

COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL HEALTH & FAMILY WELFARE DEPARTMENT GOVT. OF KERALA

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Kerala Epidemic Diseases, COVID-19 Regulations, 2020

In exercise of the powers conferred by sections 2, 3 & 4 of the Epidemic Diseases Act, 1897 (Central Act 3 of 1897), the Government of Kerala has issued regulations as Kerala Epidemic Diseases, COVID-19 Regulations, 2020.for the strict compliance, for the containment management and control of COVID-19 21-3-2020 as part of endeavor to eliminate COVID-19 from the State.

Advisories

Any person with travel history to COVID19 affected countries or person with contact with such a traveler, whether they are having symptoms or not, must remain in home isolation. Do frequent hand washing with soap and water. Avoid social greetings by touching, like hugs or handshake. Don't touch your face, nose and eyes. Use handkerchief while coughing/ sneezing. Use masks, only if you are taking a care of a person with suspected COVID-19 infection, or if you have symptoms. Healthy persons are not supposed to wear medical masks. Those who are wearing masks should know how to use and dispose it properly. N95 masks should not be worn by the public.

• Training and IEC videos prepared by the department are available on "Kerala Health Online Training" YouTube channel of the Directorate of Health Services (https://www.youtube.com/c/keralahealthonlinetraining).

Guidelines

The following guidelines were issued and published in the website of DHS:

COVID-19 Guideline for human resource management in COVID hospitals, Addendum to revised guidelines for Testing, Quarantine, Hospital admission and discharge for COVID-19 based on current risk assessment grid published on 12.03.20, Reference guide for converting hospitals in to dedicated COVID hospitals, Advisory for patient admission to COVID care center, Advisory for patient admission to COVID first line treatment centre, Advisory for infection control precautions to be adopted in dental care settings, Guidelines for distribution of laboratories, Guidelines on rational use of PPE, Advisory on using rapid diagnostic kits for COVID-19 diagnosis and surveillance, Advisory for Residents association, Interim treatment guidelines, Guidelines for routine vaccination, Advisory for pregnancy and labour management and the Quarantine of Health care workers who are asymptomatic secondary contacts,

Date: 15/04/2020

WHO has declared the COVID-19 epidemic affecting 213 countries, areas or territories as a Pandemic. Considering the increase in number of cases, COVID 19 has been re-notified as a state specific disaster on 20.03.2020. Kerala state has strengthened the surveillance and control measures against the disease in view of the same.

Home/Hospital Isolation

• 97464 persons are placed under surveillance, out of which 96942 are under home isolation and 522 are admitted in designated isolation facilities.

Sample Testing

• Till date 16745 samples of suspect cases have been sent for testing out of which 16002 came as negative.

Test Results

- Total confirmed cases under treatment till yesterday were 173.
- 1 new case from Kannur have been declared positive.
- Test results of 7 persons have been declared negative. 4 from Kasargod, 2 from Kozhikode and 1 from Kollam have been declared negative.
- As of now 167 Positive cases are under treatment.

• Complimentary Activities

- COVID Care Centres have been established in all districts with a view to accommodate people who have been advised home isolation but have no residence in Kerala(e.g.: Tourists, people in transit etc). And to accommodate any person in home isolation but not following the home isolation guidelines. These centers will also accommodate the Keralite returning from various states in India.
- For providing psychosocial support, 1058 Personnel are working and have provided tele-counselling to 2, 02,189 numbers of persons in quarantine/isolation. In addition to this, psychosocial support calls are given to mentally ill patients, Children with special needs, Guest labourers & elderly people living alone. Tele-counselling is also given to alleviate stress of personnel working in Corona Outbreak control activities. A total of 3, 70,696 Tele-counselling calls have been given to all such categories till date. Coordination of Community Deaddiction is also being done.
- Home isolation ensured with the help of squads at LSG level including health staff, police and volunteers.
- Adequate infrastructure facilities have been ensured at all designated isolation facilities.

- Human resource management teams have been constituted at the state and district levels. Adequate HR has been ensured for isolation, transport, isolation services, contact tracing and call centre.
- In order to give authentic information and general awareness regarding COVID-19 Health Department has released a whatsapp chat bot. the whatsapp number for the same is 9072220183. For more details please visit http://dhs.kerala.gov.in/
- The Department of Health and Family welfare calls out for participation of the health practitioners to join hands with the state in the fight against COVID-19. You may enroll using the link provided below for offering voluntary service at the Isolation facilities in hospitals/ homes, patient management in wards, screening at airports, seaports, railway stations and bus stations. Interested health practitioners may fill up the details in this form and submit. The Department of health and family welfare, Kerala shall contact you soon.

Join us at https://forms.gle/3FtcS7ovp1YGG9539 Annexure -1: Details of persons under Surveillance

District	No. of Persons under observation as on today	No. of persons under home isolation as on today	No. of symptomatic persons hospitalized as on today	No. of persons hospitalized today
Thiruvananthapuram	2539	2433	106	28
Kollam	4591	4581	10	2
Pathanamthitta	5738	5723	15	2
Idukki	3497	3497	0	0
Kottayam	1824	1824	0	0
Alappuzha	6895	6885	10	0
Ernakulam	1289	1262	27	2
Thrissur	8148	8138	10	1
Palakkad	13128	13088	40	14
Malappuram	10331	10309	22	12
Kozhikode	14173	14149	24	4
Wayanad	9097	9091	6	2
Kannur	7013	6898	115	14
Kasaragod	9201	9064	137	5
Total	97464	96942	522	86

Annexure -2: Chronology of Positive cases

Date	No. of	District	Present Status	Remarks
Date	patients		Trootin otatao	Romarko
	3	Thrissur Alappuzha Kasargod	Negative	Discharged
9.03.2020	5	Pathanamthitta	Negative	Discharged
9.03.2020	1	Ernakulam (Kannur native)	Negative	Discharged
10.03.2020	8	Kottayam-2 Pathanamthitta -3 Ernakulam -2 (Kannur native)	Negative	Discharged
		Pathanamthitta- 1	Positive	Under treatment
12.03.2020	2	Thrissur -1 Kannur -1	Negative	Discharged
13.03.2020	3	Thiruvananthapuram -3 (1 foreigner)	Negative	Discharged
15.03.2020	2	Thiruvananthapuram -1 Idukki-1(foreigner)	Negative	Discharged
16.03.2020	3	Malappuram -2 Kasaragod-1	Negative	Discharged
19.03.2020	1	Kasaragod-1	Negative	Discharged
	12	Ernakulam-1 Kasaragod-1	Positive	Under treatment
20.03.2020	12	Ernakulam- 5 Kasaragod-5	Negative	Discharged
		Ernakulam-1 Kasaragod-2	Positive	Under treatment
21.03.2020	12	Ernakulam-2 Kannur-3 Kasaragod-4	Negative	Discharged
		Kasaragod-1	Positive	Under treatment
		Ernakulam-1	Positive	Expired
22.03.2020	15	Ernakulam-1 Malappuram-2 Kozhikode-2 Kannur-4 Kasaragod-4	Negative	Discharged
00.00.000		Pathanamthitta-1 Kasaragod-4 Ernakulam-2	Positive	Under treatment
23.03.2020	28	Thrissur-1 Kannur-5 Kasaragod-15	Negative	Discharged
		Ernakulam-1 Kasaragod-1	Positive	Under treatment
24.03.2020	14	Thiruvananthapuram-1 Alappuzha-1 Kottayam-1 Palakkad-1 Malappuram-1 Kozhikode-2 Kasaragod-5	Negative	Discharged
25.03.2020	9	Palakkad-1 Pathanamthitta-2	Positive	Under treatment

Date	No. of patients	District	Present Status	Remarks
		Idukki-1 Ernakulam-3 Palakkad-1 Kozhikode-1	Negative	Discharged
		Kannur-5 Malappuram-2	Positive	Under treatment
26.03.2020	19	Kannur-4 dukki-1 Kasaragod-3 Malappuram-1 Thrissur-2 Wayanad-1	Negative	Discharged
		Kasaragod-16 Kannur-1 Thrissur-1	Positive	Under treatment
27.03.2020	39	Kollam-1 Kozhikode-1 Kannur-1 Kasaragod-18	Negative	Discharged
28.03.2020	6	Thiriruvanathapuram-2 Kollam-1 Palakkad-1 Malappuram-1 Kasaragod-1	Negative	Discharged
		Kannur-2 Kasaragod-1	Positive	Under treatment
		Thiriruvanathapuram-1	Positive	Expired
29.03.2020	20	Ernakulam-1 Thrissur-1 Palakkad-1 Malappuram-1 Kannur-6 Kasaragod-6	Negative	Discharged
		Kasaragod-11 Kannur-3 Wayanad-1	Positive	Under treatment
30.03.2020	32	Idukki-2 Kannur-8 Wayanad-1 Kasaragod-6	Negative	Discharged
31.03.2020 7	Thiriruvanathapuram-1 Kasaragod-1 Kollam-1 Kannur-1	Positive	Under treatment	
		Thiriruvanathapuram-1 Thrissur-1 Kasaragod-1	Negative	Discharged
01.04.2020	24	Kasaragod-11 Ernakulam-2 Thrissur-1 Kannur-1	Positive	Under treatment

Date	No. of patients	District	Present Status	Remarks
		Thiriruvanathapuram-2 Ernakulam-1 Palakkad-1 Thrissur-1 Malappuram-2 Kannur-1 Kasaragod-1	Negative	Discharged
		Kasaragod-5 Kollam-1	Positive	Under treatment
02.04.2020	21	Thiriruvanathapuram-1 Kollam-1 Pathanamthitta-1 Idukki-5 Thrissur-1 Malappuram-1 Kozhikode-1 Kannur-1 Kasaragod-3	Negative	Discharged
		Kasaragod-6	Positive	Under treatment
03.04.2020	9	Thrissur-1 Kannur-1 Kasaragod-1	Negative	Discharged
04.04.2020	11	Kasaragod-2 Kollam-1 Alappuzha-1 Ernakulam-1	Positive	Under treatment
		Palakkad-1 Kannur-1 Kasaragod-4	Negative	Discharged
05.04.2020	8	Kozhikode-3 Kannur-1 Kasaragod-1	Positive	Under treatment
		Pathanamthitta-1 Kozhikode-2	Negative	Discharged
06.04.2020	13	Kasargod – 9 Malappuram – 2	Positive	Under treatment
00.01.2020	13	Kollam- 1 Pathanamthitta- 1	Negative	Discharged
07.04.2020	8	Kasargod – 4 Kannur – 2 Malappuram – 1 Kollam – 1	Positive	Under treatment
08.04.2020	9	Kannur – 4 Alappuzha – 2 Pathanamthitta – 1 Kasargod – 1	Positive	Under treatment
		Thrissur - 1	Negative	Discharged
09.04.2020	12	Kasargod - 4 Kannur - 4 Malappuram - 2 Kollam -1 Thiruvananthapuram - 1	Positive	Under treatment

Date	No. of patients	District	Present Status	Remarks
10.04.2020	7	Kasargod - 3 Kannur - 2 Malappuram - 2	Positive	Under treatment
11.04.2020	10	Kasargod – 2 Kannur – 7 Kozhikkode – 1	Positive	Under treatment
12.04.2020	2	Pathanamthitta-1 Kannur-1	Positive	Under treatment
13.04.2020	3	Palakkad-1 Kannur-2	Positive	Under treatment
14.04.2020	8	Kannur- 4 Kozhikkode-3 Kasargod-1	Positive	Under treatment
15.04.2020	1	Kannur-1	Positive	Under treatment

- 386 persons have been tested positive till date since the outbreak in Kerala
- 166 persons are currently under treatment

Annexure -3:District wise distribution based on hospital admission

District	No. of positive cases admitted	Other Districts
Thiruvananthapuram	2	
Kollam	5	
Pathanamthitta	6	-
Alappuzha	3	-
Ernakulam	5	1 Malappuram
Thrissur	1	-
Palakkad	2	-
Malappuram	9	-
Kozhikode	9	2 Kannur
Wayanad	1	
Kannur	43	4 Kasaragod
Kasaragod	80	
Total	166	