

## COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL HEALTH & FAMILY WELFARE DEPARTMENT

**GOVT. OF KERALA** 

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## Analytical report 1st April – 15th April

Kerala's fight against COVID pandemic is the fight of people. In order to leverage the strengths of peoples' involvement, strong governance from Panchayath to State and involvement of women, volunteers, various social organizations as a long-term measure, it is important to strengthen preparedness based on the principle of '**WORKING AROUND COVID'**. We appeal to all to follow the guidelines and practice healthy behaviour, which will not only help to tackle COVID but also many other communicable diseases in coming months especially during monsoons.

#### **GENERAL GUIDELINES**

- Maintain SMS (Social Distancing, Mask and Sanitize) and remain in ventilated environment
- Protect the elderly and the vulnerable- observe reverse quarantine
- COVID-19 vaccines protect people from getting infected and becoming severely ill and significantly reduce the likelihood of hospitalization and death.
- All those eligible for COVID vaccination should take the appropriate dose of the vaccine without delay
- Additional precautionary dose is available for those who have taken2 doses and completed nine months since 2nd dose for >60 yrs, Health Care Workers, and people with comorbidities.
- Non-vaccinated people with comorbidities have higher chances of severe illness and death. Hence people with comorbidities should receive vaccination and always follow COVID appropriate behaviour. Avoid social gathering. Remain in reverse quarantine by limiting avoidable social interactions.

In post vaccination phase, Viral infections will keep happening at constant intervals, due to waning immunity with or without emerging variants with immune escape.

### The key to future of preparedness are as follows -

1) effective public health measures - masks and ventilation, which should become a social habit

2) Protecting the vulnerable- elderly and with comorbidities with additional doses of vaccine. Now the 3rd dose at cost are available and hence the clinician can decide. At least the willing states should be allowed heterologous 3rd dose of vaccine as a research and take evidence based further scale up

3) effective, balanced public health communication (so people don't panic, while they do what needs to be done)

4) Baseline surveillance and early warning using genome sequencing.

NCDC to share analytical report of the country and state at least weekly.

5) Focus on conversion rate of positive patients getting admitted and ensure early diagnosis and treatment

6) The mortality rate of each wave is expected to come down (until there is a significant variant which can change the immune reaction / response and therefore disease severity-this would be largely determined by non-spike variants).

7) A graded alert and risk assessment for infection and response was worked out from Jan 22 effectively in Kerala by developing 'Threshold matrix' to do health interventions and non-pharmacological interventions in district and sub district level.

# It made easy for people and system to have a set of dos and don'ts, checklists and preparedness without disrupting normal life.

The key is preparing and adjusting to be living with COVID19, while minimising mortality.

8) Most importantly Min of H&FW Govt of India requested to share COWIN data dump to States and UTs for use to do specific interventions with elderly and people with comorbidity.

9) Post Covid clinics and management

# Summary of new COVID-19 cases (last 2weeks)

Positive cases	Deaths declared daily in the last 2 weeks	Number of deaths declared as per appeal mechanism	Total tests done
4464	38	601	204076

#### Cumulative Summary of new COVID-19 cases

Total Positive cases	Total No of Deaths declared	Total No of deaths declared as per appeal mechanism	Total tests done
65,37,147	68,552	28,928	4,69,28,869

#### Summary of cases and deaths for past 2 weeks

DISTRICT	New Cases Declared	Death declared Daily	Deaths declared through appeal provision	Total deaths
Thiruvananthapuram	833	4	33	37
Kollam	258	2	35	37
Pathanamthitta	237	3	1	4
Alappuzha	175	4	19	23
Kottayam	468	2	120	122
Idukki	166	4	4	8
Ernakulam	1171	8	192	200
Thrissur	327	2	25	27
Palakkad	101	2	45	47
Malappuram	124	0	41	41
Kozhikode	392	5	68	73
Wayanad	65	1	7	8
Kannur	124	1	5	6
Kasaragod	23	0	6	6
TOTAL	4464	38	601	639

# Analytical report April 1-April 15

- During **April 1-April 15**, the average active cases were 2359 out of them an average of around 3% only were admitted in oxygen beds and 2 % were in ICU.
- 2,04,076 tests were done during this period.
- The average test positivity rate during this period was 2.21%.
- During this period there was a decrease of around 240 new cases compared to previous week.
- The **negative growth rate in new cases is 13**% during the same week compared to the previous week (April 2- 8).
- The number of active patients, those admitted in hospitals, ICU, ventilator, and oxygen support has reduced by 17%, 20%, 31%, 41%, 22% respectively in this week compared to previous week.

State Summary	15-04-22					
Priority Group	1st Dose		2nd Dose		<b>Precaution Dose*</b>	
Health Care Worker	555766	100%	510083	92%	214570	49%
Front Line Worker	571875	100%	536327	94%	148813	33%
≥ 60 Years	5961910	101%	5433632	92%	950193	39%
45-59 Years	6938809	96%	6263037	86%	4160	0.4%
18-44 Years	12914211	96%	10657659	79%	691	0.4%
Total (18+)	26,942,571	101%	23,400,738	88%	1,318,427	29%
15-17 years	1,214,334	79%	740,031	<b>48%</b>		
12-14 years 118,050 12%			222	0%		
Doses Administered	53,734,373					
*18+ beneficiaries who have completed 9 months after 2nd dose are eligible for precaution dose						

• Vaccination

Covid cases continue to decrease in Kerala with decrease in hospitalisation, ICU admission and deaths.

Date	New Case	Daily Recovered	Total Deaths	Routine declared deaths	Appeal deaths
01-04-22	418	454	79	3	76
02-04-22	331	472	74	9	65
03-04-22	310	458	8	2	6
04-04-22	256	378	55	0	55
05-04-22	354	282	67	3	64
06-04-22	361	369	32	3	29
07-04-22	291	323	36	2	34
08-04-22	353	325	75	3	72
09-04-22	347	383	21	2	19
10-04-22	223	299	5	0	5
11-04-22	196	265	18	3	15
12-04-22	298	262	19	1	18
13-04-22	301	328	64	3	61
14-04-22	233	263	63	4	59
15-04-22	192	303	23	0	23

Summary of new cases, recovered cases and COVID-19 deaths

- All daily reports in the prescribed formats are sent to NCDC regularly.
- In post vaccination phase, metric to understand epidemic is done based on conversion rate of positive patients needing hospitalization.
- For any disease handling, the health system preparedness determines the outcomes. From the experience of all waves handling the State has taken all measures to handle any eventuality.
- People need not get misguided by the rumours and incorrect information. Right from the 1<sup>st</sup> day of covid case detection, the Department has been informing all the details to people and officials at all levels. The state has shared the guidelines, formats of reporting etc to then Secretary Ministry of H&FW, Govt of India.
- NCDC has been requested repeatedly to share national and state genome sequencing analytical report weekly to the states so as to understand the variants and other aspects.
- COWIN data management unit at Min of H&FW Govt of India has been requested for providing 'data dump' of the state to the state every day through API. This will enable the States to take pinpointed measures with the specific target groups.

Dashboard	https://dashboard.kerala.gov.in/		
Daily Bulletin	http://dhs.kerala.gov.in/ . & E2%80%8D/		
Guidelines and Advisories	http://dhs.kerala.gov.in/¶ \$ .   & E2%80%8D & E2%80%8D/		
Awareness materials	https://www.dropbox.com/sh/l2h2n9hu737lea3/AAD43CHbedUZ <u>a 8PUY9v3m0Wa?dl=0</u>		
Posters	http://dhs.kerala.gov.in/photo-gallery/		
COVID-19 Jagratha	https://covid19jagratha.kerala.nic.in/		
E Sanjeevani	https://esanjeevaniopd.in		
NHM Kerala	https://arogyakeralam.gov.in/		
Directorate of Health Services	https://dhs.kerala.gov.in/		
Directorate of Medical Education	http://www.dme.kerala.gov.in/		
Department of Health and Family Welfare	https://health.kerala.gov.in/		
Training and IEC videos	https://www.youtube.com/c/keralahealthonlinetraining		

#### Annexure-2: Table of links to documents, guidelines, and websites

#### Annexure-3: District Psychosocial support Helpline numbers

District	COVID help line numbers
Thiruvananthapuram	9846854844
Kollam	0474 2740166, 8281086130
Pathanamthitta	8281113911
Alappuzha	4792344474
Kottayam	9539355724
Idukki	04862226929, 9496886418
Ernakulam	04842351185, 9846996516
Thrissur	04872383155, 8281100729, 8086007999
Palakkad	04912533323
Malappuram	7593843617, 7593843625
Kozhikode	9495002270
Wayanad	9400348670
Kannur	04972734343, 9495142091
Kasaragod	9072574748, 9447447888

• District Helpline Numbers will be available from 9am to 4 pm

State Helpline Numbers DISHA 0471-2552056 and 1056 (Toll Free Number) will be available 24x