



## **NCD treatment during Floods at PRIMARY CARE**

### **IMMEDIATELY REFER**

- ⇒ SBP > 180 OR DBP > 110 mm Hg
- ⇒ BP patients with Headache/ Breathlessness /Chest pain
- ⇒ Diabetic patients with altered sensorium/ Abd. Pain/ Headache - DKA?
- ⇒ Diabetic patients on Insulin not under control
- ⇒ Uncontrolled diabetes after 3 days treatment (Postprandial > 200 mg)
- ⇒ CVD patients with less urinary output/ Weakness of limb / dyspnea/ palpitation/ Chest pain
- ⇒ Patients under anticoagulants (warfarin)
- ⇒ CKD with less urinary output / edema/ any fluid retention
- ⇒ COPD/ Asthma not responding to nebulization or nebulization not available
- ⇒ Known Stroke/ Cancer patients with worsening symptoms

### **Diabetes**

- ⇒ If RBS not available – Tab. Metformin 500mg BD
- ⇒ If RBS < 250 mg
  - Drug known – continue same
  - Drug Unknown – Tab. Metformin 500 mg BD
- ⇒ If RBS > 250 mg – stat dose – Inj. Regular (Plain) Insulin 10U s.c Stat
  - Drug known – continue same
  - Drug Unknown – Tab. Metformin 500 mg BD

### **Hypertension**

- ⇒ SBP < 180 & DBP < 110 and asymptomatic
  - Drug known – continue same with increased dose for 3 days and titrate after that
  - Drug unknown – Tab. Amlodipine 5mg 1-0-1 x 3 days
    - After 3 days uncontrolled – ADD Tab. Losartan 50 mg 1 OD/ 25mg 1-0-1 OR Tab. Telmisartan 40 mg 1-0-0

### **CAD**

- ⇒ If records available – continue same
- ⇒ If records unavailable
  - Tab. Clopidogrel 75 mg 0-1-0
  - Tab. Aspirin 75 mg 0-1-0
  - Tab. Metoprolol 25 mg 1-0-1
  - Tab. Atrovastatin 10 mg 0-0-1

### **Acute exacerbation of COPD/ Bronch. Asthma**

- ⇒ Nebulization available - Salbutamol and Foracart solution
  - Improved – continue old drug or Tab. Salbutamol 2mg 1-0-1