

**GOVERNMENT OF KERALA****Abstract**

Health and Family Welfare Department - Guidelines for using Cy-TB skin test for detecting and treating TB infection.- Orders issued.

HEALTH & FAMILY WELFARE (N) DEPARTMENT

G.O.(Rt)No.1315/2025/H&FWD Dated,Thiruvananthapuram, 13-05-2025

Read : 1.Letter no. Z- 20015/218/2023-TB dated 18.04.2024 from
Central TB Division.

2. Letter no. DHS/5486/2025-PH3 dated 03.04.2025 from the
Director of Health Services, Thiruvananthapuram.

ORDER

Under the National TB Elimination Programme, (NTEP) treating of persons with TB infection (without active TB disease) which is called TB Preventive Treatment (TPT) is also given importance. Under NTEP, TPT is given to Household contacts, People living with HIV (PLHIV) and to other high risk groups like patients on dialysis or on immunosuppressive therapy etc. The test which is being used now is Interferon gamma release assay (IGRA).

As part of TB preventive treatment, the Central TB Division (CTD) had now introduced new intradermal test called Cy-TB test. In this connection, the Director of Health Services has requested Government to issue guidelines for using Cy-TB skin test for detecting and treating TB infection.

Government have examined the matter in detail and pleased to issue the following guidelines for using Cy-TB skin test for detecting and treating TB infection.

- i. This test at present is permitted for persons above the age of 18 years only.

- ii. This test is to be prescribed by the treating doctor and is to be interpreted by the same doctor or by health- staff having a qualification in nursing and trained in Cy-TB testing.
- iii. This test should be administered by Nursing officer or MLSP or any staff with qualification in nursing and that officer should record the date and time in the Outpatient/inpatient records.
- iv. The technical guidelines issued by CTD on Cy-TB administration should be followed strictly. The entry in Nikshay web portal is to be done by the institution performing the test.
- v. For persons aged below 18, IGRA can be continued at present.
- vi. Categories of patients eligible for TPT will be decided by the State Latent TB infection (LTBI) control committee.

(By order of the Governor)
SHIJA C G
JOINT SECRETARY

To:

The Director of Health Services, Thiruvananthapuram.
The State TB Officer, TB Cell, Thiruvananthapuram.
The Information Officer, Web & New Media.
Stock File/OC.

Forwarded /By order

Section Officer