



**COVID-19 (nCorona) Virus Outbreak Control and Prevention State Cell**  
**Health & Family Welfare Department**  
**Government of Kerala**

**ADVISORY FOR HOME ISOLATION OF ASYMPTOMATIC COVID-19 POSITIVE**  
**HEALTH CARE WORKERS**

**No.31/F2/2020/ Health- 29<sup>th</sup> July 2020**

The State Medical Board has reviewed the matter of asymptomatic Health Care Workers (HCW) tested positive for COVID-19 and has suggested that they may be permitted to undergo home isolation provided the following guidelines are followed:

1. The asymptomatic HCW tested positive for COVID-19 shall submit a written request for permission to undergo home isolation to the COVID nodal officer of the institution or concerned higher authority.
2. The HCW shall submit a self-declaration that they shall strictly adhere to the room isolation/quarantine guidelines and that there are no elderly persons or persons with comorbidity at home.
3. Antigen test shall be performed on day 10. If the test is negative, further seven days of rest is advised.
4. The HCW should be in an independent bath attached room for the purpose room isolation. The advisory on room isolation/quarantine shall be strictly followed.
5. The HCW shall self-monitor daily for any symptoms and inform the respective institution if he/she develops any symptoms and follow further testing and treatment guidelines as appropriate.
6. A healthy adult and willing care taker should be identified by the family for providing care to the HCW observing all safety precautions as per isolation guidelines. Close contact with other family members, sharing common spaces in the house and sharing of common household objects is prohibited.

  
**Principal Secretary**