

COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL HEALTH & FAMILY WELFARE DEPARTMENT GOVT. OF KERALA

Website:www.dhs.kerala.gov.in

Email:controlroomdhskerala@gmail.com

Kerala Epidemic Diseases, COVID-19 Regulations, 2020

In exercise of the powers conferred by sections 2, 3 & 4 of the Epidemic Diseases Act, 1897 (Central Act 3 of 1897), the Government of Kerala has issued regulations as Kerala Epidemic Diseases, COVID-19 Regulations, 2020for the strict compliance, for the containment management and control of COVID-19 21-3-2020 as part of endeavor to eliminate COVID from the State.

Advisories

- Any person with travel history or person with contact with such a travelermust remain in home isolation irrespective of their symptom status.
- Do frequent hand washing with soap and water. Avoid social greetings by touching, hugging or handshaking.
- Do not touch your face, nose and eyes.
- Use handkerchief while coughing/ sneezing. It is advisable for all to use masks during the COVID 19 pandemic season.N95 masks should not be worn by the public.
- Training and IEC videos prepared by the department are available on "Kerala Health Online Training" YouTube channel of the Directorate of Health Services.

Guidelines

The following guidelines were issued and published in the website of DHS:

- 1. Reorganisation of laboratories for sending routine COVID samples by RT-PCR
- 2. COVID-19 testing augmentation Xpert-SARS-CoV Testing
- 3. COVID-19 instructions for using GeneXpert/Truenat-beta-CoV in the private sector in Kerala
- 4. Advisory for Ensuring TB services in Kerala in the context of COVID-19
- 5. Advisory for restarting immunisation activities regarding Universal immunisation programme

Date: 05/05/2020

WHO has declared the COVID-19 epidemic affecting **215** countries, areas or territories as a Pandemic. Considering the increase in number of cases, the state has strengthened the surveillance and control measures against the disease in view of the same.

Home/Hospital Isolation

• 21342 persons are placed under surveillance, out of which 21034 are under home isolation and 308 are admitted in designated isolation facilities.

Sample Testing

- Till date 33800 samples (including augmented samples) have been sent for testing out of which 33265 came as negative.
- Apart from above, 2512 samples were taken from priority groups like health care workers, persons with high social exposure, workers etc. as part of Sentinel surveillance of which 1979 samples tested negative.

Test Results

- Total confirmed cases under treatment till yesterday were 34.
- 3 new COVID 19 positive cases from Wayanad have been declared today .
- At present, **37** Positive cases are under treatment.
- As per GO (Rt) No. 740/2020/H&FWD dated 19.04.2020 and GO (Rt) No. 740/2020/H&FWD dated 20.04.2020, Hotspots were notified in the state. Based on the daily report by SDMA the list will be modified, and the revised list is attached as annexure.

Complimentary Activities

- In view of recent trend of COVID-19 positivity in Kerala following the existing advisories under the current strategy, it is decided to augment the testing among the general population by taking 3000 more samples randomly on 26th April 2020 with the objective of detecting any undetected COVID-19 positivity among general population in Kerala.
- Xpert-SARS-CoV testing has been initiated in Govt. Medical Colleges Thiruvananthapuram, Ernakulam and Kozhikode for testing samples with emergency nature such as for emergency surgery, symptomatic health worker, sick patients or COVID suspected death.
- COVID Care Centres have been established in all districts with a view to accommodate people who have been advised home isolation but have no residence in Kerala (e.g.: Tourists, people in transit etc). And to accommodate any person in home isolation but not following the home isolation guidelines. These centres will also accommodate the Keralites returning from various states in India.
- For providing Psycho Social Support, 1107 personnel are working and have given psycho social support calls to 2,32,641 numbers of persons in quarantine/ isolation. In addition to this, Psycho Social Support calls are given to mentally ill patients, Children with Special Needs, Guest Labourers, and Elderly People living alone. Counselling service is also given to alleviate stress of personnel working in corona outbreak control activities. A total of 7,29,955 Psycho Social Support and Counselling Calls have been given to all such categories till date. Co-ordination of Community Based De-addiction is also being done.
- Home isolation is being ensured with the help of squads at LSG level including health staff, police and volunteers.
- Adequate infrastructure facilities have been ensured at all designated isolation facilities.

Annexure 1: Details of persons under Surveillance

| District | No. of Persons under observation as on today | No. of persons under home isolation as on today | No. of symptomatic persons hospitalized as on today | No. of persons hospitalized today |
|--------------------|---|---|---|---|
| Thiruvananthapuram | 2857 | 2796 | 61 | 10 |
| Kollam | 1892 | 1888 | 4 | 2 |
| Pathanamthitta | 131 | 125 | 6 | 1 |
| ldukki | 1596 | 1591 | 5 | 2 |
| Kottayam | 1782 | 1776 | 6 | 0 |
| Alappuzha | 1398 | 1375 | 23 | 10 |
| Ernakulam | 519 | 508 | 11 | 7 |
| Thrissur | 938 | 925 | 13 | 3 |
| Palakkad | 3104 | 3059 | 45 | 8 |
| Malappuram | 1526 | 1498 | 28 | 24 |
| Kozhikode | 1050 | 1032 | 18 | 11 |
| Wayanad | 1166 | 1154 | 12 | 4 |
| Kannur | 2227 | 2172 | 55 | 4 |
| Kasaragod | 1156 | 1135 | 21 | 0 |
| Total | 21342 | 21034 | 308 | 86 |

| Date | No. of | District | Present | Remarks |
|--------------------------|----------|--|----------|--------------------------|
| | patients | | Status | |
| 30.01.2020 02.02.2020 | 1 | Thrissur-1 | Negative | Discharged Discharged |
| 02.02.2020 | 1 | Alappuzha-1 | Negative | Discharged |
| 03.02.2020 | L | Kasaragod-1 Pathanamthitta-5 | Negative | Dischargea |
| 9.03.2020 | 6 | Ernakulam-1 (Kannur native) | Negative | Discharged |
| 10.03.2020 | 8 | Kottayam-2 Pathanamthitta -4 Ernakulam -2 (Kannur native) | Negative | Discharged |
| 12.03.2020 | 2 | Thrissur -1 Kannur -1 | Negative | Discharged |
| 13.03.2020 | 3 | Thiruvananthapuram –3 | Negative | Discharged |
| 15.03.2020 | 2 | Thiruvananthapuram -1 Idukki-1 | Negative | Discharged |
| 16.03.2020 | 3 | Malappuram -2 Kasaragod-1 | Negative | Discharged |
| 19.03.2020 | 1 | Kasaragod-1 | Negative | Discharged |
| 20.03.2020 | 12 | Ernakulam- 6 (1 Malappuramnative) Kasaragod-6 | Negative | Discharged |
| 21.03.2020 | 12 | Ernakulam-3 Kannur-3 Kasaragod-6 | Negative | Discharged |
| 22.03.2020 | 15 | Ernakulam-1 Malappuram-2 Kozhikode-2 Kannur-4 Kasaragod-5 | Negative | Discharged |
| | | Ernakulam-1 | Positive | Expired |
| 23.03.2020 | 28 | Pathanamthitta-1 Ernakulam-2 Thrissur-1 Kannur-5 Kasaragod-19 | Negative | Discharged |
| 24.03.2020 | 14 | Thiruvananthapuram-1 Alappuzha-1 Kottayam-1 Ernakulam-1 Palakkad-1 Malappuram-1 Kozhikode-2 Kasaragod-6 | Negative | Discharged |
| | | Pathanamthitta-1 | Positive | Under treatment |
| 25.03.2020 | 9 | Pathanamthitta-1 Idukki-1 Ernakulam-3 Palakkad-2 Kozhikode-1 | Negative | Discharged |

Annexure 2: Chronology of Positive cases

| Date | No. of patients | District | Present Status | Remarks |
|------------|-----------------|--|-------------------|-----------------|
| 26.03.2020 | 19 | Kannur-9 Idukki-1 Kasaragod-3 Malappuram-3 Thrissur-2 Wayanad-1 | Negative | Discharged |
| 27.03.2020 | 39 | Kollam-1 Thrissur-1 Kozhikode-1 Kannur-2 Kasaragod-34 | Negative | Discharged |
| 28.03.2020 | 6 | Thiriruvanathapuram-2 Kollam-1 Palakkad-1 Malappuram-1 Kasaragod-1 | Negative | Discharged |
| 29.03.2020 | 20 | Ernakulam-1 Thrissur-1 Palakkad-1 Malappuram-1 Kannur-8 Kasaragod-7 | Negative | Discharged |
| | | Thiriruvanathapuram-1 | Positive | Expired |
| 30.03.2020 | 32 | ldukki-2 Kannur-11 Wayanad-2 Kasaragod-17 | Negative | Discharged |
| | | Kollam-1 Kannur-1 | Positive | Under treatment |
| 31.03.2020 | 7 | Thiriruvanathapuram-2 Thrissur-1 Kasaragod-2 | Negative | Discharged |
| | | Kannur-1 | Positive | Under treatment |
| 01.04.2020 | 24 | Thiriruvanathapuram-2 Ernakulam-3 Palakkad-1 Thrissur-2 Malappuram-2 Kannur-1 Kasaragod-12 | Negative | Discharged |
| 02.04.2020 | 21 | Kollam-1 | Positive | Under treatment |

| Date | No. of patients | District | Present Status | Remarks |
|------------|-----------------|---|-------------------|-----------------|
| | | Thiriruvanathapuram-1 Kollam-1 Pathanamthitta-1 Idukki-5 Thrissur-1 Malappuram-1 Kozhikode-1 Kannur-1 Kasaragod-8 | Negative | Discharged |
| 03.04.2020 | 9 | Thrissur-1 Kannur-1 Kasaragod-7 | Negative | Discharged |
| | | Kollam-1 | Positive | Under treatment |
| 04.04.2020 | 11 | Alappuzha-1 Ernakulam-1 Palakkad-1 Kannur-1 Kasaragod-6 | Negative | Discharged |
| | | Kannur-1 | Positive | Under treatment |
| 05.04.2020 | 8 | Pathanamthitta-1 Kozhikode-5 Kasaragod-1 | Negative | Discharged |
| 06.04.2020 | 13 | Kollam- 1 Pathanamthitta- 1 Malappuram - 2 Kasaragod -9 | Negative | Discharged |
| | | Kannur – 2 | Positive | Under treatment |
| 07.04.2020 | 8 | Kollam – 1 Malappuram – 1 Kasaragod – 4 | Negative | Discharged |
| | | Kannur – 1 | Positive | Under treatment |
| 08.04.2020 | 9 | Pathanamthitta- 1 Alappuzha - 2 Thrissur - 1 Kannur -3 Kasaragod - 1 | Negative | Discharged |
| 09.04.2020 | 12 | Thiruvananthapuram - 1 Kollam -1 Malappuram - 2 Kannur -4 Kasaragod - 4 | Negative | Discharged |
| 10.04.2020 | 7 | Malappuram - 2 Kannur - 2 Kasaragod - 3 | Negative | Discharged |
| | | Kannur – 1 | Positive | Under treatment |
| 11.04.2020 | 10 | Kozhikode – 1 Kannur-6 Kasaragod – 2 | Negative | Discharged |
| 12.04.2020 | 2 | Kannur-1 Pathanamthitta-1 | Negative | Discharged |

| Date | No. of patients | District | Present Status | Remarks |
|------------|--------------------|---|-------------------|-----------------|
| 13.04.2020 | 3 | Palakkad-1 Kannur-2 | Negative | Discharged |
| 14.04.2020 | 8 | Kannur- 3 Kasaragod-1 | Positive | Under treatment |
| | | Kozhikkode-3 Kannur-1 | Negative | Discharged |
| 15.04.2020 | 1 | Kannur-1 | Positive | Under treatment |
| | | Kannur-2 | Positive | Under treatment |
| 16.04.2020 | 7 | Kozhikode-2 Kannur-2 Kasaragod-1 | Negative | Discharged |
| 17.04.2020 | 1 | Kozhikode-1 | Negative | Discharged |
| 18.04.2020 | 4 | Kannur-3 Kozhikode-1 | Negative | Discharged |
| 19.04.2020 | 2 | Kannur-1 | Positive | Under treatment |
| | | Kasaragod-1 | Negative | Discharged |
| 20.04.2020 | 6 | Kannur-6 | Negative | Discharged |
| | | Kannur-1 Palakkad-1 | Positive | Under treatment |
| 21.04.2020 | 19 | Kollam-1 Palakkad-3 Malappuram-1 Kannur-9 Kasaragod-3 | Negative | Discharged |
| | | Kannur-2 Kottayam-1 | Positive | Under treatment |
| 22.04.2020 | 11 | Malappuram-1 | Positive | Expired |
| | | Kozhikode-2 Kannur-5 | Negative | Discharged |
| 23.04.2020 | 10 | Thiruvananthapuram – 1 Kollam-1 Kottayam-2 Idukki-4 Kozhikode-2 | Negative | Discharged |
| 04.04.0000 | 2 | Kasaragod-1 | Positive | Under treatment |
| 24.04.2020 | 3 | Kasaragod-2 | Negative | Discharged |
| 25.04.2020 | 7 | Kollam-3 Kottayam-3 Kannur-1 | Negative | Discharged |
| 26.04.2020 | 11 | ldukki-2 Kottayam-4 | Positive | Under treatment |
| | | ldukki-4 Kottayam-1 | Negative | Discharged |
| 27.04.2020 | 13 | Kottayam-6 Idukki-4 Malappuram-1 Palakkad-1 Kannur-1 | Negative | Discharged |

| Date | No. of patients | District | Present Status | Remarks |
|---|--------------------|------------------------------|-------------------|-----------------|
| | | Kannur-1 | Positive | Under treatment |
| 28.04.2020 | 4 | Kannur-2 Kasaragod-1 | Negative | Discharged |
| | | Kasaragod- 1 | Positive | Under treatment |
| 29.04.2020 | 10 | Thiruvananthapuram-2 | | |
| 29.04.2020 | 10 | Kollam-6 | Negative | Discharged |
| | | Kasaragod- 1 (Kannur native) | | |
| 30.04.2020 2 | | Malappuram-1 Kasaragod-1 | Negative | Discharged |
| 02.05.2020 | 2 | Wayanad-1 Kannur-1 | Positive | Under treatment |
| 05.05.2020 | 3 | Wayanad-3 | Positive | Under treatment |
| • 502 persons have been tested positive till date since the outbreak in Kerala. | | | | |

• 37 persons are currently under treatment.

Annexure 3: District wise distribution based on hospital admission

| District | No. of positive cases admitted | Other Districts |
|----------------|--------------------------------|-----------------|
| Kollam | 3 | |
| Pathanamthitta | 1 | |
| Kottayam | 6 | 1 ldukki |
| ldukki | 1 | |
| Palakkad | 1 | |
| Wayanad | 4 | |
| Kannur | 18 | |
| Kasaragod | 3 | |
| Total | 37 | |

Annexure 4:Hotspots as on 05.05.2020

| List of Lo District [| Disaster Manageme | ts for identification and notifica ent Authorities (vide Ltr. No. 40- nistry of Home Affairs, Governm | -3/2020-DM-I (A) dated 1-5- |
|--------------------------|-------------------|---|-----------------------------|
| SI. No | District | LSG Needing Special Attention | Containment Zones |
| 1 | Ernakulam | Edakkattuvayal Panchayat | Ward 14 |
| 2 | Ernakulam | Manjalloor Panchayat | |
| 3 | Ernakulam | Cochin (C) | |
| 4 | ldukki | Elappara | |
| 5 | ldukki | Vandanmedu | |
| 6 | ldukki | Vandiperiyar | |
| 7 | ldukki | Karunapuram | |
| 8 | | Santhanpara | |
| | Idukki | Panchayat | |
| 9 | ldukki | Irattayar | |
| 10 | ldukki | Edavetty | |
| 11 | ldukki | Munnar | |
| 12 | ldukki | Vazahathoppu | |
| 13 | ldukki | Senapathy | |
| 14 | ldukki | Nedungandam | |
| 15 | Kannur | Pattiam | |
| 16 | Kannur | Koothuparamba (M) | |
| 17 | Kannur | Peralasseri | |
| 18 | Kannur | Panoor (M) | |
| 19 | Kannur | Mokeri | |
| 20 | Kannur | Kottayam Malabar (M) | |
| 21 | Kannur | Madayi | |
| 22 | Kannur | Pappinisseri | |
| 23 | Kannur | Panniyannur | |
| 24 | Kannur | Kunnothuparamba | |
| 25 | Kannur | Chengalai | |
| 26 | Kannur | Kanichar | |
| 27 | Kannur | Kolayad | |
| 28 | Kannur | Mattool | |
| 29 | Kannur | Chittariparamba | |
| 30 | Kannur | Mangattidam | |
| 31 | Kannur | Ezhome | |
| 32 | Kannur | Kadirur | |
| 33 | Kannur | New Mahe | |
| 34 | Kannur | Muzhappilangad | |
| 35 | Kannur | Koodali | |
| 36 | Kannur | Naduvil | |
| 37 | Kannur | Payyannur (M) | |
| 38 | Kasaragod | Kasargode (M) | |
| 39 | Kasargode | Chengala | |

Call Centre:0471 2309250, 2309251, 2309252, 2309253, 2309254, 2309255 DISHA: 0471-2552056, 105610

| 40 | Kasargode | Chemnad | |
|----|--------------------|--------------------|---|
| 41 | Kasargode | Ajanur | |
| 42 | Kasargode | Uduma | |
| 43 | Kasargode | Mogral Puthur | |
| 44 | Kasargode | Muliyar | |
| 45 | Kollam | Kulathupuzha | |
| 46 | Kollam | Chathannoor | |
| 47 | Kollam | Punaloor (M) | |
| 48 | Kollam | Thrikkaru∨a | |
| 49 | Kollam | Ochira | |
| 50 | Kollam | Thrikkovilvattom | |
| 51 | Kollam | Sasthamcotta | |
| 52 | Kollam | Nilamel | |
| 53 | Kottayam | Panchaikkadu | |
| 54 | Kottayam | Kottayam (M) | |
| 55 | Kottayam | Vijayapuram | |
| 56 | Kottayam | Manarcadu | |
| 57 | Kottayam | Udayanapuram | |
| 58 | Kottayam | Velloor | |
| 59 | Kottayam | Changanacherry (M) | |
| 60 | Kottayam | Ayarkkunnam | |
| 61 | Kottayam | Melukavu | |
| 62 | Kottayam | Thalayolaparambu | |
| 63 | Kottayam | Aymanam | |
| 64 | Kozhikode | Kozhikode (C) | |
| 65 | Kozhikode | Azhiyur | |
| 66 | Kozhikode | Kodencheri | |
| 67 | Kozhikode | Vadakara (M) | |
| 68 | Malappuram | Kaladi | |
| 69 | Malappuram | Maranchery | |
| 70 | Malappuram | Manjeri (M) | |
| 71 | Palakkad | Kuzhalmannam | |
| 72 | Palakkad | Thirumittacode | |
| 73 | Pathanamthitta | Aranmula | |
| 74 | Thiruvananthapuram | Neyyattinkara (M) | |
| 75 | Thiruvananthapuram | Varakala (M) | |
| 76 | Thiruvananthapuram | Athiyannur | |
| 77 | Thiruvananthapuram | Parasala | |
| 78 | Thiruvananthapuram | Balaramapuram | |
| 79 | Thiruvananthapuram | Kunnathukal | |
| 80 | Thiruvananthapuram | Kulathur | |
| 81 | Thiruvananthapuram | Karodu | |
| 82 | Thiruvananthapuram | Vellarada | |
| 83 | Thiruvananthapuram | Amboori | |
| 84 | Wayanad | Mananthavady (M) | Wards - 7, 8, 9, 10, 21, 22, Town Area, 25, 26, 27 |
| 85 | Wayanad | Thirunelli | All Wards |

Call Centre:0471 2309250, 2309251, 2309252, 2309253, 2309254, 2309255 DISHA: 0471-2552056, 1056<mark>11</mark>

| 86 | Wayanad | Edavaka | 12, 14, 16 | | | |
|----|---|-------------|-------------------------------------|--|--|--|
| 87 | Wayanad | Ambalavayal | Mangodu Colony | | | |
| 88 | Wayanad | Vellamunda | 9, 10, 11, 12 | | | |
| 89 | Wayanad | Meenangadi | 8, 9, 10, 17, Thachambath Colony | | | |
| | The containment zones will be the wards specified against the 'LSG Needing Special Attention' as per the directions dated 4-5-2020. | | | | | |

| | Additions to list the list of LSG Needing Special Attention as on 5-05-2020 | | | |
|---|---|-------------|--|--|
| 1 | Wayanad | Thirunelli | | |
| 2 | Wayanad | Edavaka | | |
| 3 | Wayanad | Ambalavayal | | |
| 4 | Wayanad | Vellamunda | | |
| 5 | Wayanad | Meenangadi | | |

*As per Report from Secretary KSDMA on 05.05.2020