



**COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL
HEALTH & FAMILY WELFARE DEPARTMENT
GOVT. OF KERALA**

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The daily COVID-19 bulletin of the Department of Health and Family Welfare, Government of Kerala summarizes the COVID-19 situation in Kerala. The bulletin also contains links to various important documents, guidelines, and websites for references.

OUR HEALTH OUR RESPONSIBILITY

- *Even after vaccination , follow COVID appropriate behaviour.*
- *Maintain a distance of at least two metres with all people all the time.*
- *Always wear clean face mask appropriately everywhere all the time*
- *Perform hand hygiene after touching objects and surfaces all the time.*
- *Perform hand hygiene before and after touching your face.*
- *Observe cough and sneeze hygiene*
- *Avoid unnecessary travel, social interaction*
- *Protect the elderly and the vulnerable- Observe reverse quarantine*
- **PEOPLE WITH MULTIPLE COMORBIDITIES , IF DETECTED COVID POSTIVE SHOULD GET ADMITTED IN THE HOSPITAL IMMEDIATELY AND DO NOT REMAINED IN HOME ISOLATION**
- *Infection prevention by following Covid appropriate behaviour got strengthened with introduction of COVID vaccination.*

Covid 19 status- Analytical Note

- 97.3% of the eligible population vaccinated with a single dose of vaccine (2,59,96,886) and 74.5% with a double dose (1,99,15,941) till December 20.
- Kerala is the state with highest rate of Vaccination/ Million- 1286093. The state has vaccinated more than 97% of people aged more than 45 years with a single dose and 81% with double dose*. (*Target recalculated)
- People have been cooperating we appeal to the 2nd dose eligible people to take their second dose of Covishield/ Covaxin without delay. Both the vaccines are effective.

- **As per today's data, among the 2230 positives, 1937 persons were eligible for vaccination. 145 were vaccinated with single-dose and 1146 were fully vaccinated.**
- **646 persons had no history of vaccination. This sub cohort needs to be followed and among them people having morbidity are advised to access health care in a Hospital. All vaccinated people should follow covid appropriate behaviour.**
- **Non vaccinated people with co morbidity have higher chances of mortality based on the mortality analysis. Hence, especially people with comorbidities should be careful. All must follow Covid appropriate behaviors.**
- **COVID-19 vaccines protect people from getting infected and become severely ill, and significantly reduce the likelihood of hospitalization and death.**
- **During December 13-December 19, the average active cases were 33,724 out of them an average of around 1.9% only were admitted in oxygen beds and 1.6% were in ICU. During this period there was a decrease of around 5700 new cases. The growth rate in newly declared cases decreased by 20% during the same week compared to the previous week. The number of active patients, those admitted in hospitals, field hospitals, ICU, ventilator and oxygen support beds has reduced by 15%, 12%, 23%, 10%, 4% and 20% respectively in this week compared to previous week. This shows that rate of hospitalization and serious cases are showing a decreasing trend.**
- For any disease control program, active case finding is important. The state is doing appropriate testing. However, there is an apprehension regarding test positivity rate. It is hereby explained that test positivity rate indicates the infection. There are two specific issues all may understand i.e. **contracting infection** and because of contracting infection **the disease manifestation**. The World over post vaccination phase, contracting infection to disease manifestation is examined as **CONVERSION RATE** to decide the severity of pandemic. The data as on date suggests the conversion rate is stable because the People are following instructions, taking vaccines. However, it can be further improved with cooperation from all i.e. positive person having comorbidities should not delay their arrival in Hospital and take treatment as per the treatment protocols.
- Out of total 28,724 cases of infection only 8.8% of the active cases are admitted either in hospital/Field hospitals. This percentage is more or less constant and that indicates that the progression toward disease of the person who is infected is not very alarming and appropriate care and support is being given to patients. The patients who arrive late in the hospital even though having morbidity are the majority patients in the hospitals and Diabetes and Hypertension together being the most common cause of patient death. Therefore, we request people with co morbidities once detected with covid infection to get hospitalized in time.
- Based on the Covid positive data during June, July and August, 6% of the Covid positive patients had taken a single dose of Covid 19 vaccination and 3.6% had taken two doses of covid 19 vaccination. This indicates that vaccinated people may get infected, even though it is very less. It indicates that post vaccination immunity is effective in preventing infection. Vaccinated people are advised to consult Doctor only when symptomatic. Vaccinated people should follow covid appropriate behaviour.
- Symptomatic non-Vaccinated people may do RTPCR test. Antigen testing is only for emergency purpose. Non vaccinated people with co-morbidities to do testing by RTPCR and consult doctor.
- Repeat RTPCR is not needed among the people who are detected COVID positive in the previous 3 months. All young person detected positive and at home isolation should do blood sugar test.

PART- 1 SUMMARY OF COVID CASES AND DEATH

Table 1. Summary of COVID-19 cases till 19/12/2021

Positive cases	Recovered patients	New persons in Quarantine / Isolation	New Persons in Home, Institution quarantine	New persons in Hospital Isolation	Total no of Deaths reported	No of deaths declared as per appeal G.O.(Rt) No.2110/2021/H&FWD (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&FWD Dated 14 October (C)
5217589	5141779	7840	7634	206	44503	10584	3779

Table 2. Summary of new COVID-19 cases (last 24 hours)

Positive cases	Recovered patients	New persons in Quarantine / Isolation	New Persons in Home, Institution quarantine	New persons in Hospital Isolation	No of Deaths reported daily (A)	No of deaths declared as per appeal G.O.(Rt) No.2110/2021/H&FWD (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&FWD Dated 14 October (C)
2230	3722	9586	9393	193	14	405	0

Table 3. Cumulative summary as on 20/12/2021

Total Positive cases	Active cases	Total Recovered	Total persons in Quarantine / Isolation	Persons in Home/Institution quarantine	Persons in Hospital Isolation	Total No of Deaths (D)	Total No of deaths declared as per appeal G.O.(Rt) No.2110/2021/H&FWD (E)	Total No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&FWD Dated 14 October (F)
5219819	28724	5145501	139438	135200	4238	44922	10989	3779

Table 4. District wise summary of Cumulative cases, Active cases, and New positive cases

District	Positive Cases declared today	Declared Negative today	Positive cases admitted in the district
Thiruvananthapuram	439	681	5282
Kollam	171	346	1137
Pathanamthitta	116	145	521
Alappuzha	86	57	491
Kottayam	177	422	2923
Idukki	61	147	1513
Ernakulam	397	527	4948
Thrissur	120	349	2496
Palakkad	73	29	681
Malappuram	80	108	1597
Kozhikode	259	531	3728
Wayanad	46	87	966
Kannur	161	202	1632
Kasaragod	44	91	809
Total	2230	3722	28724

Table 5. District wise Death Cases through online and offline mode - post scrutiny status

District	No of Deaths reported daily (A)	No of deaths declared through appeal G.O.(Rt) No.2110/2021/H&F WD Dated 29 September (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&FWD Dated 14 October (C)	Death Cases approved today (A+B+C)
Thiruvananthapuram	0	25	0	25
Kollam	0	0	0	0
Pathanamthitta	3	0	0	3
Alappuzha	1	96	0	97
Kottayam	1	61	0	62
Idukki	6	0	0	6
Ernakulam	0	32	0	32
Thrissur	1	0	0	1
Palakkad	1	0	0	1
Malappuram	0	83	0	83
Kozhikode	0	54	0	54
Wayanad	1	0	0	1
Kannur	0	54	0	54
Kasaragod	0	0	0	0
Total	14	405	0	419

- The list of Track A is mentioned in the Bulletin
- The list of Track B and Track C will be very long as we are declaring cumulative cases. These lists are available with the DMO and can be verified on online portal.
- <https://covid19.kerala.gov.in/deathinfo/covidDeathDeclarationList.jsp>

Table 6. Summary of contact or travel history of COVID-19 cases since 4th May 2020

Total cases	5219320
Cases with history of International/Interstate travel	63305
Cases with history of contact	5156015

Table 7. Summary of contact/travel history of new COVID-19 cases reported in last 24 hours

Total cases	2230
Cases with history of International/Interstate travel	7
Cases with history of contact	2093
Cases with no history of travel or contact	130

Table 8. Details of COVID-19 positive deaths in the last 24 hours

Sl no.	District	Name	Place	Age	Gender	Death Date
1	Pathanamthitta	Balakrishnan Nair	Ezhamkulam	87	Male	09-12-2021
2	Pathanamthitta	Gopalan	Aranmula	68	Male	19-12-2021
3	Pathanamthitta	Thankappan	Vechoochira	85	Male	17-12-2021
4	Alappuzha	Jameela Syed Mohammed	Alappuzha	71	Female	09-12-2021
5	Kottayam	Alekutty Joseph	Kanakkary	80	Female	15-12-2021
6	Idukki	Gopi	Baisonvalley	66	Male	16-12-2021
7	Idukki	Kutty	Peruvanthanam	96	Male	23-11-2021
8	Idukki	Paulose	Karimannoor	70	Male	11-12-2021
9	Idukki	Sasidharan	Vannappuram	63	Male	15-12-2021
10	Idukki	Thankachan	Arakulam	62	Male	11-12-2021
11	Idukki	Thankamma Sivaraman	Vannappuram	89	Female	17-12-2021
12	Thrissur	Ramakrishnan	Kattoor	84	Male	17-12-2021
13	Palakkad	Hamza	Ongallur	54	Male	18-12-2021
14	Wayanad	Nafeesa	Kaniyambetta	86	Female	19-12-2021

Detailed list is available with the respective District Medical office (Health)

Table 9. Summary of critical patients

Patients in ICUs	513
Patients on Ventilator support	208

**The data shown contains ICU and Ventilator data from both government and private hospitals*

PART- II COVID-19 TESTING

Table 10. Cumulative number of samples tested

Cumulative Samples Sent	Cumulative routine + Sentinel samples	Airport surveillance	CB NAAT	True NAT	POCT PCR	RT LAMP	Antigen Assay
40896646	17183898	77321	126577	846553	106545	40051	22522015

Table 11. Details of new COVID-19 samples in the last 24 hours

Samples Sent	Routine + Sentinel Samples (PCR)	CB NAAT	True NAT	POCT PCR	RT LAMP	Antigen Assay
39826	26130	230	722	1606	82	11056

PART-III SURVEILLANCE

Table 12. District wise distribution of persons under quarantine and isolation

District	Persons under observation as on today	Persons under home/institutional quarantine as on today	Total persons under hospital Isolation as on today	Persons hospitalized today
Thiruvananthapuram	26883	25614	1269	30
Kollam	7132	6886	246	33
Pathanamthitta	5447	5187	260	3
Alappuzha	4034	3991	43	11
Kottayam	13568	13235	333	0
Idukki	2677	2589	88	3
Ernakulam	18010	17480	530	14
Thrissur	4350	3843	507	14
Palakkad	8766	8690	76	7
Malappuram	9559	9381	178	18
Kozhikode	15533	15292	241	28
Wayanad	10517	10448	69	9
Kannur	7872	7723	149	17
Kasaragod	5090	4841	249	6
Total	139438	135200	4238	193

Table 13. Summary of Travel surveillance 20/12/2021

Mode of Travel	Cumulative number of Passengers
International airport	2730893
Total	2730893

PART-IV PSYCHOSOCIAL SUPPORT

'*Ottakalla Oppamundu*' is a program for providing Psychosocial support to the people in quarantine, isolation, school children and other categories of population as well as to the community in general. **842** Mental Health Personnel including Psychiatrists, Psychiatric Social Workers, Clinical Psychologists, and Counsellors are working and have given psychosocial support.

Table.14. Psychosocial support provided through the program "Ottakalla Oppamundu"

No. of Psychosocial workers	842
Total Psychosocial support calls made to persons in quarantine/ isolation.	73,55,310
Total psychosocial support follow-up calls made	32,12,102
Total Post COVID calls	11,33,087
Total calls made to persons under treatment for mental illnesses, migrant labourers, differently abled children, elderly persons staying alone	3,48,860
Total Psychosocial support calls to school children	9,80,617
Total psychosocial support calls to health care workers	64,194
Total Psychosocial support calls received in helpline numbers	91,357
Total calls to all categories of Persons	1,31,85,527

PART-V ANNEXURES

Annexure-1: List of Hotspots as on 20/12/2021

Panchayaths and Urban Wards with WIPR >10			
Sl.No	District	LSG	Ward No
1	Ernakualm	Kalloorkkadu	8, 7
2	Ernakualm	Pothanicadu	3
3	Ernakualm	Aikaranad	4
4	Ernakualm	Keerambra	10
5	Wayanad	Vythiri	8
<i>As per G.O(Rt) No.643/2021/DMD dated 18.09.2021</i>			

DISTRICT WISE ABSTRACT

Sl. No	Name of District	WIPR (> 10)	
		No. of LSGs	No. of Wards
1	Ernakulam	4	5
2	Wayanad	1	1
Total		5	6

References
1.Thiruvananthapuram: Nil
2.Kollam: Nil
3.Pathanamthitta: Nil
4.Kottayam: Nil
5.Alappuzha: Nil
6.Idukki: Nil
7.Ernakulam: 3804/2020/D2 dated 07.12.2021
8.Thirissur: Nil
9.Palakkad: Nil
10.Malappuram: Nil
11.Kozhikkode: Nil
12.Wayanad: DCWYD/2671/2021/DM5 dated 04.12.2021
13.Kannur: Nil
14.Kasaragod: Nil

Annexure-2: District Covid 19 Control Room Numbers Oxygen War Room Numbers

District	Covid 19 Control Room Numbers	Oxygen War Room Numbers
Thiruvananthapuram	9188610100, 1077, 0471 277 9000	7592939426, 7592949448
Kollam	0474 2797609, 2794006, 8589015556	75920 03857
Alappuzha	0477 2239999, 2238642, 2238651	7594041555
Pathanamthitta	0468 2222515, 0468 2228220	1077, 8547715558
Idukki	18004255640, 0486 2232220, 2233118	18004255640, 04862233118
Kottayam	9188610014, 9188610016, 0481 2304800, 0481 2583200, 0481 2566100, 0481 2566700, 0481 2561300	0481 256 7390
Ernakulam	0484 2368702, 0484 2368802, 0484 2368902 Guest Control Room 9072303275, 9072303276 WhatsApp Number 9400021077	75940 46167
Thrissur	9400066921, 9400066922, 9400066923	9400063430, 7034099935
Palakkad	0491 251 0580, 04912510583 0491 251 0575, 0491 251 0576, 251 0574	0491251 0577, 8848902376
Malappuram	0483 2737858, 0483 2737857, 0483 2733251, 0483 2733252, 2733253	0483 2952950
Calicut	0495 2371471, 0495 2376063 Collectorate 0495 2371002	75940-01419, 7594001485
Kannur	0497 2700194, 2713437, 9400066062, 9400066616	8281899687
Wayanad	04936 202343, 04936 202375	9526831678
Kasaragod	9946000493, 9946000293	9645002811

Annexure-3: Table of links to documents, guidelines, and websites

Dashboard	https://dashboard.kerala.gov.in/
Daily Bulletin	http://dhs.kerala.gov.in/ഡെയിലി-ബുള്ളറ്റിന്%E2%80%8D/
Guidelines and Advisories	http://dhs.kerala.gov.in/ജാഗ്രത-നിര്%E2%80%8Dദേശങ്ങളു%E2%80%8D/
Awareness materials	https://www.dropbox.com/sh/l2h2n9hu737lea3/AAD43CHbedUZa_8PUY9v3m0Wa?dl=0
Posters	http://dhs.kerala.gov.in/photo-gallery/
COVID-19 Jagratha	https://covid19jagratha.kerala.nic.in/
E Sanjeevani	https://esanjeevaniopd.in
NHM Kerala	https://arogyakeralam.gov.in/

Directorate of Health Services	https://dhs.kerala.gov.in/
Directorate of Medical Education	http://www.dme.kerala.gov.in/
Department of Health and Family Welfare	https://health.kerala.gov.in/
Training and IEC videos	https://www.youtube.com/c/keralahealthonlinetraining

Annexure-4: District Psychosocial support Helpline numbers

District	COVID help line numbers
Thiruvananthapuram	9846854844
Kollam	0474 2740166, 8281086130
Pathanamthitta	8281113911
Alappuzha	4792344474
Kottayam	9539355724
Idukki	04862226929, 9496886418
Ernakulam	04842351185, 9846996516
Thrissur	48723831553
Palakkad	4912533323
Malappuram	7593843617, 7593843625
Kozhikode	9495002270
Wayanad	9400348670
Kannur	04972734343, 9495142091
Kasaragod	9072574748, 9447447888

- District Helpline Numbers will be available from 9am to 4 pm.
- *State Helpline Numbers DISHA 0471-2552056 and 1056 (Toll Free Number) will be available 24x7*