

COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL HEALTH & FAMILY WELFARE DEPARTMENT GOVT. OF KERALA

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Kerala Epidemic Diseases, COVID-19 Regulations, 2020

In exercise of the powers conferred by sections 2, 3 & 4 of the Epidemic Diseases Act, 1897 (Central Act 3 of 1897), the Government of Kerala has issued regulations as Kerala Epidemic Diseases, COVID-19 Regulations, 2020.for the strict compliance, for the containment management and control of COVID-19 21-3-2020 as part of endeavor to eliminate COVID-19 from the State.

Advisories

Any person with travel history to COVID19 affected countries or person with contact with such a traveler, whether they are having symptoms or not, must remain in home isolation.

The person who travel from other states and come to the state of Kerala in the last 13days and other incoming persons from Kerala must remain in isolation provided by the Department in the respective districts. All may do frequent hand washing with soap and water. Avoid social greetings by touching, like hugs or handshake. Don't touch your face, nose and eyes. Use handkerchief while coughing/ sneezing. Use masks, only if you are taking a care of a person with suspected COVID-19 infection, or if you have symptoms. Healthy persons are not supposed to wear medical masks. Those who are wearing masks should know how to use and dispose it properly. N95 masks should not be worn by the public.

Guidelines

The following guidelines were issued: Interim treatment guidelines, Guidelines for routine vaccination, Advisory for pregnancy and labour management and the Quarantine of Health care workers who are asymptomatic secondary contacts

Date: 26/03/2020

WHO has declared the COVID-19 epidemic affecting 196 countries as a Pandemic. Considering the increase in number of cases, COVID 19 has been re-notified as a state specific disaster on 20.03.2020. Kerala state has strengthened the surveillance and control measures against the disease in view of the same.

Home/Hospital Isolation

• 102003 persons are placed under surveillance, out of which 101402 are under home isolation and 601 are admitted in designated isolation facilities.

Sample Testing

• Till date 5342 samples of suspect cases have been sent for testing out of which 3768 came as negative.

Test Results

- Total confirmed cases under treatment till yesterday were 112.
- 19 new cases have been declared positive. Out of this,9 from Kannur 3 each from Malappuram and Kasaragod, 2 persons from Thrissur, one each from Idukki, and Wayanad
- Five persons (two foreigners and three natives from Kannur) who were treatment under Ernakulam will be discharged today. Test result of one person from Pathanamthitta came negative.
- Therefore, as of now there are 126 positives under treatment.

• Complimentary Activities

- Covid Care Centres have been established in all districts with a view to accommodate people who have been advised home isolation but have no residence in Kerala(e.g.: Tourists, people in transit etc). And to accommodate any person in home isolation but not following the home isolation guidelines. These centers will also accommodate the Keralite returning from various states in India.
- For providing psychosocial support to the families of suspected persons 676
 persons have been deployed across the state. 42517 tele counselling services
 were provided till date.
- Home isolation ensured with the help of squads at LSG level including health staff, police and volunteers.
- Adequate infrastructure facilities have been ensured at all designated isolation facilities.
- Human resource management teams have been constituted at the state and district levels. Adequate HR has been ensured for isolation, transport, isolation services, contact tracing and call centre.
- The Department of Health and Family welfare calls out for participation of the health practitioners to join hands with the state in the fight against COVID-19. You may enroll using the link provided below for offering voluntary service at the Isolation facilities in hospitals/ homes, patient management in wards, screening at airports, seaports, railway stations and bus stations. Interested health practitioners may fill up the details in this form and submit. The Department of health and family welfare, Kerala shall contact you soon.

Join us at https://forms.gle/3FtcS7ovp1YGG9539

Annexure -1: Details of persons under Surveillance

District	No. of Persons under observation as on today	No. of persons under home isolation as on today	No. of symptomatic persons hospitalized as on today	No. of persons hospitalized today
Thiruvananthapuram	7968	7854	114	34
Kollam	16464	16456	8	3
Pathanamthitta	6417	6400	17	4
Idukki	1307	1304	3	1
Kottayam	2903	2896	7	0
Alappuzha	5791	5769	22	7
Ernakulam	3495	3463	32	5
Thrissur	13283	13233	50	18
Palakkad	5915	5873	42	13
Malappuram	11235	11160	75	20
Kozhikode	10324	10277	47	6
Wayanad	2913	2909	4	4
Kannur	9190	9110	80	14
Kasaragod	4798	4698	100	7
Total	102003	101402	601	136

Annexure -2: Chronology of Positive cases

Date	No. of patients	District	Present Status	Remarks
	3	Thrissur Alappuzha Kasargod	Negative	Discharged
9.03.2020	5	Pathanamthitta	Positive	Under treatment
9.03.2020	1	Ernakulam(Kannur native)	Negative	Under treatment
		Pathanamthitta – 4	Positive	Under treatment
10.03.2020	8	Kottayam – 2	Positive	Under treatment
		Ernakulam -2(Kannur native)	Negative	
12.03.2020	2	Kannur –1	Negative	Discharged
		Thrissur -1	Negative	Discharged
13.03.2020	3	Thirty an anth apuram -1	Negative Positive	Discharged Under treatment
		Thiruvananthapuram –2 Thiruvananthapuram –1	Positive	Under treatment
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15.03.2020	15.03.2020 2	TOURN 1		
	_	Malappuram -2,	Positive	Under treatment
16.03.2020	3	Kasaragod-1		
19.03.2020	1	Kasaragod-1	Positive	Under treatment
	10	Ernakulam-6	Positive	Under treatment
20.03.2020	12	Kasaragod-6		
		Ernakulam-3	Positive	Under treatment
	12	Kannur-3		
21.03.2020	21.03.2020	Kasaragod-6		
22.03.2020	15	Ernakulam-2 Malappuram-2 Kozhikode-2 Kannur-4 Kasaragod-5	Positive	Under treatment
23.03.2020	28	Pathanamthitta-1 Thrissur-1 Ernakulam-2 Kannur-5 Kasaragod-19	Positive	Under treatment
24.03.2020	14	Thiruvananthapuram-1 Alappuzha-1 Kottayam-1 Ernakulam-1 Palakkad-1 Malappuram-1 Kozhikode-2 Kasaragod-6	Positive	Under treatment
25.03.2020	9	Kozhikode-1 Palakkad-2 Pathanamthitta-2 Ernakulam-3 Idukki-1	Positive	Under treatment

Date	No. of patients	District	Present Status	Remarks
26.03.2020	19	Kannur-9 Kasaragod-3 Malappuram-3 Thrissur-2 Idukki-1 Wayanad-1	Positive	Under treatment

- 137 persons have been tested positive till date since the outbreak in Kerala
- 6 persons turned out negative and discharged. 5 more will be discharged today
- 126 persons are currently under treatment

District wise distribution based on hospital admission

District	No. of positive cases admitted	Other Districts
Thiruvananthapuram	4	-
Pathanamthitta	10	-
Alappuzha	1	-
Kottayam	5	2 Pathanamthitta
Ernakulam	15	4 foreigners, 2 Kannur, 1 Malappuram
Thrissur	3	-
Palakkad	3	-
Malappuram	8	-
Kozhikode	8	1 Kannur,2 Kasaragod
Kannur	24	3 Kasaragod
Kasaragod	42	-
Idukki	2	-
Wayanad	1	
Total	126	