of DHS:

1. Railway Surveillance guidelines.
2. Advisory on COVID-19 sentinel surveillance activity using RT-PCR.
3. Advisory on RT-PCR pooled testing for COVID-19
4. Testing guideline with respect to sentinel surveillance, follow up testing for positive cases. G.O.(Rt)No.857/2020/H&FWD
5. Detailed advisory regarding home quarantine. G.O.(Rt)No.857/2020/H&FWD

Home quarantine Advisory

- (1) Everyone who comes from other states should be subjected to medical examination and those with symptoms of the disease are to be hospitalized for further examination and treatment. They are to be kept in observation until RT-PCR results become negative, after which they may be sent home for completing 14 days of quarantine.
- (2) Those who do not show any symptoms during medical examination may be sent for home quarantine for a period of 14 days. If they turn symptomatic while on home quarantine, they must be followed up and sent for further examination and RT-PCR testing.
- (3) For those persons who cannot follow home quarantine guidelines as published in G.O.(Rt)No.857/2020/H&FWD should be sent for Government Institutional Quarantine or Selected Paid Quarantine Facilities.

Call Centre: 0471 2309250, 2309251, 2309252, 2309253, 2309254, 2309255

Date: 26/05/2020

WHO has declared the COVID-19 epidemic affecting **216** countries, areas or territories as a Pandemic. Considering the increase in number of cases, the state has strengthened the surveillance and control measures against the disease in view of the same.

Home/Hospital Isolation

- **104336** persons are placed under surveillance, out of which **103528** are under home/institutional quarantine and **808** are admitted in designated isolation facilities.

Sample Testing

- Till date **56704** samples (including augmented samples) have been sent for testing out of which **54836** came as negative.
- Apart from above, **8599** samples were taken from priority groups like health care workers, persons with high social exposure, workers etc. as part of Sentinel surveillance of which **8174** samples tested negative.

Test Results

- Total confirmed cases under treatment till yesterday were **359**.
- **67** new COVID-19 positive cases have been declared today of which 29 from Palakkad, 8 from Kannur, 6 from Kottayam, 5 each from Ernakulam and Malappuram, 4 each from Kollam and Thrissur and 3 each from Alappuzha and Kasaragod.
- **COVID-19 patient from Kannur under treatment in Kozhikode expired yesterday.**
- Test results of **10** COVID-19 patients under treatment in have been declared negative. Of which 2 each are from Ernakulam (1 Palakkad native), Malappuram, and Kasaragod and 1 each from Alappuzha, Kottayam, Palakkad and Kozhikode (1 Malappuram native).
- At present, **415 Positive cases** are under treatment.
- As per GO (Rt) No. 740/2020/H&FWD dated 19.04.2020 and GO (Rt) No. 740/2020/H&FWD dated 20.04.2020, Hotspots were notified in the state. Based on the daily report by SDMA the list will be modified, and the revised list is attached as annexure.

Complimentary Activities

- In view of recent trend of COVID-19 positivity in Kerala following the existing advisories under the current strategy, it is decided to augment the testing among the general population by taking 3000 more samples randomly on 26th April 2020 with the objective of detecting any undetected COVID-19 positivity among general population in Kerala.
- Xpert-SARS-CoV testing has been initiated in Govt. Medical Colleges Thiruvananthapuram, Ernakulam and Kozhikode for testing samples with emergency nature such as for emergency surgery, symptomatic health worker, sick patients or COVID suspected death.
- COVID Care Centres have been established in all districts with a view to accommodate people who have been advised home isolation but have no residence in Kerala (e.g.: Tourists, people in transit etc). And to accommodate any person in home isolation but not following the home isolation guidelines. These centres will also accommodate the Keralites returning from various states in India.
- For providing Psycho Social Support, 1107 personnel are working and have given psycho social support calls to 3,01,174 numbers of persons in quarantine/ isolation. In addition to this, Psycho Social Support calls are given to mentally ill patients, Children with Special Needs, Guest Labourers, and Elderly People living alone. Counselling service is also given to alleviate stress of personnel working in corona outbreak control activities. A total of 8,91,126 Psycho Social Support and Counselling Calls have been given to all such categories till date. Co-ordination of Community Based De-addiction is also being done.
- Home isolation is being ensured with the help of squads at LSG level including health staff, police and volunteers.
- Adequate infrastructure facilities have been ensured at all designated isolation facilities.
- Kerala arogyam portal (health.kerala.gov.in) with comprehensive information on department of Health and Family Welfare was launched by Hon. Health Minister.

Annexure 1: Details of persons under Surveillance

District	No. of Persons under observation as on today	No. of persons under home/institutional quarantine as on today	No. of symptomatic persons hospitalized as on today	No. of persons hospitalized today
Thiruvananthapuram	7301	7199	102	18
Kollam	5955	5931	24	7
Pathanamthitta	4814	4793	21	10
Idukki	4690	4687	3	1
Kottayam	6484	6466	18	8
Alappuzha	5046	5009	37	8
Ernakulam	9541	9479	62	11
Thrissur	9570	9521	49	6
Palakkad	11116	11030	86	11
Malappuram	11616	11491	125	26
Kozhikode	8912	8850	62	25
Wayanad	3849	3837	12	2
Kannur	10577	10412	165	40
Kasaragod	4865	4823	42	13
Total	104336	103528	808	186

Annexure 2: Chronology of Positive cases

Date	No. of patients	District	Present Status	Remarks
30.01.2020	1	Thrissur-1	Negative	Discharged
02.02.2020	1	Alappuzha-1	Negative	Discharged
03.02.2020	1	Kasaragod-1	Negative	Discharged
9.03.2020	6	Pathanamthitta-5 Ernakulam-1 (Kannur native)	Negative	Discharged
10.03.2020	8	Kottayam-2 Pathanamthitta -4 Ernakulam -2 (Kannur native)	Negative	Discharged
12.03.2020	2	Thrissur -1 Kannur -1	Negative	Discharged
13.03.2020	3	Thiruvananthapuram -3	Negative	Discharged
15.03.2020	2	Thiruvananthapuram -1 Idukki-1	Negative	Discharged
16.03.2020	3	Malappuram -2 Kasaragod-1	Negative	Discharged
19.03.2020	1	Kasaragod-1	Negative	Discharged
20.03.2020	12	Ernakulam- 6 (1 Malappuramnative) Kasaragod-6	Negative	Discharged
21.03.2020	12	Ernakulam-3 Kannur-3 Kasaragod-6	Negative	Discharged
22.03.2020	15	Ernakulam-1 Malappuram-2 Kozhikode-2 Kannur-4 Kasaragod-5	Negative	Discharged
		Ernakulam-1	Positive	Expired
23.03.2020	28	Pathanamthitta-1 Ernakulam-2 Thrissur-1 Kannur-5 Kasaragod-19	Negative	Discharged
24.03.2020	14	Thiruvananthapuram-1 Alappuzha-1 Kottayam-1 Ernakulam-1 Palakkad-1 Malappuram-1 Kozhikode-2 Kasaragod-6	Negative	Discharged
25.03.2020	9	Pathanamthitta-2 Idukki-1 Ernakulam-3 Palakkad-2 Kozhikode-1	Negative	Discharged
26.03.2020	19	Kannur-9 Idukki-1 Kasaragod-3 Malappuram-3 Thrissur-2 Wayanad-1	Negative	Discharged

Date	No. of patients	District	Present Status	Remarks
27.03.2020	39	Kollam-1 Thrissur-1 Kozhikode-1 Kannur-2 Kasaragod-34	Negative	Discharged
28.03.2020	6	Thiriruvanathapuram-2 Kollam-1 Palakkad-1 Malappuram-1 Kasaragod-1	Negative	Discharged
29.03.2020	20	Ernakulam-1 Thrissur-1 Palakkad-1 Malappuram-1 Kannur-8 Kasaragod-7	Negative	Discharged
		Thiriruvanathapuram-1	Positive	Expired
30.03.2020	32	Idukki-2 Kannur-11 Wayanad-2 Kasaragod-17	Negative	Discharged
31.03.2020	7	Thiriruvanathapuram-2 Kollam-1 Thrissur-1 Kannur-1 Kasaragod-2	Negative	Discharged
01.04.2020	24	Thiriruvanathapuram-2 Ernakulam-3 Palakkad-1 Thrissur-2 Malappuram-2 Kannur-2 Kasaragod-12	Negative	Discharged
02.04.2020	21	Thiriruvanathapuram-1 Kollam-2 Pathanamthitta-1 Idukki-5 Thrissur-1 Malappuram-1 Kozhikode-1 Kannur-1 Kasaragod-8	Negative	Discharged
03.04.2020	9	Thrissur-1 Kannur-1 Kasaragod-7	Negative	Discharged
04.04.2020	11	Kollam-1 Alappuzha-1 Ernakulam-1 Palakkad-1 Kannur-1 Kasaragod-6	Negative	Discharged
05.04.2020	8	Pathanamthitta-1 Kozhikode-5 Kannur-1 Kasaragod-1	Negative	Discharged

Date	No. of patients	District	Present Status	Remarks
06.04.2020	13	Kollam- 1 Pathanamthitta- 1 Malappuram - 2 Kasaragod -9	Negative	Discharged
07.04.2020	8	Kollam - 1 Malappuram - 1 Kannur - 2 Kasaragod - 4	Negative	Discharged
08.04.2020	9	Pathanamthitta- 1 Alappuzha - 2 Thrissur - 1 Kannur -4 Kasaragod - 1	Negative	Discharged
09.04.2020	12	Thiruvananthapuram - 1 Kollam -1 Malappuram - 2 Kannur -4 Kasaragod - 4	Negative	Discharged
10.04.2020	7	Malappuram - 2 Kannur - 2 Kasaragod - 3	Negative	Discharged
11.04.2020	10	Kozhikode - 1 Kannur-7 Kasaragod - 2	Negative	Discharged
12.04.2020	2	Kannur-1 Pathanamthitta-1	Negative	Discharged
13.04.2020	3	Palakkad-1 Kannur-2	Negative	Discharged
14.04.2020	8	Kozhikkode-3 Kannur-4 Kasaragod-1	Negative	Discharged
15.04.2020	1	Kannur-1	Negative	Discharged
16.04.2020	7	Kozhikode-2 Kannur-4 Kasaragod-1	Negative	Discharged
17.04.2020	1	Kozhikode-1	Negative	Discharged
18.04.2020	4	Kannur-3 Kozhikode-1	Negative	Discharged
19.04.2020	2	Kannur-1 Kasaragod-1	Negative	Discharged
20.04.2020	6	Kannur-6	Negative	Discharged
21.04.2020	19	Kollam-1 Palakkad-4 Malappuram-1 Kannur-10 Kasaragod-3	Negative	Discharged
22.04.2020	11	Kottayam-1 Kozhikode-2 Kannur-7	Negative	Discharged
		Malappuram-1	Positive	Expired

Date	No. of patients	District	Present Status	Remarks
23.04.2020	10	Thiruvananthapuram - 1 Kollam-1 Kottayam-2 Idukki-4 Kozhikode-2	Negative	Discharged
24.04.2020	3	Kasaragod-3	Negative	Discharged
25.04.2020	7	Kollam-3 Kottayam-3 Kannur-1	Negative	Discharged
26.04.2020	11	Idukki-6 Kottayam-5	Negative	Discharged
27.04.2020	13	Kottayam-6 Idukki-4 Malappuram-1 Palakkad-1 Kannur-1	Negative	Discharged
28.04.2020	4	Kannur-3 Kasaragod-1	Negative	Discharged
29.04.2020	10	Thiruvananthapuram-2 Kollam-6 Kasaragod- 2 (Kannur native)	Negative	Discharged
30.04.2020	2	Malappuram-1 Kasaragod-1	Negative	Discharged
02.05.2020	2	Wayanad-1 Kannur-1	Positive Negative	Under treatment Discharged
05.05.2020	3	Wayanad-1 Wayanad-2	Positive Negative	Under treatment Discharged
08.05.2020	1	Ernakulam-1	Negative	
09.05.2020	2	Malappuram -2	Positive	Under treatment
10.05.2020	7	Wayanad-1 Ernakulam-1 Malappuram-1 Thrissur-2 Wayanad-2	Positive Negative	Under treatment Discharged
11.05.2020	7	Palakkad-1 Malappuram-1 Wayanad-1 Kasaragod-4	Positive Negative	Under treatment
12.05.2020	5	Malappuram-2 Pathanamthitta -1 Kottayam-1 Malappuram-1	Positive Negative	Under treatment
13.05.2020	10	Malappuram-2 Palakkad-2 Wayanad-1 Kozhikode-1 Kottayam-1 Malappuram-1 Wayanad-1 Kannur- 1	Positive Negative	Under treatment Discharged

Date	No. of patients	District	Present Status	Remarks
14.05.2020	26	Kasaragod-2 Malappuram-5 Palakkad-1 Kannur-2 Pathanamthitta-1 Kozhikode-1	Positive	Under treatment
		Idukki-1 Palakkad-2 Wayanad-3 Kasaragod-8	Negative	Discharged
15.05.2020	16	Wayanad-1 Malappuram-2 Alappuzha-1 Kozhikode-2 Palakkad-1 Kasaragod-1	Positive	Under treatment
		Kollam-1 Alappuzha-1 Malappuram-2 Wayanad-4	Negative	
16.05.2020	11	Thrissur-4 Kozhikode-3 Palakkad-2 Malappuram-2	Positive	Under treatment
17.05.2020	14	Malappuram-3 Kozhikode-1 Kannur-2 Palakkad-2 Kollam-1 Ernakulam-1 Thrissur-1 Kasaragod-1	Positive	Under treatment
		Malappuram-1 Kozhikode-1	Negative	Discharged
18.05.2020	29	Kollam-4(Thiruvananthapuram-1) Thrissur-4 Thiruvananthapuram-3 Kannur-3 Pathanamthitta-2 Alappuzha-2 Kottayam-1 Kozhikode-2 Kasaragod-2 Palakkad-1 Malappuram-1	Positive	Under treatment
		Kollam-2 Kottayam-1 Ernakulam-1	Negative	
19.05.2020	12	Kannur-5 Malappuram-3 Pathanamthitta-1 Alappuzha-1 Thrissur-1 Palakkad-1	Positive	Under treatment

Date	No. of patients	District	Present Status	Remarks
20.05.2020	24	Palakkad-7 Malappuram-3 Kannur-2 Thiruvananthapuram-2 Pathanamthitta-2 Thrissur-2 Alappuzha-1 Ernakulam-1 Kozhikode-1 Kasaragod-1	Positive	Under treatment
		Malappuram-1	Negative	
		Kannur-1	Positive	Expired
21.05.2020	24	Malappuram-5 Kannur-4 Kottayam-3 Thrissur-3 Thiruvananthapuram-2 Kollam-2 Alappuzha-2 Idukki-1 Palakkad-1 Kasaragod-1	Positive	Under treatment
22.05.2020	42	Kannur-12 Kasaragod-7 Palakkad-5 Kozhikode-5 Thrissur-3 Malappuram-4 Kottayam-2 Kollam-1 Pathanamthitta-1	Positive	Under treatment
		Thrissur-1 Wayanad-1	Positive	Expired
23.05.2020	62	Palakkad-19 Kannur-16 Malappuram-8 Alappuzha-5 Kozhikode-4 Kasaragod-4 Kollam- 3(Thiruvananthapuram-1) Kottayam-2 Wayanad-1	Positive	Under treatment
24.05.2020	53	Thiruvananthapuram-12 Kannur-12 Malappuram-5 Kasaragod-5 Alappuzha-4 Ernakulam- 4 Palakkad-4 (Thrissur-1) Kollam-3 Pathanamthitta-2 Kozhikode-1 Tamilnadu-1	Positive	Under treatment

Date	No. of patients	District	Present Status	Remarks
25.05.2020	49	Kasaragod-14 Kannur-10 Thiruvananthapuram-5 Palakkad-5 Kozhikode-4 Pathanamthitta-3 Alappuzha-3 Kollam-2 Kottayam-2 Idukki-1	Positive	Under treatment
26.05.2020	67	Palakkad-29 Kannur-8 Kottayam-6 Ernakulam-5 Malappuram-5 Kollam-4 Thrissur-4 Alappuzha-3 Kasaragod-3	Positive	Under treatment
<ul style="list-style-type: none"> 963 persons have been tested positive till date since the outbreak in Kerala. 415 persons are currently under treatment. 				

Annexure 3: District wise distribution based on hospital admission

District	No. of positive cases admitted	Other Districts
Thiruvananthapuram	29	Kollam-2, Pathanamthitta-1, Tamilnadu-1
Kollam	15	
Pathanamthitta	10	
Alappuzha	21	
Kottayam	19	Thiruvananthapuram-1, Pathanamthitta-2
Idukki	2	
Ernakulam	15	Kollam-1, Palakkad-1, Thrissur-1, Uttar Pradesh -1
Thrissur	18	
Palakkad	81	Thrissur-2, Malappuram-1
Malappuram	51	Alappuzha-1, Palakkad-1
Kozhikode	26	Thrissur-2, Malappuram-2, Kasaragod-2
Wayanad	8	
Kannur	85	Kozhikode-5, Kasaragod-4
Kasaragod	35	
Total	415	

Annexure 4: Details of Passengers(excluding other State Passengers updated upto 26.05.2020)

Travel	Total passengers	Home quarantined	Institution quarantined	Passengers in isolation	Pregnant	Old age	Children less than 10
Air port	8721	4163	4407	151	1492	274	1005
Sea port	1621	514	1101	6	34	3	24
Check post	86574	78444	8037	93	2244	1934	-
Railway	5363	5199	93	71	-	-	-
Total	102279	88320	13638	321	3770	2211	1029

Annexure 5:Hotspots as on 26.05.2020

List of Local Self Governments for identification and notification of Containment Zones by District Disaster Management Authorities (vide Ltr. No. 40-3/2020-DM-I (A) dated 1-5-2020 of Ministry of Home Affairs, Government of India) as on 26-05-2020

Sl. No.	District	LSGs needing special attention	Containment Zones
1	Kannur	Chirakkal	2
2	Kannur	Maloor	9
3	Kannur	Kannur (C)	53
4	Kannur	Chokli	7, 8, 9
5	Kannur	Panoor (M)	1, 31, 32
6	Kannur	Payyannur (M)	13
7	Kannur	Kottayam Malabar	12
8	Kannur	Chemilode	1
9	Kannur	Ayyankunnu	7, 8, 9, 10, 11
10	Kannur	Kadirur	5
11	Kannur	Pattiam	9, 10, 12, 13
12	Kannur	Kelakom	9
13	Kannur	Mattanur (M)	17, 28
14	Kannur	Mayyil	1
15	Kannur	Dharmadam	13
16	Kannur	Koodali	15
17	Kannur	Kanichar	12
18	Kannur	Peralassery	5
19	Kannur	Panniyannur	6
20	Kannur	Pinarayi	8
21	Kannur	Cherupuzha	3
22	Kannur	Cherukunnu	1
23	Kasargode	Paivalike	3, 4
24	Kasargode	Kallar	4
25	Kasargode	Kasargod (M)	4
26	Kasargode	Kodom Belur	14
27	Kasargode	Vorkady	1, 2
28	Kasargode	Meenja	2
29	Kasargode	Mangalpady	11
30	Wayanad	Mananthavady (M)	All Wards
31	Wayanad	Thirunelli	All Wards
32	Wayanad	Edavaka	9, 10
33	Wayanad	Meenanghadi	10
34	Wayanad	Thavinjal	No containment zone
35	Wayanad	Nenmeni	7, 8, 9, 10, 11, 12, 13, 14
36	Wayanad	Panamaram	1, 2
37	Idukki	Vandanmed	8, 9, 11, 12, 14, 15
38	Idukki	Karunapuram	12, 13
39	Idukki	Udumbanchola	8, 11, 12
40	Palakkad	Kadampazhipuram	2, 11, 18
41	Palakkad	Muthuthala	10

42	Palakkad	Karakurishi	6, 7
43	Palakkad	Kottayi	4
44	Palakkad	Muthalamada	15, 16, 19, 20
45	Palakkad	Threkkaderi	4, 10
46	Palakkad	Nagalassery	15
47	Palakkad	Sreekrishnapuram	4, 5, 6
48	Palakkad	Ambalappara	15, 19, 20
49	Palakkad	Vellinezhi	4
50	Palakkad	Ottappalam (M)	4, 6, 36
51	Palakkad	Vallappuzha	11
52	Palakkad	Perumatty	14
53	Palakkad	Mundoor	16, 18
54	Palakkad	Kadampazhipuram	16
55	Palakkad	Puthusherry	18
56	Palakkad	Malampuzha	4
57	Palakkad	Chalissery	15
58	Palakkad	Cherupulassery	26
59	Palakkad	Mannarkad (M)	10
60	Kollam	Kalluvathukkal	All Wards
61	Kottayam	Koruthode	2
62	Kottayam	Vellavoor	1
63	Kottayam	Meenadom`	13
64	Kottayam	Paippad	12
65	Kozhikode	Azhiyur	13
66	Kozhikode	Onchiyum	14
67	Alappuzha	Pandanad	1, 5
68	Alappuzha	Chengannur (M)	3

Additions on 26-5-2020		
1	Kannur	Cherupuzha
2	Kannur	Cherukunnu
3	Kasargode	Vorkady
4	Kasargode	Meenja
5	Kasargode	Mangalpady
6	Kottayam	Paippad
7	Palakkad	Cherupulassery
8	Palakkad	Mannarkad (M)
9	Idukki	Udumbanchola

* As per Report from Secretary KSDMA on 26.05.2020