

COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL HEALTH & FAMILY WELFARE DEPARTMENT GOVT. OF KERALA

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Kerala Epidemic Diseases, COVID-19 Regulations, 2020

In exercise of the powers conferred by sections 2, 3 & 4 of the Epidemic Diseases Act, 1897 (Central Act 3 of 1897), the Government of Kerala has issued regulations as Kerala Epidemic Diseases, COVID-19 Regulations, 2020for the strict compliance, for the containment management and control of COVID-19 21-3-2020 as part of endeavor to eliminate COVID from the State.

Advisories

- Any person with travel history or person with contact with such a travelermust remain in home isolation irrespective of their symptom status.
- Do frequent hand washing with soap and water. Avoid social greetings by touching, hugging or handshaking.
- Do not touch your face, nose and eyes.
- Use handkerchief while coughing/ sneezing. It is advisable for all to use masks during the COVID 19 pandemic season.N95 masks should not be worn by the public.
- Training and IEC videos prepared by the department are available on "Kerala Health Online Training" YouTube channel of the Directorate of Health Services.

Guidelines

The following guidelines were issued and published in the website of DHS:

- 1. Reorganisation of laboratories for sending routine COVID samples by RT-PCR
- 2. COVID-19 testing augmentation Xpert-SARS-CoV Testing
- 3. COVID-19 instructions for using GeneXpert/Truenat-beta-CoV in the private sector in Kerala
- 4. Advisory for Ensuring TB services in Kerala in the context of COVID-19
- 5. Advisory for restarting immunisation activities regarding Universal immunisation programme

Date: 05/05/2020

WHO has declared the COVID-19 epidemic affecting **215** countries, areas or territories as a Pandemic. Considering the increase in number of cases, the state has strengthened the surveillance and control measures against the disease in view of the same.

Home/Hospital Isolation

• 21342 persons are placed under surveillance, out of which 21034 are under home isolation and 308 are admitted in designated isolation facilities.

Sample Testing

- Till date 33800 samples (including augmented samples) have been sent for testing out of which 33265 came as negative.
- Apart from above, 2512 samples were taken from priority groups like health care workers, persons with high social exposure, workers etc. as part of Sentinel surveillance of which 1979 samples tested negative.

Test Results

- Total confirmed cases under treatment till yesterday were 34.
- 3 new COVID 19 positive cases from Wayanad have been declared today .
- At present, **37** Positive cases are under treatment.
- As per GO (Rt) No. 740/2020/H&FWD dated 19.04.2020 and GO (Rt) No. 740/2020/H&FWD dated 20.04.2020, Hotspots were notified in the state. Based on the daily report by SDMA the list will be modified, and the revised list is attached as annexure.

Complimentary Activities

- In view of recent trend of COVID-19 positivity in Kerala following the existing advisories under the current strategy, it is decided to augment the testing among the general population by taking 3000 more samples randomly on 26th April 2020 with the objective of detecting any undetected COVID-19 positivity among general population in Kerala.
- Xpert-SARS-CoV testing has been initiated in Govt. Medical Colleges Thiruvananthapuram, Ernakulam and Kozhikode for testing samples with emergency nature such as for emergency surgery, symptomatic health worker, sick patients or COVID suspected death.
- COVID Care Centres have been established in all districts with a view to accommodate people who have been advised home isolation but have no residence in Kerala (e.g.: Tourists, people in transit etc). And to accommodate any person in home isolation but not following the home isolation guidelines. These centres will also accommodate the Keralites returning from various states in India.
- For providing Psycho Social Support, 1107 personnel are working and have given psycho social support calls to 2,32,641 numbers of persons in quarantine/ isolation. In addition to this, Psycho Social Support calls are given to mentally ill patients, Children with Special Needs, Guest Labourers, and Elderly People living alone. Counselling service is also given to alleviate stress of personnel working in corona outbreak control activities. A total of 7,29,955 Psycho Social Support and Counselling Calls have been given to all such categories till date. Co-ordination of Community Based De-addiction is also being done.
- Home isolation is being ensured with the help of squads at LSG level including health staff, police and volunteers.
- Adequate infrastructure facilities have been ensured at all designated isolation facilities.

Annexure 1: Details of persons under Surveillance

District	No. of Persons under observation as on today	No. of persons under home isolation as on today	No. of symptomatic persons hospitalized as on today	No. of persons hospitalized today
Thiruvananthapuram	2857	2796	61	10
Kollam	1892	1888	4	2
Pathanamthitta	131	125	6	1
ldukki	1596	1591	5	2
Kottayam	1782	1776	6	0
Alappuzha	1398	1375	23	10
Ernakulam	519	508	11	7
Thrissur	938	925	13	3
Palakkad	3104	3059	45	8
Malappuram	1526	1498	28	24
Kozhikode	1050	1032	18	11
Wayanad	1166	1154	12	4
Kannur	2227	2172	55	4
Kasaragod	1156	1135	21	0
Total	21342	21034	308	86

Date	No. of	District	Present	Remarks
	patients		Status	
30.01.2020 02.02.2020	1	Thrissur-1	Negative	Discharged Discharged
02.02.2020	1	Alappuzha-1	Negative	Discharged
03.02.2020	L	Kasaragod-1 Pathanamthitta-5	Negative	Dischargea
9.03.2020	6	Ernakulam-1 (Kannur native)	Negative	Discharged
10.03.2020	8	Kottayam-2 Pathanamthitta -4 Ernakulam -2 (Kannur native)	Negative	Discharged
12.03.2020	2	Thrissur -1 Kannur -1	Negative	Discharged
13.03.2020	3	Thiruvananthapuram –3	Negative	Discharged
15.03.2020	2	Thiruvananthapuram -1 Idukki-1	Negative	Discharged
16.03.2020	3	Malappuram -2 Kasaragod-1	Negative	Discharged
19.03.2020	1	Kasaragod-1	Negative	Discharged
20.03.2020	12	Ernakulam- 6 (1 Malappuramnative) Kasaragod-6	Negative	Discharged
21.03.2020	12	Ernakulam-3 Kannur-3 Kasaragod-6	Negative	Discharged
22.03.2020	15	Ernakulam-1 Malappuram-2 Kozhikode-2 Kannur-4 Kasaragod-5	Negative	Discharged
		Ernakulam-1	Positive	Expired
23.03.2020	28	Pathanamthitta-1 Ernakulam-2 Thrissur-1 Kannur-5 Kasaragod-19	Negative	Discharged
24.03.2020	14	Thiruvananthapuram-1 Alappuzha-1 Kottayam-1 Ernakulam-1 Palakkad-1 Malappuram-1 Kozhikode-2 Kasaragod-6	Negative	Discharged
		Pathanamthitta-1	Positive	Under treatment
25.03.2020	9	Pathanamthitta-1 Idukki-1 Ernakulam-3 Palakkad-2 Kozhikode-1	Negative	Discharged

Annexure 2: Chronology of Positive cases

Date	No. of patients	District	Present Status	Remarks
26.03.2020	19	Kannur-9 Idukki-1 Kasaragod-3 Malappuram-3 Thrissur-2 Wayanad-1	Negative	Discharged
27.03.2020	39	Kollam-1 Thrissur-1 Kozhikode-1 Kannur-2 Kasaragod-34	Negative	Discharged
28.03.2020	6	Thiriruvanathapuram-2 Kollam-1 Palakkad-1 Malappuram-1 Kasaragod-1	Negative	Discharged
29.03.2020	20	Ernakulam-1 Thrissur-1 Palakkad-1 Malappuram-1 Kannur-8 Kasaragod-7	Negative	Discharged
		Thiriruvanathapuram-1	Positive	Expired
30.03.2020	32	ldukki-2 Kannur-11 Wayanad-2 Kasaragod-17	Negative	Discharged
		Kollam-1 Kannur-1	Positive	Under treatment
31.03.2020	7	Thiriruvanathapuram-2 Thrissur-1 Kasaragod-2	Negative	Discharged
		Kannur-1	Positive	Under treatment
01.04.2020	24	Thiriruvanathapuram-2 Ernakulam-3 Palakkad-1 Thrissur-2 Malappuram-2 Kannur-1 Kasaragod-12	Negative	Discharged
02.04.2020	21	Kollam-1	Positive	Under treatment

Date	No. of patients	District	Present Status	Remarks
		Thiriruvanathapuram-1 Kollam-1 Pathanamthitta-1 Idukki-5 Thrissur-1 Malappuram-1 Kozhikode-1 Kannur-1 Kasaragod-8	Negative	Discharged
03.04.2020	9	Thrissur-1 Kannur-1 Kasaragod-7	Negative	Discharged
		Kollam-1	Positive	Under treatment
04.04.2020	11	Alappuzha-1 Ernakulam-1 Palakkad-1 Kannur-1 Kasaragod-6	Negative	Discharged
		Kannur-1	Positive	Under treatment
05.04.2020	8	Pathanamthitta-1 Kozhikode-5 Kasaragod-1	Negative	Discharged
06.04.2020	13	Kollam- 1 Pathanamthitta- 1 Malappuram - 2 Kasaragod -9	Negative	Discharged
		Kannur – 2	Positive	Under treatment
07.04.2020	8	Kollam – 1 Malappuram – 1 Kasaragod – 4	Negative	Discharged
		Kannur – 1	Positive	Under treatment
08.04.2020	9	Pathanamthitta- 1 Alappuzha - 2 Thrissur - 1 Kannur -3 Kasaragod - 1	Negative	Discharged
09.04.2020	12	Thiruvananthapuram - 1 Kollam -1 Malappuram - 2 Kannur -4 Kasaragod - 4	Negative	Discharged
10.04.2020	7	Malappuram - 2 Kannur - 2 Kasaragod - 3	Negative	Discharged
		Kannur – 1	Positive	Under treatment
11.04.2020	10	Kozhikode – 1 Kannur-6 Kasaragod – 2	Negative	Discharged
12.04.2020	2	Kannur-1 Pathanamthitta-1	Negative	Discharged

Date	No. of patients	District	Present Status	Remarks
13.04.2020	3	Palakkad-1 Kannur-2	Negative	Discharged
14.04.2020	8	Kannur- 3 Kasaragod-1	Positive	Under treatment
		Kozhikkode-3 Kannur-1	Negative	Discharged
15.04.2020	1	Kannur-1	Positive	Under treatment
		Kannur-2	Positive	Under treatment
16.04.2020	7	Kozhikode-2 Kannur-2 Kasaragod-1	Negative	Discharged
17.04.2020	1	Kozhikode-1	Negative	Discharged
18.04.2020	4	Kannur-3 Kozhikode-1	Negative	Discharged
19.04.2020	2	Kannur-1	Positive	Under treatment
		Kasaragod-1	Negative	Discharged
20.04.2020	6	Kannur-6	Negative	Discharged
		Kannur-1 Palakkad-1	Positive	Under treatment
21.04.2020	19	Kollam-1 Palakkad-3 Malappuram-1 Kannur-9 Kasaragod-3	Negative	Discharged
		Kannur-2 Kottayam-1	Positive	Under treatment
22.04.2020	11	Malappuram-1	Positive	Expired
		Kozhikode-2 Kannur-5	Negative	Discharged
23.04.2020	10	Thiruvananthapuram – 1 Kollam-1 Kottayam-2 Idukki-4 Kozhikode-2	Negative	Discharged
04.04.0000	2	Kasaragod-1	Positive	Under treatment
24.04.2020	3	Kasaragod-2	Negative	Discharged
25.04.2020	7	Kollam-3 Kottayam-3 Kannur-1	Negative	Discharged
26.04.2020	11	ldukki-2 Kottayam-4	Positive	Under treatment
		ldukki-4 Kottayam-1	Negative	Discharged
27.04.2020	13	Kottayam-6 Idukki-4 Malappuram-1 Palakkad-1 Kannur-1	Negative	Discharged

Date	No. of patients	District	Present Status	Remarks
		Kannur-1	Positive	Under treatment
28.04.2020	4	Kannur-2 Kasaragod-1	Negative	Discharged
		Kasaragod- 1	Positive	Under treatment
29.04.2020	10	Thiruvananthapuram-2		
29.04.2020	10	Kollam-6	Negative	Discharged
		Kasaragod- 1 (Kannur native)		
30.04.2020 2		Malappuram-1 Kasaragod-1	Negative	Discharged
02.05.2020	2	Wayanad-1 Kannur-1	Positive	Under treatment
05.05.2020	3	Wayanad-3	Positive	Under treatment
• 502 persons have been tested positive till date since the outbreak in Kerala.				

• 37 persons are currently under treatment.

Annexure 3: District wise distribution based on hospital admission

District	No. of positive cases admitted	Other Districts
Kollam	3	
Pathanamthitta	1	
Kottayam	6	1 ldukki
ldukki	1	
Palakkad	1	
Wayanad	4	
Kannur	18	
Kasaragod	3	
Total	37	

Annexure 4:Hotspots as on 05.05.2020

List of Lo District [Disaster Manageme	ts for identification and notifica ent Authorities (vide Ltr. No. 40- nistry of Home Affairs, Governm	-3/2020-DM-I (A) dated 1-5-
SI. No	District	LSG Needing Special Attention	Containment Zones
1	Ernakulam	Edakkattuvayal Panchayat	Ward 14
2	Ernakulam	Manjalloor Panchayat	
3	Ernakulam	Cochin (C)	
4	ldukki	Elappara	
5	ldukki	Vandanmedu	
6	ldukki	Vandiperiyar	
7	ldukki	Karunapuram	
8		Santhanpara	
	Idukki	Panchayat	
9	ldukki	Irattayar	
10	ldukki	Edavetty	
11	ldukki	Munnar	
12	ldukki	Vazahathoppu	
13	ldukki	Senapathy	
14	ldukki	Nedungandam	
15	Kannur	Pattiam	
16	Kannur	Koothuparamba (M)	
17	Kannur	Peralasseri	
18	Kannur	Panoor (M)	
19	Kannur	Mokeri	
20	Kannur	Kottayam Malabar (M)	
21	Kannur	Madayi	
22	Kannur	Pappinisseri	
23	Kannur	Panniyannur	
24	Kannur	Kunnothuparamba	
25	Kannur	Chengalai	
26	Kannur	Kanichar	
27	Kannur	Kolayad	
28	Kannur	Mattool	
29	Kannur	Chittariparamba	
30	Kannur	Mangattidam	
31	Kannur	Ezhome	
32	Kannur	Kadirur	
33	Kannur	New Mahe	
34	Kannur	Muzhappilangad	
35	Kannur	Koodali	
36	Kannur	Naduvil	
37	Kannur	Payyannur (M)	
38	Kasaragod	Kasargode (M)	
39	Kasargode	Chengala	

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40	Kasargode	Chemnad	
41	Kasargode	Ajanur	
42	Kasargode	Uduma	
43	Kasargode	Mogral Puthur	
44	Kasargode	Muliyar	
45	Kollam	Kulathupuzha	
46	Kollam	Chathannoor	
47	Kollam	Punaloor (M)	
48	Kollam	Thrikkaru∨a	
49	Kollam	Ochira	
50	Kollam	Thrikkovilvattom	
51	Kollam	Sasthamcotta	
52	Kollam	Nilamel	
53	Kottayam	Panchaikkadu	
54	Kottayam	Kottayam (M)	
55	Kottayam	Vijayapuram	
56	Kottayam	Manarcadu	
57	Kottayam	Udayanapuram	
58	Kottayam	Velloor	
59	Kottayam	Changanacherry (M)	
60	Kottayam	Ayarkkunnam	
61	Kottayam	Melukavu	
62	Kottayam	Thalayolaparambu	
63	Kottayam	Aymanam	
64	Kozhikode	Kozhikode (C)	
65	Kozhikode	Azhiyur	
66	Kozhikode	Kodencheri	
67	Kozhikode	Vadakara (M)	
68	Malappuram	Kaladi	
69	Malappuram	Maranchery	
70	Malappuram	Manjeri (M)	
71	Palakkad	Kuzhalmannam	
72	Palakkad	Thirumittacode	
73	Pathanamthitta	Aranmula	
74	Thiruvananthapuram	Neyyattinkara (M)	
75	Thiruvananthapuram	Varakala (M)	
76	Thiruvananthapuram	Athiyannur	
77	Thiruvananthapuram	Parasala	
78	Thiruvananthapuram	Balaramapuram	
79	Thiruvananthapuram	Kunnathukal	
80	Thiruvananthapuram	Kulathur	
81	Thiruvananthapuram	Karodu	
82	Thiruvananthapuram	Vellarada	
83	Thiruvananthapuram	Amboori	
84	Wayanad	Mananthavady (M)	Wards - 7, 8, 9, 10, 21, 22, Town Area, 25, 26, 27
85	Wayanad	Thirunelli	All Wards

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86	Wayanad	Edavaka	12, 14, 16			
87	Wayanad	Ambalavayal	Mangodu Colony			
88	Wayanad	Vellamunda	9, 10, 11, 12			
89	Wayanad	Meenangadi	8, 9, 10, 17, Thachambath Colony			
	The containment zones will be the wards specified against the 'LSG Needing Special Attention' as per the directions dated 4-5-2020.					

	Additions to list the list of LSG Needing Special Attention as on 5-05-2020			
1	Wayanad	Thirunelli		
2	Wayanad	Edavaka		
3	Wayanad	Ambalavayal		
4	Wayanad	Vellamunda		
5	Wayanad	Meenangadi		

*As per Report from Secretary KSDMA on 05.05.2020