

COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL HEALTH & FAMILY WELFARE DEPARTMENT GOVT. OF KERALA

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Kerala Epidemic Diseases, COVID-19 Regulations, 2020

In exercise of the powers conferred by sections 2, 3 & 4 of the Epidemic Diseases Act, 1897 (Central Act 3 of 1897), the Government of Kerala has issued regulations as Kerala Epidemic Diseases, COVID-19 Regulations, 2020for the strict compliance, for the containment management and control of COVID-19 21-3-2020 as part of endeavor to eliminate COVID from the State.

Advisories

- Any person with travel history or person with contact with such a travelermust remain in home isolation irrespective of their symptom status.
- Do frequent hand washing with soap and water. Avoid social greetings by touching, hugging or handshaking.
- Do not touch your face, nose and eyes.
- Use handkerchief while coughing/ sneezing. It is advisable for all to use masks during the COVID 19 pandemic season. N95 masks should not be worn by the public.
- Training and IEC videos prepared by the department are available on "Kerala Health Online Training" YouTube channel of the Directorate of Health Services.

Guidelines

The following guidelines were issued and published in the website of DHS:

- 1. Reorganisation of laboratories for sending routine COVID samples by RT-PCR
- 2. COVID-19 testing augmentation Xpert-SARS-CoV Testing
- 3. COVID-19 instructions for using GeneXpert/Truenat-beta-CoV in the private sector in Kerala
- 4. Advisory for Ensuring TB services in Kerala in the context of COVID-19
- 5. Advisory for restarting immunisation activities regarding Universal immunisation programme

Date: 05/05/2020

WHO has declared the COVID-19 epidemic affecting 215 countries, areas or territories as a Pandemic. Considering the increase in number of cases, the state has strengthened the surveillance and control measures against the disease in view of the same.

Home/Hospital Isolation

• 21342 persons are placed under surveillance, out of which 21034 are under home isolation and 308 are admitted in designated isolation facilities.

Sample Testing

- Till date 33800 samples (including augmented samples) have been sent for testing out of which 33265 came as negative.
- Apart from above, 2512 samples were taken from priority groups like health care workers, persons with high social exposure, workers etc. as part of Sentinel surveillance of which 1979 samples tested negative.

Test Results

- Total confirmed cases under treatment till yesterday were 34.
- 3 new COVID 19 positive cases from Wayanad have been declared today.
- At present, 37 Positive cases are under treatment.
- As per GO (Rt) No. 740/2020/H&FWD dated 19.04.2020 and GO (Rt) No. 740/2020/H&FWD dated 20.04.2020, Hotspots were notified in the state. Based on the daily report by SDMA the list will be modified, and the revised list is attached as annexure.

Complimentary Activities

- In view of recent trend of COVID-19 positivity in Kerala following the existing advisories under the current strategy, it is decided to augment the testing among the general population by taking 3000 more samples randomly on 26th April 2020 with the objective of detecting any undetected COVID-19 positivity among general population in Kerala.
- Xpert-SARS-CoV testing has been initiated in Govt. Medical Colleges Thiruvananthapuram, Ernakulam and Kozhikode for testing samples with emergency nature such as for emergency surgery, symptomatic health worker, sick patients or COVID suspected death.
- COVID Care Centres have been established in all districts with a view to accommodate people who have been advised home isolation but have no residence in Kerala (e.g.: Tourists, people in transit etc). And to accommodate any person in home isolation but not following the home isolation guidelines. These centres will also accommodate the Keralites returning from various states in India.
- For providing Psycho Social Support, 1107 personnel are working and have given psycho social support calls to 2,32,641 numbers of persons in quarantine/isolation. In addition to this, Psycho Social Support calls are given to mentally ill patients, Children with Special Needs, Guest Labourers, and Elderly People living alone. Counselling service is also given to alleviate stress of personnel working in corona outbreak control activities. A total of 7,29,955 Psycho Social Support and Counselling Calls have been given to all such categories till date. Co-ordination of Community Based De-addiction is also being done.
- Home isolation is being ensured with the help of squads at LSG level including health staff, police and volunteers.
- Adequate infrastructure facilities have been ensured at all designated isolation facilities.

Annexure 1: Details of persons under Surveillance

District	No. of Persons under observation as on today	No. of persons under home isolation as on today	No. of symptomatic persons hospitalized as on today	No. of persons hospitalized today
Thiruvananthapuram	2857	2796	61	10
Kollam	1892	1888	4	2
Pathanamthitta	131	125	6	1
Idukki	1596	1591	5	2
Kottayam	1782	1776	6	0
Alappuzha	1398	1375	23	10
Ernakulam	519	508	11	7
Thrissur	938	925	13	3
Palakkad	3104	3059	45	8
Malappuram	1526	1498	28	24
Kozhikode	1050	1032	18	11
Wayanad	1166	1154	12	4
Kannur	2227	2172	55	4
Kasaragod	1156	1135	21	0
Total	21342	21034	308	86

Annexure 2: Chronology of Positive cases

Date	No. of patients	District	Present Status	Remarks
30.01.2020	1	Thrissur-1	Negative	Discharged
02.02.2020	1	Alappuzha-1	Negative	Discharged
03.02.2020	1	Kasaragod-1	Negative	Discharged
9.03.2020	6	Pathanamthitta-5		Discharged
9.03.2020	0	Ernakulam-1 (Kannur native)	Negative	Discharged
		Kottayam-2		
10.03.2020	8	Pathanamthitta –4	Negative	Discharged
		Ernakulam -2 (Kannur native)		
12.03.2020	2	Thrissur -1	Negative	Discharged
		Kannur –1		
13.03.2020	3	Thiruvananthapuram –3	Negative	Discharged
	2	Thiruvananthapuram -1	Negative	Discharged
15.03.2020	_	ldukki-1	- regulare	21001101900
16.03.2020	3	Malappuram –2	Negative	Discharged
		Kasaragod-1		
19.03.2020	1	Kasaragod-1	Negative	Discharged
	4.0	Ernakulam- 6 (1		5
20.03.2020	12	Malappuramnative)	Negative	Discharged
		Kasaragod-6		
	10	Ernakulam-3	N1	Dia alamana d
21.03.2020	12	Kannur-3	Negative	Discharged
		Kasaragod-6 Ernakulam-1		
		Malappuram-2		
	15	Malappulatti-2 Kozhikode-2	Negative	Discharged
		Kannur-4		
22.03.2020		Kasaragod-5		
		Ernakulam-1	Positive	Expired
		Pathanamthitta-1	1 0011170	Expired
		Ernakulam-2		
23.03.2020	28	Thrissur-1	Negative	Discharged
	20	Kannur-5	riegative	2.000900.
		Kasaragod-19		
		Thiruvananthapuram-1		
		Alappuzha-1		
		Kottayam-1		
24.03.2020	14	Ernakulam-1	Mogativo	Discharged
24.03.2020	14	Palakkad-1	Negative	Discharged
		Malappuram-1		
		Kozhikode-2		
		Kasaragod-6		
25.03.2020		Pathanamthitta-1	Positive	Under treatment
		Pathanamthitta-1		
	9	ldukki-1		
	E	Ernakulam-3	Negative	Discharged
		Palakkad-2		
		Kozhikode-1		

Date	No. of patients	District	Present Status	Remarks
26.03.2020	19	Kannur-9 dukki-1 Kasaragod-3 Malappuram-3 Thrissur-2 Wayanad-1	Negative	Discharged
27.03.2020	39	Kollam-1 Thrissur-1 Kozhikode-1 Kannur-2 Kasaragod-34	Negative	Discharged
28.03.2020	6	Thiriruvanathapuram-2 Kollam-1 Palakkad-1 Malappuram-1 Kasaragod-1	Negative	Discharged
29.03.2020	20	Ernakulam-1 Thrissur-1 Palakkad-1 Malappuram-1 Kannur-8 Kasaragod-7	Negative	Discharged
		Thiriruvanathapuram-1	Positive	Expired
30.03.2020	32	ldukki-2 Kannur-11 Wayanad-2 Kasaragod-17	Negative	Discharged
		Kollam-1	Positive	Under treatment
31.03.2020	7	Kannur-1 Thiriruvanathapuram-2 Thrissur-1 Kasaragod-2	Negative	Discharged
		Kannur-1	Positive	Under treatment
01.04.2020	24	Thiriruvanathapuram-2 Ernakulam-3 Palakkad-1 Thrissur-2 Malappuram-2 Kannur-1 Kasaragod-12	Negative	Discharged
02.04.2020	21	Kollam-1	Positive	Under treatment

Date	No. of patients	District	Present Status	Remarks
		Thiriruvanathapuram-1 Kollam-1 Pathanamthitta-1 Idukki-5 Thrissur-1 Malappuram-1 Kozhikode-1 Kannur-1 Kasaragod-8	Negative	Discharged
03.04.2020	9	Thrissur-1 Kannur-1 Kasaragod-7	Negative	Discharged
		Kollam-1	Positive	Under treatment
04.04.2020	11	Alappuzha-1 Ernakulam-1 Palakkad-1 Kannur-1 Kasaragod-6	Negative	Discharged
		Kannur-1	Positive	Under treatment
05.04.2020	8	Pathanamthitta-1 Kozhikode-5 Kasaragod-1	Negative	Discharged
06.04.2020	13	Kollam- 1 Pathanamthitta- 1 Malappuram - 2 Kasaragod -9	Negative	Discharged
		Kannur – 2	Positive	Under treatment
07.04.2020	8	Kollam - 1 Malappuram - 1 Kasaragod - 4	Negative	Discharged
		Kannur – 1	Positive	Under treatment
08.04.2020	9	Pathanamthitta- 1 Alappuzha - 2 Thrissur - 1 Kannur -3 Kasaragod - 1	Negative	Discharged
09.04.2020	12	Thiruvananthapuram - 1 Kollam -1 Malappuram - 2 Kannur -4 Kasaragod - 4	Negative	Discharged
10.04.2020	7	Malappuram – 2 Kannur – 2 Kasaragod – 3	Negative	Discharged
		Kannur – 1	Positive	Under treatment
11.04.2020	10	Kozhikode – 1 Kannur-6 Kasaragod – 2	Negative	Discharged
12.04.2020	2	Kannur-1 Pathanamthitta-1	Negative	Discharged

Date	No. of patients	District	Present Status	Remarks
13.04.2020	3	Palakkad-1 Kannur-2	Negative	Discharged
14.04.2020	8	Kannur- 3 Kasaragod-1	Positive	Under treatment
		Kozhikkode-3 Kannur-1	Negative	Discharged
15.04.2020	1	Kannur-1	Positive	Under treatment
		Kannur-2	Positive	Under treatment
16.04.2020	7	Kozhikode-2 Kannur-2 Kasaragod-1	Negative	Discharged
17.04.2020	1	Kozhikode-1	Negative	Discharged
18.04.2020	4	Kannur-3 Kozhikode-1	Negative	Discharged
19.04.2020	2	Kannur-1	Positive	Under treatment
		Kasaragod-1	Negative	Discharged
20.04.2020	6	Kannur-6	Negative	Discharged
		Kannur-1 Palakkad-1	Positive	Under treatment
21.04.2020	19	Kollam-1 Palakkad-3 Malappuram-1 Kannur-9 Kasaragod-3	Negative	Discharged
	11	Kannur-2 Kottayam-1	Positive	Under treatment
22.04.2020		Malappuram-1	Positive	Expired
		Kozhikode-2 Kannur-5	Negative	Discharged
23.04.2020	10	Thiruvananthapuram – 1 Kollam–1 Kottayam–2 Idukki–4 Kozhikode–2	Negative	Discharged
24.04.2020		Kasaragod-1	Positive	Under treatment
24.04.2020	3	Kasaragod-2	Negative	Discharged
25.04.2020	7	Kollam-3 Kottayam-3 Kannur-1	Negative	Discharged
26.04.2020	11	ldukki-2 Kottayam-4	Positive	Under treatment
		ldukki-4 Kottayam-1	Negative	Discharged
27.04.2020	13	Kottayam-6 dukki-4 Malappuram-1 Palakkad-1 Kannur-1	Negative	Discharged

Date	No. of patients	District	Present Status	Remarks
		Kannur-1	Positive	Under treatment
28.04.2020 4	Kannur-2 Kasaragod-1	Negative	Discharged	
		Kasaragod- 1	Positive	Under treatment
29.04.2020	10	Thiruvananthapuram-2 Kollam-6 Kasaragod- 1 (Kannur native)	Negative	Discharged
30.04.2020	2	Malappuram-1 Kasaragod-1	Negative	Discharged
02.05.2020	2	Wayanad-1 Kannur-1	Positive	Under treatment
05.05.2020	3	Wayanad-3	Positive	Under treatment

^{• 502} persons have been tested positive till date since the outbreak in Kerala.

Annexure 3: District wise distribution based on hospital admission

District	No. of positive cases admitted	Other Districts
Kollam	3	
Pathanamthitta	1	
Kottayam	6	1 ldukki
ldukki	1	
Palakkad	1	
Wayanad	4	
Kannur	18	
Kasaragod	3	
Total	37	

^{• 37} persons are currently under treatment.

Annexure 4:Hotspots as on 05.05.2020

List of Local Self Government for identification and notification of Containment Zones by District Disaster Management Authorities (vide Ltr. No. 40-3/2020-DM-I (A) dated 1-5-2020 of Ministry of Home Affairs, Government of India) District LSG SI. No 1 Edakkattuvayal Panchayat Ernakulam 2 Manjalloor Panchayat Ernakulam 3 Cochin (C) Ernakulam 4 Idukki Elappara 5 Idukki Vandanmedu 6 Idukki Vandiperiyar 7 Idukki Karunapuram 8 Santhanpara Panchayat Idukki 9 Idukki Irattayar 10 Idukki Edavetty 11 Munnar Idukki 12 Idukki Vazahathoppu 13 Idukki Senapathy 14 Idukki Nedungandam 15 Kannur Pattiam 16 Kannur Koothuparamba (M) 17 Peralasseri Kannur 18 Kannur Panoor (M) 19 Kannur Mokeri 20 Kannur Kottayam Malabar (M) 21 Kannur Madayi 22 Kannur Pappinisseri 23 Kannur Panniyannur 24 Kannur Kunnothuparamba 25 Kannur Chengalai 26 Kannur Kanichar 27 Kannur Kolayad 28 Kannur Mattool 29 Kannur Chittariparamba 30 Kannur Mangattidam 31 Kannur Ezhome 32 Kannur Kadirur 33 Kannur New Mahe 34 Kannur Muzhappilangad 35 Kannur Koodali 36 Naduvil Kannur 37 Payyannur (M) Kannur 38 Kasaragod Kasargode (M) 39 Kasargode Chengala 40 Kasargode Chemnad 41 Kasargode **Ajanur** 42 Kasargode Uduma

43	Kasargode	MogralPuthur
44	Kasargode	Muliyar
45	Kollam	Kulathupuzha
46	Kollam	Chathannoor
47	Kollam	Punaloor (M)
48	Kollam	Thrikkaruva
49	Kollam	Ochira
50	Kollam	Thrikkovilvattom
51	Kollam	Sasthamcotta
52	Kollam	Nilamel
53	Kottayam	Panchaikkadu
54	Kottayam	Kottayam (M)
55	Kottayam	Vijayapuram
56	Kottayam	Manarcadu
57	Kottayam	Udayanapuram
58	Kottayam	Velloor
59	Kottayam	Changanacherry (M)
60	Kottayam	Ayarkkunnam
61	Kottayam	Melukavu
62	Kottayam	Thalayolaparambu
63	Kottayam	Aymanam
64	Kozhikode	Kozhikode (C)
65	Kozhikode	Azhiyur
66	Kozhikode	Kodencheri
67	Kozhikode	Vadakara (M)
68	Malappuram	Kaladi
69	Malappuram	Maranchery
70	Malappuram	Manjeri (M)
71	Palakkad	Kuzhalmannam
72	Palakkad	Thirumittacode
73	Pathanamthitta	Aranmula
74	Thiruvananthapuram	Neyyattinkara (M)
75	Thiruvananthapuram	Varakala (M)
76	Thiruvananthapuram	Athiyannur
77	Thiruvananthapuram	Parasala
78	Thiruvananthapuram	Balaramapuram
79	Thiruvananthapuram	Kunnathukal
80	Thiruvananthapuram	Kulathur
81	Thiruvananthapuram	Karodu
82	Thiruvananthapuram	Vellarada
83	Thiruvananthapuram	Amboori
84	Wayanad	Mananthavady (M)

^{*}As per Report from Secretary KSDMA on 05.05.2020