



**COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL  
HEALTH & FAMILY WELFARE DEPARTMENT  
GOVT. OF KERALA**

[www.health.kerala.gov.in](http://www.health.kerala.gov.in)

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**Date: 21/12/2021**

**Time: 02:00 PM**

The daily COVID-19 bulletin of the Department of Health and Family Welfare, Government of Kerala summarizes the COVID-19 situation in Kerala. The bulletin also contains links to various important documents, guidelines, and websites for references.

**OUR HEALTH OUR RESPONSIBILITY**

- *Even after vaccination , follow COVID appropriate behaviour.*
- *Maintain a distance of at least two metres with all people all the time.*
- *Always wear clean face mask appropriately everywhere all the time*
- *Perform hand hygiene after touching objects and surfaces all the time.*
- *Perform hand hygiene before and after touching your face.*
- *Observe cough and sneeze hygiene*
- *Avoid unnecessary travel, social interaction*
- *Protect the elderly and the vulnerable- Observe reverse quarantine*
- **PEOPLE WITH MULTIPLE COMORBIDITIES , IF DETECTED COVID POSTIVE SHOULD GET ADMITTED IN THE HOSPITAL IMMEDIATELY AND DO NOT REMAINED IN HOME ISOLATION**
- *Infection prevention by following Covid appropriate behaviour got strengthened with introduction of COVID vaccination.*

**Covid 19 status- Analytical Note**

- 97.4% of the eligible population vaccinated with a single dose of vaccine (2,60,16,851) and 75.2% with a double dose (2,00,97,417) till December 21.
- Kerala is the state with highest rate of Vaccination/ Million- 1291736. The state has vaccinated more than 97% of people aged more than 45 years with a single dose and 82% with double dose\*. (\*Target recalculated)
- People have been cooperating we appeal to the 2<sup>nd</sup> dose eligible people to take their second dose of Covishield/ Covaxin without delay. Both the vaccines are effective.

- **As per today's data, among the 2748 positives, 2422 persons were eligible for vaccination. 197 were vaccinated with single-dose and 1444 were fully vaccinated.**
- **781 persons had no history of vaccination. This sub cohort needs to be followed and among them people having morbidity are advised to access health care in a Hospital. All vaccinated people should follow covid appropriate behaviour.**
- **Non vaccinated people with co morbidity have higher chances of mortality based on the mortality analysis. Hence, especially people with comorbidities should be careful. All must follow Covid appropriate behaviors.**
- **COVID-19 vaccines protect people from getting infected and become severely ill, and significantly reduce the likelihood of hospitalization and death.**
- **During December 14-December 20, the average active cases were 32,644 out of them an average of around 1.9% only were admitted in oxygen beds and 1.6% were in ICU. During this period there was a decrease of around 5061 new cases. The growth rate in newly declared cases decreased by 18% during the same week compared to the previous week. The number of active patients, those admitted in hospitals, field hospitals, ICU , ventilator and oxygen support beds has reduced by 17%, 12%, 27%, 8%, 1% and 21% respectively in this week compared to previous week. This shows that rate of hospitalization and serious cases are showing a decreasing trend.**
- For any disease control program, active case finding is important. The state is doing appropriate testing. However, there is an apprehension regarding test positivity rate. It is hereby explained that test positivity rate indicates the infection. There are two specific issues all may understand i.e. **contracting infection** and because of contracting infection **the disease manifestation**. The World over post vaccination phase, contracting infection to disease manifestation is examined as **CONVERSION RATE** to decide the severity of pandemic. The data as on date suggests the conversion rate is stable because the People are following instructions, taking vaccines. However, it can be further improved with cooperation from all i.e. positive person having comorbidities should not delay their arrival in Hospital and take treatment as per the treatment protocols.
- Out of total 28,035 cases of infection only 8.8% of the active cases are admitted either in hospital/Field hospitals. This percentage is more or less constant and that indicates that the progression toward disease of the person who is infected is not very alarming and appropriate care and support is being given to patients. The patients who arrive late in the hospital even though having morbidity are the majority patients in the hospitals and Diabetes and Hypertension together being the most common cause of patient death. Therefore, we request people with co morbidities once detected with covid infection to get hospitalized in time.
- Based on the Covid positive data during June, July and August, 6% of the Covid positive patients had taken a single dose of Covid 19 vaccination and 3.6% had taken two doses of covid 19 vaccination. This indicates that vaccinated people may get infected, even though it is very less. It indicates that post vaccination immunity is effective in preventing infection. Vaccinated people are advised to consult Doctor only when symptomatic. Vaccinated people should follow covid appropriate behaviour.
- Symptomatic non-Vaccinated people may do RTPCR test. Antigen testing is only for emergency purpose. Non vaccinated people with co-morbidities to do testing by RTPCR and consult doctor.
- Repeat RTPCR is not needed among the people who are detected COVID positive in the previous 3 months. All young person detected positive and at home isolation should do blood sugar test.

**PART- 1 SUMMARY OF COVID CASES AND DEATH**

**Table 1. Summary of COVID-19 cases till 20/12/2021**

Positive cases	Recovered patients	New persons in Quarantine / Isolation	New Persons in Home, Institution quarantine	New persons in Hospital Isolation	Total no of Deaths reported	No of deaths declared as per appeal G.O.(Rt) No.2110/2021/H&FWD (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&FWD Dated 14 October (C)
5219819	5145501	9586	9393	193	44922	10989	3779

**Table 2. Summary of new COVID-19 cases (last 24 hours)**

Positive cases	Recovered patients	New persons in Quarantine / Isolation	New Persons in Home, Institution quarantine	New persons in Hospital Isolation	No of Deaths reported daily (A)	No of deaths declared as per appeal G.O.(Rt) No.2110/2021/H&FWD (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&FWD Dated 14 October (C)
2748	3202	7185	7001	184	33	200	0

**Table 3. Cumulative summary as on 21/12/2021**

Total Positive cases	Active cases	Total Recovered	Total persons in Quarantine / Isolation	Persons in Home/Institution quarantine	Persons in Hospital Isolation	Total No of Deaths (D)	Total No of deaths declared as per appeal G.O.(Rt) No.2110/2021/H&FWD (E)	Total No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&FWD Dated 14 October (F)
5222567	28035	5148703	136864	132731	4133	45155	11189	3779

**Table 4. District wise summary of Cumulative cases, Active cases, and New positive cases**

<b>District</b>	<b>Positive Cases declared today</b>	<b>Declared Negative today</b>	<b>Positive cases admitted in the district</b>
Thiruvananthapuram	500	343	5399
Kollam	167	185	1110
Pathanamthitta	166	339	347
Alappuzha	106	55	516
Kottayam	310	193	3021
Idukki	61	126	1411
Ernakulam	333	601	4652
Thrissur	244	363	2377
Palakkad	86	62	701
Malappuram	97	107	1539
Kozhikode	339	427	3637
Wayanad	107	110	958
Kannur	176	249	1544
Kasaragod	56	42	823
<b>Total</b>	<b>2748</b>	<b>3202</b>	<b>28035</b>

**Table 5. District wise Death Cases through online and offline mode - post scrutiny status**

<b>District</b>	<b>No of Deaths reported daily (A)</b>	<b>No of deaths declared through appeal G.O.(Rt) No.2110/2021/H&amp;F WD Dated 29 September (B)</b>	<b>No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&amp;FWD Dated 14 October (C)</b>	<b>Death Cases approved today (A+B+C)</b>
Thiruvananthapuram	6	34	0	40
Kollam	9	0	0	9
Pathanamthitta	1	0	0	1
Alappuzha	1	25	0	26
Kottayam	1	18	0	19
Idukki	1	36	0	37
Ernakulam	0	28	0	28
Thrissur	0	0	0	0
Palakkad	2	2	0	4
Malappuram	3	45	0	48
Kozhikode	3	0	0	3
Wayanad	0	5	0	5
Kannur	6	7	0	13
Kasaragod	0	0	0	0
<b>Total</b>	<b>33</b>	<b>200</b>	<b>0</b>	<b>233</b>

- The list of Track A is mentioned in the Bulletin
- The list of Track B and Track C will be very long as we are declaring cumulative cases. These lists are available with the DMO and can be verified on online portal.
- <https://covid19.kerala.gov.in/deathinfo/covidDeathDeclarationList.jsp>

**Table 6. Summary of contact or travel history of COVID-19 cases since 4th May 2020**

Total cases	<i>5222068</i>
Cases with history of International/Interstate travel	<i>63324</i>
Cases with history of contact	<i>5158744</i>

**Table 7. Summary of contact/travel history of new COVID-19 cases reported in last 24 hours**

Total cases	<i>2748</i>
Cases with history of International/Interstate travel	<i>19</i>
Cases with history of contact	<i>2563</i>
Cases with no history of travel or contact	<i>166</i>

**Table 8. Details of COVID-19 positive deaths in the last 24 hours**

Sl no.	District	Name	Place	Age	Gender	Death Date
1	Thiruvananthapuram	Prathapa Chandran Nair	Thiruvananthapuram	68	Male	17-12-2021
2	Thiruvananthapuram	Rajendra Kumar	Venganoor	60	Male	16-12-2021
3	Thiruvananthapuram	Raveendran Nair	Nagaroor	83	Male	13-12-2021
4	Thiruvananthapuram	Sasidharan		68	Male	19-12-2021
5	Thiruvananthapuram	T Biju	Thiruvananthapuram	60	Male	16-12-2021
6	Thiruvananthapuram	Vijayakumari Amma	Edava	74	Female	24-11-2021
7	Kollam	Ambidas	Paravoor	57	Male	26-11-2021
8	Kollam	Devarajan R	Perayam	55	Male	06-12-2021
9	Kollam	Marykutty	Alayaman	69	Female	18-12-2021
10	Kollam	Merikkutty John	Alayaman	69	Female	18-12-2021
11	Kollam	Nivas Muhammad	Pattazhi Vadakkekara	63	Male	06-12-2021
12	Kollam	Ponnamma John	Ummannoor	89	Female	20-12-2021
13	Kollam	Radha Bhai	Thalavoor	70	Female	25-11-2021
14	Kollam	Sainudeen	Alayaman	77	Male	02-10-2021
15	Kollam	Sulbath	Nedumpana	68	Female	26-11-2021
16	Pathanamthitta	P C Mathews	Kaviyoor	79	Male	02-11-2021
17	Alappuzha	Gopalakrishnan Nair	Mannar	65	Male	19-12-2021
18	Kottayam	Mathew K C	Ettumanoor	66	Male	19-12-2021
19	Idukki	Devasya Antony	Karimannoor	87	Male	18-12-2021

20	Palakkad	Maruthan	Sholayur	95	Male	17-07-2021
21	Palakkad	Ulahannan	Sholayur	86	Male	31-08-2021
22	Malappuram	Appukuttan Panikker	Thuvvur	90	Male	13-09-2021
23	Malappuram	Janaki	Wandoor	73	Female	09-07-2021
24	Malappuram	Rajila	Edappal	40	Female	20-09-2021
25	Kozhikode	Aliyamma	Kozhikode	89	Female	16-12-2021
26	Kozhikode	Janu	Kozhikode	87	Female	15-12-2021
27	Kozhikode	Sathianandan P	Kakkodi	64	Male	20-12-2021
28	Kannur	Flory	Thalassery	71	Female	15-12-2021
29	Kannur	Mathew K V	Cherupuzha	66	Male	19-11-2021
30	Kannur	M Indira	Mattannur	72	Female	17-12-2021
31	Kannur	Nandini	Payyannur	90	Female	17-12-2021
32	Kannur	P V Sathyabhama	Payyannur	85	Female	17-12-2021
33	Kannur	Sandeep M K	Kannur	56	Male	17-12-2021

*Detailed list is available with the respective District Medical office (Health)*

**Table 9. Summary of critical patients**

Patients in ICUs	<b>520</b>
Patients on Ventilator support	<b>215</b>

*\*The data shown contains ICU and Ventilator data from both government and private hospitals*

**PART- II COVID-19 TESTING**

**Table 10. Cumulative number of samples tested**

Cumulative Samples Sent	Cumulative routine + Sentinel samples	Airport surveillance	CB NAAT	True NAT	POCT PCR	RT LAMP	Antigen Assay
<b>40953454</b>	<b>17221125</b>	<b>77321</b>	<b>126871</b>	<b>847644</b>	<b>107318</b>	<b>40201</b>	<b>22539288</b>

**Table 11. Details of new COVID-19 samples in the last 24 hours**

Samples Sent	Routine + Sentinel Samples (PCR)	CB NAAT	True NAT	POCT PCR	RT LAMP	Antigen Assay
<i>56808</i>	<i>37227</i>	<i>294</i>	<i>1091</i>	<i>773</i>	<i>150</i>	<i>17273</i>

**PART-III SURVEILLANCE****Table 12. District wise distribution of persons under quarantine and isolation**

District	Persons under observation as on today	Persons under home/institutional quarantine as on today	Total persons under hospital Isolation as on today	Persons hospitalized today
Thiruvananthapuram	26292	25023	1269	30
Kollam	6851	6601	250	27
Pathanamthitta	5384	5183	201	6
Alappuzha	3994	3949	45	6
Kottayam	13324	12991	333	0
Idukki	2687	2597	90	5
Ernakulam	17020	16513	507	15
Thrissur	4132	3640	492	21
Palakkad	8941	8862	79	8
Malappuram	9262	9113	149	10
Kozhikode	16019	15777	242	19
Wayanad	9859	9796	63	6
Kannur	7931	7772	159	24
Kasaragod	5168	4914	254	7
<b>Total</b>	<b>136864</b>	<b>132731</b>	<b>4133</b>	<b>184</b>

**Table 13. Summary of Travel surveillance 21/12/2021**

Mode of Travel	Cumulative number of Passengers
International airport	2741130
<b>Total</b>	<b>2741130</b>

### **PART-IV PSYCHOSOCIAL SUPPORT**

**'Ottakalla Oppamundu'** is a program for providing Psychosocial support to the people in quarantine, isolation, school children and other categories of population as well as to the community in general. **842** Mental Health Personnel including Psychiatrists, Psychiatric Social Workers, Clinical Psychologists, and Counsellors are working and have given psychosocial support.

**Table.14. Psychosocial support provided through the program "Ottakalla Oppamundu"**

No. of Psychosocial workers	<b>842</b>
Total Psychosocial support calls made to persons in quarantine/ isolation.	<b>73,55,310</b>
Total psychosocial support follow-up calls made	<b>32,12,102</b>
Total Post COVID calls	<b>11,33,087</b>
Total calls made to persons under treatment for mental illnesses, migrant labourers, differently abled children, elderly persons staying alone	<b>3,48,860</b>
Total Psychosocial support calls to school children	<b>9,80,617</b>
Total psychosocial support calls to health care workers	<b>64,194</b>
Total Psychosocial support calls received in helpline numbers	<b>91,357</b>
<b>Total calls to all categories of Persons</b>	<b>1,31,85,527</b>

**PART-V ANNEXURES**

**Annexure-1: List of Hotspots as on 21/12/2021**

<b>Panchayaths and Urban Wards with WIPR &gt;10</b>			
<b>Sl.No</b>	<b>District</b>	<b>LSG</b>	<b>Ward No</b>
1	Ernakualm	Kalloorkkadu	8, 7
2	Ernakualm	Pothanicadu	3
3	Ernakualm	Aikaranad	4
4	Ernakualm	Keerambra	10
5	Wayanad	Vythiri	8
<i>As per G.O(Rt) No.643/2021/DMD dated 18.09.2021</i>			

**DISTRICT WISE ABSTRACT**

<b>Sl. No</b>	<b>Name of District</b>	<b>WIPR (&gt; 10)</b>	
		<b>No. of LSGs</b>	<b>No. of Wards</b>
1	Ernakulam	4	5
2	Wayanad	1	1
<b>Total</b>		<b>5</b>	<b>6</b>

<b>References</b>
1.Thiruvananthapuram: Nil
2.Kollam: Nil
3.Pathanamthitta: Nil
4.Kottayam: Nil
5.Alappuzha: Nil
6.Idukki: Nil
7.Ernakulam: 3804/2020/D2 dated 07.12.2021
8.Thirissur: Nil
9.Palakkad: Nil
10.Malappuram: Nil
11.Kozhikkode: Nil
12.Wayanad: DCWYD/2671/2021/DM5 dated 04.12.2021
13.Kannur: Nil
14.Kasaragod: Nil

## Annexure-2: District Covid 19 Control Room Numbers Oxygen War Room Numbers

District	Covid 19 Control Room Numbers	Oxygen War Room Numbers
Thiruvananthapuram	9188610100, 1077, 0471 277 9000	7592939426, 7592949448
Kollam	0474 2797609, 2794006, 8589015556	75920 03857
Alappuzha	0477 2239999, 2238642, 2238651	7594041555
Pathanamthitta	0468 2222515, 0468 2228220	1077, 8547715558
Idukki	18004255640, 0486 2232220, 2233118	18004255640, 04862233118
Kottayam	9188610014, 9188610016, 0481 2304800, 0481 2583200, 0481 2566100, 0481 2566700, 0481 2561300	0481 256 7390
Ernakulam	0484 2368702, 0484 2368802, 0484 2368902 Guest Control Room 9072303275, 9072303276 WhatsApp Number 9400021077	75940 46167
Thrissur	9400066921, 9400066922, 9400066923	9400063430, 7034099935
Palakkad	0491 251 0580, 04912510583 0491 251 0575, 0491 251 0576, 251 0574	0491251 0577, 8848902376
Malappuram	0483 2737858, 0483 2737857, 0483 2733251, 0483 2733252, 2733253	0483 2952950
Calicut	0495 2371471, 0495 2376063 Collectorate 0495 2371002	75940-01419, 7594001485
Kannur	0497 2700194, 2713437, 9400066062, 9400066616	8281899687
Wayanad	04936 202343, 04936 202375	9526831678
Kasaragod	9946000493, 9946000293	9645002811

## Annexure-3: Table of links to documents, guidelines, and websites

Dashboard	<a href="https://dashboard.kerala.gov.in/">https://dashboard.kerala.gov.in/</a>
Daily Bulletin	<a href="http://dhs.kerala.gov.in/ഡെയിലി-ബുള്ളറ്റിന്%E2%80%8D/">http://dhs.kerala.gov.in/ഡെയിലി-ബുള്ളറ്റിന്%E2%80%8D/</a>
Guidelines and Advisories	<a href="http://dhs.kerala.gov.in/ജാഗ്രത-നിര്%E2%80%8Dദേശങ്ങളു%E2%80%8D/">http://dhs.kerala.gov.in/ജാഗ്രത-നിര്%E2%80%8Dദേശങ്ങളു%E2%80%8D/</a>
Awareness materials	<a href="https://www.dropbox.com/sh/l2h2n9hu737lea3/AAD43CHbedUZa_8PUY9v3m0Wa?dl=0">https://www.dropbox.com/sh/l2h2n9hu737lea3/AAD43CHbedUZa_8PUY9v3m0Wa?dl=0</a>
Posters	<a href="http://dhs.kerala.gov.in/photo-gallery/">http://dhs.kerala.gov.in/photo-gallery/</a>
COVID-19 Jagratha	<a href="https://covid19jagratha.kerala.nic.in/">https://covid19jagratha.kerala.nic.in/</a>
E Sanjeevani	<a href="https://esanjeevaniopd.in">https://esanjeevaniopd.in</a>
NHM Kerala	<a href="https://arogyakeralam.gov.in/">https://arogyakeralam.gov.in/</a>

Directorate of Health Services	<a href="https://dhs.kerala.gov.in/">https://dhs.kerala.gov.in/</a>
Directorate of Medical Education	<a href="http://www.dme.kerala.gov.in/">http://www.dme.kerala.gov.in/</a>
Department of Health and Family Welfare	<a href="https://health.kerala.gov.in/">https://health.kerala.gov.in/</a>
Training and IEC videos	<a href="https://www.youtube.com/c/keralahealthonlinetraining">https://www.youtube.com/c/keralahealthonlinetraining</a>

#### Annexure-4: District Psychosocial support Helpline numbers

District	COVID help line numbers
Thiruvananthapuram	9846854844
Kollam	0474 2740166, 8281086130
Pathanamthitta	8281113911
Alappuzha	4792344474
Kottayam	9539355724
Idukki	04862226929, 9496886418
Ernakulam	04842351185, 9846996516
Thrissur	48723831553
Palakkad	4912533323
Malappuram	7593843617, 7593843625
Kozhikode	9495002270
Wayanad	9400348670
Kannur	04972734343, 9495142091
Kasaragod	9072574748, 9447447888

- District Helpline Numbers will be available from 9am to 4 pm.
- *State Helpline Numbers DISHA 0471-2552056 and 1056 (Toll Free Number) will be available 24x7*