

**GOVERNMENT OF KERALA  
PARAMEDICAL COUNCIL  
DIPLOMA IN HEALTH INSPECTOR COURSE**

**Final Year Examination Regular and Reappearance - January 2026**

**PAPER IV - BEHAVIOURAL SCIENCE- SOCIOLOGY, PSYCHOLOGY, MENTAL HEALTH**

**Time: 3 hrs.**

**Marks: 100**

**I. Choose the correct answer:**

**(1x10=10 Marks)**

1. .... is primary group  
a) Family      b) Neighbourhood      c) School      d) Option 4
2. Ultimate basis of social control is .....  
a) Social organization      b) Social mobility      c) Social class      d) Socialization
3. .... is a social stratum  
a) Caste      b) Class      c) Both      d) None of these
4. .... helps to measure social relationships  
a) Sociogram      b) Organogram      c) Parallelogram      d) Microgram
5. The process of learning one's culture and how to live within it is called  
a) Adoption      b) Socialization      c) Association      d) Cooperation
6. Need for recognition is a ..... need  
a) Physical      b) Social      c) Biological      d) Primary
7. Unconscious way of forgetting is .....  
a) Sublimation      b) Projection      c) Repression      d) Negativism
8. Any relatively permanent change in behaviour is called .....  
a) Learning      b) Social Process      c) Both      d) None of these
9. Projective tests claim to reveal information about  
a) Career aptitude      b) Intelligence      c) Unconscious processes      d) Parenting
10. Most commonly used drug world wide  
a) Cocaine      b) Caffeine      c) Alcohol      d) Tobacco

**II. Fill in the blanks:**

**(1x5=5 Marks)**

1. .... is a socially defined position in a group or society
2. Type of marriage in which one woman marries several men
3. Id works on ..... principle
4. Human personality is a bundle of .....
5. Anti manic drug is .....

**III. Name the following:**

**(1x5=5 Marks)**

1. Division of society into higher and lower social units
2. Accustomed way of doing things
3. Type of personality in which the individual is reserved and shy
4. The seat of primary emotions in brain
5. Co-existence of two opposing feelings or attitude towards person, idea or object

**IV. State whether True or False:****(1x5=5 Marks)**

1. Socialization is a social problem
2. Conflict is a social process
3. Customs are not a part of traditions
4. Early learning is conditioned learning
5. A mentally healthy person is interested in others

**V. Match the following:****(1x5=5 Marks)**

- |                       |   |                |
|-----------------------|---|----------------|
| 1. Secondary group    | - | Negative mores |
| 2. Norms              | - | Social problem |
| 3. Hierarchy of needs | - | Peer           |
| 4. Taboos             | - | Carl Jung      |
| 5. Dowry              | - | Social control |
|                       | - | Abraham Maslow |

**VI. Expand the following****(1x5=5 Marks)**

1. IQ
2. EPF
3. CNAAs
4. CBO
5. ECT

**VII. Answer in two to three sentences:****(2x5=10 Marks)**

1. Delinquency
2. Social institution
3. In-groups and out-groups
4. Perception
5. Motivation

**VIII. Write short note on any five:****(5x5=25 Marks)**

1. Explain socialization process
2. What is social mobility? Mention the types with suitable examples
3. Discuss various factors of social change
4. What are the factors affecting adult learning?
5. Components of personality
6. Differentiate between psychoses and neurosis

**IX. Write Essays on any two:****(15x2=30 Marks)**

1. (a) Define social process (2 Marks)
- (b) Describe major social processes (13 Marks)
2. Define social control and explain various means of social control (15 Marks)
3. (a) What is defense mechanism? (3 Marks)
- (b) Explain different defense mechanisms with examples and how they are helpful to individuals. (12 Marks)

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