

GOVERNMENT OF KERALA

PARAMEDICAL COUNCIL

DIPLOMA IN HEALTH INSPECTOR COURSE

First Year Examination Regular and Reappearance 2026

PAPER V - PUBLIC HEALTH, PRIMARY HEALTH CARE, JOB RESPONSIBILITIES, RECORD AND REPORTS,

FAMILY WELFARE, HEALTH STATISTICS AND POPULATION EDUCATION

Time: 3 hrs.

Marks: 100

1. Choose the correct answer:

(1x10=10 Marks)

1. World Health day
 - a) July 11
 - b) January 30
 - c) April 7
 - d) October 10
2. POCSO act published in
 - a) 1955
 - b) 2023
 - c) 2012
 - d) 1994
3. Normal temperature in ILR is
 - a) +8° to -20°
 - b) +2 to +8°
 - c) +8 to -2
 - d) -15° to -20°
4. Population of CHC
 - a) 25000-30000
 - b) 150000-180000
 - c) 3000-5000
 - d) 50000-60000
5. Duration of LSG members are ___ years
 - a) 6
 - b) 5
 - c) 12
 - d) 8
6. Health Planning Committee
 - a) Mudhaliyar Committee
 - b) Srivasthava Committee
 - c) Mukharjee Committee
 - d) Kartar Singh Committee
7. Kerala Public Health Act published in
 - a) November 2023
 - b) August 2021
 - c) January 1955
 - d) April 2012
8. MTP act come in to force
 - a) 1994
 - b) 1972
 - c) 2000
 - d) 1992
9. DPT first booster dose is administered at the age between
 - a) 16-24 months
 - b) 18-24 months
 - c) 9-12 months
 - d) 12-16 months
10. "SAHELI " is the programme in
 - a) Antenatal care
 - b) Immunization programme
 - c) Family Planning
 - d) Adolescent Health Programme

II. Fill in the blanks:

(1x5=5 Marks)

1. Demographic cycle has...stages
2. Alma-Ata declaration in.... year
3. The executive organ of Grama sabha is.....
4. Female age.....in Eligible couple
5. Service given to mother before delivery is.....

III. Name the following:

(1x5=5 Marks)

1. Releasing of ovum from the ovary
2. A suitable contraceptive method for prevent STD
3. Convenor of subcentre committee
4. Mass survey conducted for
5. A voluntary worker assist health worker of every 1000 population

IV. State whether True or False:

(1x5=5 Marks)

1. Open vial policy is applied in IPV immunization
2. Weaning started to child in 9 th month of age
3. OPV and IPV can prevent Poliomyelitis
4. JAK meeting conducted in every month
5. Health education register is kept by JHI

V. Match the following:**(1x5=5 Marks)**

1. Neonatal Mortality - CSSM
2. Health Supervisor - Antara
3. DMPA - AWW
4. 1992 - Block CHC
5. ICDS - Sub centre
- 28 days

VI. Expand the following**(1x5=5 Marks)**

1. VPD
2. RMNCH
3. MMR
4. PNDT
5. IUCD

VII. Answer in two to three sentences:**(2x5=10 Marks)**

1. Tour Diary
2. Weaning
3. High risk pregnancy
4. Area map
5. Sub centre

VIII. Write short note on any five:**(5x5=25 Marks)**

1. BFHI
2. Antenatal care
3. School Health Programme
4. ASHA
5. National Population Policy
6. Roll of JHI in NTEP

IX. Write Essays on any two:**(15x2=30 Marks)**

1. (a) Permanent Family Planning for females
(b) NSV
(c) Hormonal contraceptives
2. Job Responsibilities of JHI
3. (a) Define Primary Health Care
(b) Elements of Primary Health care
(c) Principles of Primary Health care
