

COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL HEALTH & FAMILY WELFARE DEPARTMENT GOVT. OF KERALA

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The daily COVID-19 bulletin of the Department of Health and Family Welfare, Government of Kerala summarizes the COVID-19 situation in Kerala. The bulletin also contains links to various important documents, guidelines, and websites for references.

OUR HEALTH OUR RESPONSIBILITY

- Even after vaccination, follow COVID appropriate behaviour.
- Maintain a distance of at least two metres with all people all the time.
- Always wear clean face mask appropriately everywhere all the time
- Perform hand hygiene after touching objects and surfaces all the time.
- *Perform hand hygiene before and after touching your face.*
- *Observe cough and sneeze hygiene*
- Avoid unnecessary travel, social interaction
- Protect the elderly and the vulnerable- Observe reverse quarantine
- PEOPLE WITH MULTIPLE COMORBIDITIES, IF DETECTED COVID POSTIVE SHOULD GET ADMITTED IN THE HOSPITAL IMMEDIATELY AND DO NOT REMAINED IN HOME ISOLATION
- Infection prevention by following Covid appropriate behaviour got strengthened with introduction of COVID vaccination.

Covid 19 status- Analytical Note

- 96.6% of the eligible population vaccinated with a single dose of vaccine (2,58,08,566) and 68.4% with a double dose (1,82,88,526) till December 7.
- Kerala is the state with highest rate of Vaccination/Million-1235231. The state has vaccinated more than 97% of people aged more than 45 years with a single dose and 78% with double dose*. (*Target recalculated)
- People have been cooperating we appeal to the 2nd dose eligible people to take their second dose of Covishield/ Covaxin without delay. Both the vaccines are effective.

- As per today's data, among the 4656 positives, 4063 persons were eligible for vaccination. 423 were vaccinated with single-dose and 2353 were fully vaccinated.
- 1287 persons had no history of vaccination. This sub cohort needs to be followed and among them people having morbidity are advised to access health care in a Hospital. All vaccinated people should follow covid appropriate behaviour.
- Non vaccinated people with co morbidity have higher chances of mortality based on the mortality analysis. Hence, especially people with comorbidities should be careful. All must follow Covid appropriate behaviors.
- COVID-19 vaccines protect people from getting infected and become severely ill, and significantly reduce the likelihood of hospitalization and death.
- During November 30-December 6, the average active cases were 43,536 out of them an average of around 1.8% only were admitted in oxygen beds and 1.6% were in ICU. During this period there was a decrease of around 282 new cases. The growth rate in newly declared cases decreased by 1% during the same week compared to the previous week. The number of active patients, those admitted in hospitals, field hospitals, ICU, ventilator and oxygen support beds has reduced by 12%, 9%, 8%, 11%, 13% and 7% respectively in this week compared to previous week. This shows that rate of hospitalization and serious cases are showing a decreasing trend.
- For any disease control program, active case finding is important. The state is doing appropriate testing. However, there is an apprehension regarding test positivity rate. It is hereby explained that test positivity rate indicates the infection. There are two specific issues all may understand i.e. **contracting infection** and because of contracting infection **the disease manifestation**. The World over post vaccination phase, contracting infection to disease manifestation is examined as CONVERSION RATE to decide the severity of pandemic. The data as on date suggests the conversion rate is stable because the People are following instructions, taking vaccines. However, it can be further improved with cooperation from all i.e. positive person having comorbidities should not delay their arrival in Hospital and take treatment as per the treatment protocols.
- Out of total 40,072 cases of infection only 8% of the active cases are admitted either in hospital/Field hospitals. This percentage is more or less constant and that indicates that the progression toward disease of the person who is infected is not very alarming and appropriate care and support is being given to patients. The patients who arrive late in the hospital even though having morbidity are the majority patients in the hospitals and Diabetes and Hypertension together being the most common cause of patient death. Therefore, we request people with co morbidities once detected with covid infection to get hospitalized in time.
- Based on the Covid positive data during June, July and August, 6% of the Covid positive patients had taken a single dose of Covid 19 vaccination and 3.6% had taken two doses of covid 19 vaccination. This indicates that vaccinated people may get infected, even though it is very less. It indicates that post vaccination immunity is effective in preventing infection. Vaccinated people are advised to consult Doctor only when symptomatic. Vaccinated people should follow covid appropriate behaviour.
- Symptomatic non-Vaccinated people may do RTPCR test. Antigen testing is only for emergency purpose. Non vaccinated people with co-morbidities to do testing by RTPCR and consult doctor.
- Repeat RTPCR is not needed among the people who are detected COVID positive in the previous 3 months. All young person detected positive and at home isolation should do blood sugar test.

PART- 1 SUMMARY OF COVID CASES AND DEATH

Table 1. Summary of COVID-19 cases till 6/12/2021

Positive cases	Recovere d patients	New persons in Quarantine / Isolation	New Persons in Home, Institution quarantine	New persons in Hospital Isolation	Total no of Deaths reported	No of deaths declared as per appeal G.O.(Rt) No.2110/2 021/H&F WD (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&F WD Dated 14 October (C)
5169198	5086044	12498	12243	12498	41768	8382	3779

Table 2. Summary of new COVID-19 cases (last 24 hours)

Positive cases	Recovere d patients	New persons in Quarantin e/ Isolation	New Persons in Home, Institution quarantine	New persons in Hospital Isolation	No of Deaths reported daily (A)	No of deaths declared as per appeal G.O.(Rt) No.2110/20 21/H&FWD (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H& FWD Dated 14 October (C)
4656	5180	10121	9850	271	28	106	0

Table 3. Cumulative summary as on 07/12/2021

Total Positive cases	Active cases	Total Recover ed	Total persons in Quarantin e/ Isolation	Persons in Home/Ins titution quarantin e	Persons in Hospital Isolatio n	Total No of Deaths (D)	Total No of deaths declared as per appeal G.O.(Rt) No.2110/20 21/H&FWD (E)	Total No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&F WD Dated 14 October (F)
5173854	40072	5091224	164650	159936	4714	41902	8488	3779

Table 4. District wise summary of Cumulative cases, Active cases, and New positive cases

District	Positive Cases declared today	Declared Negative today	Positive cases admitted in the district	Other Districts
Thiruvananthapuram	705	805	6563	
Kollam	374	553	1964	Pathanamthitta - 6
Pathanamthitta	227	199	1228	Wayanad - 1
Alappuzha	165	125	976	Pathanamthitta - 2
Kottayam	375	564	3992	
Idukki	172	175	1995	
Ernakulam	776	1029	6089	
Thrissur	468	464	3746	
Palakkad	130	175	290	
Malappuram	163	156	2163	
Kozhikode	537	388	6124	
Wayanad	168	186	1628	
Kannur	308	225	2423	
Kasaragod	88	136	891	
Total	4656	5180	40072	

Table 5. District wise Death Cases through online and offline mode - post scrutiny status

District	No of Deaths reported daily (A)	No of deaths declared through appeal G.O.(Rt) No.2110/2021/H&F WD Dated 29 September (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&FWD Dated 14 October (C)	Death Cases approved today (A+B+C)
Thiruvananthapuram	7	13	0	20
Kollam	7	0	0	7
Pathanamthitta	2	0	0	2
Alappuzha	0	1	0	1
Kottayam	0	59	0	59
Idukki	2	0	0	2
Ernakulam	0	0	0	0
Thrissur	3	0	0	3
Palakkad	1	28	0	29
Malappuram	0	0	0	0
Kozhikode	3	0	0	3
Wayanad	0	0	0	0
Kannur	0	0	0	0
Kasaragod	3	5	0	8
Total	28	106	0	134

- The list of Track A is mentioned in the Bulletin
- The list of Track B and Track C will be very long as we are declaring cumulative cases. These lists are available with the DMO and can be verified on online portal.
- https://covid19.kerala.gov.in/deathinfo/covidDeathDeclarationList.jsp

Table 6. Summary of contact or travel history of COVID-19 cases since 4th May 2020

Total cases	5173355
Cases with history of International/Interstate travel	63164
Cases with history of contact	5110191

Table 7. Summary of contact/travel history of new COVID-19 cases reported in last 24 hours

Total cases	4656
Cases with history of International/Interstate travel	16
Cases with history of contact	4419
Cases with no history of travel or contact	221

Table 8. Details of COVID-19 positive deaths in the last 24 hours

SI no.	District	Name	Place	Age	Gender	Death Date
1	Thiruvananthapuram	Jayan	Thiruvananthapuram	58	Male	22-10-2021
2	Thiruvananthapuram	Mohanan	Kallara	63	Male	05-12-2021
3	Thiruvananthapuram	Nashudeen	Nedumangad	55	Male	05-12-2021
4	Thiruvananthapuram	Pradayagi	Thiruvananthapuram	73	Female	06-12-2021
5	Thiruvananthapuram	Sebin S B	Karakulam	32	Male	04-12-2021
6	Thiruvananthapuram	Thankamma	Kadinamkulam	91	Female	24-11-2021
7	Thiruvananthapuram	Vasantha K	Thiruvananthapuram	72	Female	11-11-2021
8	Kollam	Abdul Hakkim I	Kulasekharapuram	71	Female	16-11-2021
9	Kollam	Jacob Philipose	Thrikkovilvattom	66	Male	14-11-2021
10	Kollam	Omana	Kollam	72	Female	02-12-2021
11	Kollam	Sasidharan Pillai	Thalavoor	64	Male	02-12-2021
12	Kollam	Sivarajan	Adichanalloor	69	Male	09-11-2021
13	Kollam	Sumathikutty Amma M J	Chathannur	91	Female	07-11-2021
14	Kollam	Thresiya	Perinad	63	Female	10-11-2021
15	Pathanamthitta	Aleyamma John	Konni	74	Female	04-12-2021
16	Pathanamthitta	Ammukutty	Peringara	65	Female	04-12-2021
17	Idukki	Philip Joseph	Karimannoor	75	Male	10-11-2021
18	Idukki	Sumathy	Peruvanthanam	68	Female	30-11-2021
19	Thrissur	Balagopalan K S	Erumapetty	56	Male	27-11-2021

20	Thrissur	Mary	Erumapetty	83	Female	02-12-2021
21	Thrissur	Rahiyanath	Anthikkad	58	Female	12-11-2021
22	Palakkad	Chembra Govindankutty	Ottappalam	78	Male	30-11-2021
23	Kozhikode	Kumaran	Chekkiad	65	Male	07-12-2021
24	Kozhikode	Madhavan K K	Panangad	77	Male	03-12-2021
25	Kozhikode	Vilasini P	Kozhikode	72	Female	04-12-2021
26	Kasaragod	Aboobakar	Ajanur	83	Male	06-12-2021
27	Kasaragod	Chirutha	Balal	92	Female	04-12-2021
28	Kasaragod	Janaki K	Kinanoor - Karindalam	83	Female	04-12-2021

Detailed list is available with the respective District Medical office (Health)

Table 9. Summary of critical patients

Patients in ICUs	599
Patients on Ventilator support	208

^{*}The data shown contains ICU and Ventilator data from both government and private hospitals

PART-II COVID-19 TESTING

Table 10. Cumulative number of samples tested

Cumulative Samples Sent	Cumulative routine + Sentinel samples	Airport surveillance	CB NAAT	True NAT	POCT PCR	RT LAMP	Antigen Assay
40144356	16673700	77321	123088	833956	87467	36464	22318674

Table 11. Details of new COVID-19 samples in the last 24 hours

Samples Sent	Routine + Sentinel Samples (PCR)	CB NAAT	True NAT	POCT PCR	RT LAMP	Antigen Assay
67437	44533	366	1230	717	162	20429

PART-III SURVEILLANCE

Table 12. District wise distribution of persons under quarantine and isolation

District	Persons under observation as on today	Persons under home/institutional quarantine as on today	Total persons under hospital Isolation as on today	Persons hospitalized today
Thiruvananthapuram	30123	28854	1269	30
Kollam	9356	9046	310	42
Pathanamthitta	3939	3551	388	6
Alappuzha	3310	3248	62	8
Kottayam	19823	19442	381	2
Idukki	3439	3339	100	4
Ernakulam	24978	24373	605	34
Thrissur	5896	5674	222	34
Palakkad	12834	12683	151	23
Malappuram	10946	10716	230	13
Kozhikode	17060	16770	290	15
Wayanad	11721	11583	138	14
Kannur	7622	7318	304	43
Kasaragod	3603	3339	264	3
Total	164650	159936	4714	271

Table 13. Summary of Travel surveillance 07/12/2021

Mode of Travel	Cumulative number of Passengers
International airport	2584819
Total	2584819

PART-IV PSYCHOSOCIAL SUPPORT

'Ottakalla Oppamundu' is a program for providing Psychosocial support to the people in quarantine, isolation, school children and other categories of population as well as to the community in general. 776 Mental Health Personnel including Psychiatrists, Psychiatric Social Workers, Clinical Psychologists, and Counsellors are working and have given psychosocial support.

Table.14. Psychosocial support provided through the program "Ottakalla Oppamundu"

No. of Psychosocial workers	776
Total Psychosocial support calls made to persons in quarantine/ isolation.	73,26,583
Total psychosocial support follow-up calls made	32,12,102
Total Post COVID calls	11,33,087
Total calls made to persons under treatment for mental illnesses, migrant labourers, differently abled children, elderly persons staying alone	3,48,860
Total Psychosocial support calls to school children	9,74,258
Total psychosocial support calls to health care workers	64,194
Total Psychosocial support calls received in helpline numbers	90,970
Total calls to all categories of Persons	1,31,50,054

PART-V ANNEXURES

Annexure-1: List of Hotspots as on 07/12/2021

Panchayaths and Urban Wards with WIPR >10			
Sl.No	District	LSG	Ward No
1	Idukki	Mariyapuram	3
2	Idukki	Kodikkulam	2
3	Idukki	Arakkulam	11
4	Ernakualm	Edavanakkadu	4
5	Ernakualm	Edakkattuvayal	8
6	Ernakualm	Paingottur	11
7	Ernakualm	Chittattukara	13
8	Ernakualm	Aluva (M)	26
9	Ernakualm	Njarakkal	9
10	Ernakualm	Kottuvalli	1
11	Ernakualm	Kalloorkkadu	9
12	Ernakualm	Puthenvelikkara	11, 17
13	Ernakualm	Palakkuzha	11
14	Thrissur	Athirappally	2
15	Thrissur	Kondazhy	14
16	Thrissur	Kuzhur	5, 6
17	Thrissur	Punnayoorkkulam	13
18	Wayanad	Thavinjal	13
19	Wayanad	Kottathara	13
As per G.O(Rt) No.643/2021/DMD dated 18.09.2021			

DISTRICT WISE ABSTRACT

Sl. No	Name of District	WIPR (> 10)	
		No. of LSGs	No. of Wards
1	Idukki	3	3
2	Ernakulam	10	11
3	Thrissur	4	5
4	Wayanad	2	2
	Total	19	21

References
1.Thiruvanathapuram: Nil
2.Kollam: Nil
3.Pathanamthitta: Nil
4.Kottayam: Nil
5.Alappuzha: Nil
6.Idukki: DCIDK/2584/2021/DM1 dated 20.11.2021
7.Ernakulam: 3804/2020/D2 dated 22.11.2021
8.Thirissur: DCTSR/H4/14476/2019 dated 22.11.2021
9.Palakkad: Nil
10.Malappuram: Nil
11.Kozhikkode: Nil
12.Wayanad: DCWYD/2671/2021/DM5 dated 20.11.2021
13.Kannur: Nil
14.Kasaragod: Nil

Annexure-2: District Covid 19 Control Room Numbers Oxygen War Room Numbers

District	Covid 19 Control Room Numbers	Oxygen War Room Numbers
Thiruvananthapuram	9188610100, 1077, 0471 277 9000	7592939426, 7592949448
Kollam	0474 2797609, 2794006, 8589015556	75920 03857
Alappuzha	0477 2239999, 2238642, 2238651	7594041555
Pathanamthitta	0468 2222515, 0468 2228220	1077, 8547715558
Idukki	18004255640, 0486 2232220, 2233118	18004255640, 04862233118
Kottayam	9188610014, 9188610016, 0481 2304800, 0481 2583200, 0481 2566100, 0481 2566700, 0481 2561300	0481 256 7390
Ernakulam	0484 2368702, 0484 2368802, 0484 2368902 Guest Control Room 9072303275, 9072303276 WhatsApp Number 9400021077	75940 46167
Thrissur	9400066921, 9400066922, 9400066923	9400063430, 7034099935
Palakkad	0491 251 0580, 04912510583 0491 251 0575, 0491 251 0576, 251 0574	0491251 0577, 8848902376
Malappuram	0483 2737858, 0483 2737857,0483 2733251, 0483 2733252, 2733253	0483 2952950
Calicut	0495 2371471, 0495 2376063 Collectorate 0495 2371002	75940-01419, 7594001485
Kannur	0497 2700194, 2713437, 9400066062, 9400066616	8281899687
Wayanad	04936 202343, 04936 202375	9526831678

Kasaragod 9946000493, 9946000293 9645002811

Annexure-3: Table of links to documents, guidelines, and websites

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Dashboard	https://dashboard.kerala.gov.in/	
Daily Bulletin	http://dhs.kerala.gov.in/ഡെയിലി- ബൂള്ളറ്റിന്%E2%80%8D/	
Guidelines and Advisories	http://dhs.kerala.gov.in/ജാഗ്രത- നിര്%E2%80%8Dദേശങ്ങള്%E2%80%8D/	
Awareness materials	https://www.dropbox.com/sh/l2h2n9hu737lea3/AAD43CHbedUZa 8PUY9v3m0Wa?dl=0	
Posters	http://dhs.kerala.gov.in/photo-gallery/	
COVID-19 Jagratha	https://covid19jagratha.kerala.nic.in/	
E Sanjeevani	https://esanjeevaniopd.in	
NHM Kerala	https://arogyakeralam.gov.in/	
Directorate of Health Services	https://dhs.kerala.gov.in/	
Directorate of Medical Education	http://www.dme.kerala.gov.in/	
Department of Health and Family Welfare	https://health.kerala.gov.in/	
Training and IEC videos	https://www.youtube.com/c/keralahealthonlinetraining	

Annexure-4: District Psychosocial support Helpline numbers

Annexure 4. District i sychosocial support neighber humbers		
District	COVID help line numbers	
Thiruvananthapuram	9846854844	
Kollam	0474 2740166, 8281086130	
Pathanamthitta	8281113911	
Alappuzha	4792344474	
Kottayam	9539355724	
Idukki	04862226929, 9496886418	
Ernakulam	04842351185, 9846996516	
Thrissur	48723831553	
Palakkad	4912533323	
Malappuram	7593843617, 7593843625	
Kozhikode	9495002270	
Wayanad	9400348670	

Kannur	04972734343, 9495142091
Kasaragod	9072574748, 9447447888

- District Helpline Numbers will be available from 9am to 4 pm.
- State Helpline Numbers DISHA 0471-2552056 and 1056 (Toll Free Number) will be available 24x7